



# Resources for Immigrant Parents and Caregivers

English • Dec 2025

If you are an immigrant caregiver (including a parent, a legal guardian, a legal custodian, or other relative) who is worried that you may be separated from your child because of immigration enforcement, **get help to plan for the future by:**



Contacting a free and trusted **legal services provider** by calling MOIA's Legal Hotline 1-800-854-0365



Choosing an **emergency contact**, in the event that you are detained. Consider memorizing their phone number. This should be someone you trust, including someone like your lawyer.



Updating **emergency contact** information at your child's school by updating their Blue Card in their school.



Appointing **someone to take care of your child** and make important decisions in case you are unable to do so.

**There are several ways to appoint someone to take care of your child.  
Scan the QR code to learn more.**



1

The first way is to designate a person in parental relationship by filling out a form with the NYS Office of Children and Family Services called the OCFS-4940.

This can be done immediately and does not require you to go to court.

2

The second way to do this is through a process called **Standby Guardianship**. This process requires filing with a court.



Mayor's Office of  
Immigrant Affairs



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For free and confidential immigration legal help, including help in understanding and designating a standby guardian, call the numbers below:



## MOIA Immigration Legal Hotline

**1-800-354-0365**

Monday to Friday, 9AM to 6PM [Interpretation is available](#)



**311**

Say "Immigration" [Interpretation is available](#)

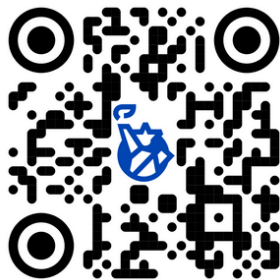


## Family Legal Care

**212-343-1122**

Monday to Friday, 9AM to 1PM and 2PM to 5PM EST

**KNOW  
YOUR  
RIGHTS**



[nyc.gov/knowyourrights](https://nyc.gov/knowyourrights)

**FAMILY  
JUSTICE  
CENTERS**



[nyc.gov/fjc](https://nyc.gov/fjc)



Immigration law is complicated. Beware of immigration legal scams or fraudulent providers who may indicate false promises.

This flyer gives only general information. It is not legal advice. Consult an attorney for legal advice.