

# Cash Assistance Work Requirements

## IF YOU RECEIVE CASH ASSISTANCE BENEFITS, AND:

- You are between the ages of 18 and 59
- You are not caring for an incapacitated household member
- You do not have a physical or mental condition that prevents you from participating in work activities

Then you will need to participate in approved work activities to receive your benefits.

## WHAT DOES THIS MEAN?

You will need to spend a certain amount of time each week working, looking for work, or participating in another approved activity such as education, training, or community service.

The number of required hours depends on your household and individual situation. HRA will inform you of your required weekly hours.

## HOW CAN I MEET THIS REQUIREMENT?

If you are not currently working, HRA will refer you to a Career Services provider to discuss career goals and connect you with work, education, or training opportunities.

If you are already working, or believe you have a physical or mental condition that prevents you from working, please tell HRA and provide documentation.

If you receive an appointment related to work requirements, be sure to attend or provide a valid reason why you cannot.

If you have a child under 13, or under 19 with special needs, HRA can pay for child care so you can meet the requirement.

Failure to participate in required work activities may result in reduced or discontinued benefits and may affect eligibility for certain housing vouchers.



For more information,  
scan the QR Code.

# 现金援助 工作要求

## 若您领取现金援助福利，同时满足以下条件：

- 年龄介于 18 岁和 59 岁之间
- 无需照护家庭中丧失生活自理能力的成员
- 不存在阻碍您参与工作活动的身体或精神疾病

那么您必须参与经批准的工作相关活动，才能继续领取福利。

## 这意味着什么？

您每周需投入规定时长，用于就业、求职或参与其他经批准的活动，例如教育学习、技能培训、社区服务等。

所需时长依据您的家庭状况及个人情况而定。人力资源管理局 (Human Resources Administration, HRA) 会正式告知您每周时长要求。

## 如何满足此项要求？

若您目前未就业，HRA 会为您对接职业服务机构，协助您明确职业目标，并为您匹配就业、教育或培训机会。

若您已就业，或认为自身存在阻碍就业的身体或精神健康状况，请及时告知 HRA 并提交文件。

若您收到与工作要求相关的约谈通知，务必按时出席；若无法出席，须提供合理的缺席理由。

若您育有未满 13 周岁的子女，或未满 19 周岁的有特殊需求的子女，HRA 可为您提供儿童看护补贴，以保障您能满足要求。

若未参与规定的工作活动，您的福利可能会被减额或停发，同时还可能影响您申领部分住房补贴券的资格。



如需了解更多信息，  
请扫描二维码。