# Get the most out of your heat pump

# Tips to maximize comfort and minimize cost

### **Programming tips**

For programmable thermostats, system settings should be pre-set by the contractor, but you always adjust them to fit your own lifestyle. The the up/down arrows let you temporarily override settings as needed.

#### **MODE**

SYSTEM: Program the heat pump mode to "Heat" in winter and "Cool" in summer rather than using Auto mode.

FAN: Program the fan to "Auto" and adjust the vanes to direct airflow where you need it the most.

#### **TEMPERATURE**

IN WINTER: Program thermostat to 70–72° during the day and reduce by 2–4 degrees while you are sleeping. You can override the settings (using the up/down buttons) to increase comfort if your schedule changes or on very cold days/nights.



On the coldest days/nights, it does not make sense to reduce the temperature.

IN SUMMER: Program thermostats to 74–76 while you are at home, and to 78 degrees when you are not. You can always override the settings (using the up/down buttons) to increase comfort.

IN SPRING & FALL, or when the weather is nice, turn off the system and open the windows for free cooling!

# **PRO TIPS**

- Air coming out of your heat pump may feel cooler than other types of heating, but it is still heating your apartment very efficiently.
- Heat pumps can be so quiet that you forget they are on.
  Always check before calling for service.

## Conditioning the space

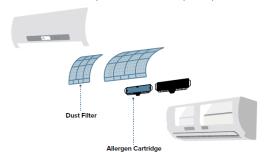
Try not to make big changes in the temperature programming. Turning the heat pumps off and on uses a lot of energy. Instead, find settings at which you are comfortable and stick with them.

When a room will not be in use for extended periods of time close the door to the space and turn the indoor unit off in the unoccupied room(s).

# Keep the heat pump clean

Heat pumps work most efficiently when dust filters are clean. Vacuum or rinse dust filters when the indicator light comes on or if they become visibly dirty.

Wash or replace allergen cartridges according to manufacturer recommendations. Most experts recommend dust filters are cleaned at least once every season and more if you have allergies or pets.



#### Have questions? Need Help?

Contact your building's super at





