

Family Development Credential Program (FDC)
Portfolio Development Process
Frequently Asked Questions

❖ **What is the purpose of the FDC Portfolio?**

All students are required to develop a portfolio under the guidance of the instructor and portfolio advisor. The portfolio provides a format to demonstrate in writing how their knowledge and understanding of the family development curriculum will be used to benefit and support their professional practice.

❖ **What are the components of the FDC Portfolio?**

The five basic components of the FDC Portfolio are: 1) Activities to Extend Learning; 2) Skills Practice and Reflection; 3) Three Family Development Plans; 4) Family Development Plan Reflection; and 5) Course Reflection.

❖ **Can you explain each of the FDC Portfolio Components?**

1. Activities to Extend Learning

*Activities to Extend Learning are questions at the end of each chapter of the FDC course handbook, **Empowerment Skills for Family Workers**. Students are required to choose three questions from **each** chapter and prepare written responses. Students' responses help demonstrate their knowledge and understanding of key concepts presented in the handbook and FDC course; and clarify students' thinking as they begin to practice family development concepts.*

2. Skills Practice and Reflection

Students are required to complete a Skills Practice and Reflection at the end of each chapter. A skills practice provides an opportunity for students to apply concepts and principles from the FDC course in their work with families. For each skills practice, students reflect on: a) student and family strengths; b) practiced skills that worked well; and b) improving on the skill in the future.

3. Family Development Plans

Students are required to develop three Family Development Plans in partnership with an individual or family. Each plan will address one aspect of the three-part process, including: a) learning about the family's or individual's goal(s), and their steps to achieve the goals; b) progress made and obstacles encountered; and c) goal achieved, or not, and why. The individual/family determines the goal(s) and manageable steps for reaching those goals.

4. Family Development Plan Reflection

Students reflect in writing on the family's progress through the Family Development Plan, including the skills practiced, outcome(s) expected, and what was learned from the process.

5. Course Reflection

Students reflect on what they learned throughout the FDC course.