






ARE YOU EXPERIENCING BULLYING?



Did you witness bullying and want to be an upstander?

-  **Verbal Threats**
-  **Physical Attacks**
-  **Name Calling**
-  **Intentional Exclusion**
-  **Rumors**

Learn more about bullying and what YOU can do to prevent or respond to bullying.

- Report bullying in school by calling (718) 935-2288 or online at the [Department of Education website](http://www.schools.nyc.gov/school-life/policies-for-all/respect-for-all) where you can find more information: www.schools.nyc.gov/school-life/policies-for-all/respect-for-all.
- **NYC Well** can connect you to confidential support for stress as well as depression, anxiety and drug or alcohol misuse. Call 1-888-NYCWELL (1-888-692-9355), text WELL to 65173 or chat at nyc.gov/nycwell.
- The New York City Department of Education's **Respect for All: Fostering Anti-Bullying Practices** webpage has a wide range of resources at www.schools.nyc.gov/school-life/policies-for-all/respect-for-all.
- **311** is New York City's official website for providing information. Call 311 or go to www1.nyc.gov/311 for information on reporting bullying and identifying resources.
- **DYCD's Youth Connect helpline** is a resource and referral service for youth, families and community-based organizations. Call 1-800-246-4646 or 646-343-6800 or email youthconnect@dycd.nyc.gov.



Knowing more about bullying can help! You can become more aware about bullying prevention and feel less alone and more confident. We all can help stop bullying by treating people with dignity, respect and acceptance.



Department of
Education

Department of
Youth & Community
Development

Local Law 213 of 2018 states that the City shall conduct educational outreach regarding the availability of bullying awareness and prevention resources.