

Are You Experiencing Bullying?:

- Verbal Threats
- Physical Attacks
- Name Calling
- Intentional Exclusion
- Rumors
- Cyberbullying

Did You Witness Bullying And Want To Be An Ally?

Learn more about bullying and what YOU can do to prevent or respond to bullying.

The New York City Public Schools' **Respect for All: Preventing and Addressing Student-to-Student Discrimination, Sexual and Other Harassment, Intimidation, and Bullying** webpage has a wide range of resources. You can find more information here: www.schools.nyc.gov/school-life/policies-for-all/respect-for-all

Report bullying in school by calling (718) 935-2288 Monday to Friday, 8 a.m. to 6 p.m. You may also report bullying on our portal at: <https://www.nycenet.edu/bullyingreporting>

NYC 988 is your connection to free, confidential mental health support, available in more than 200 languages, 24/7/365. To contact 988, call or text 988 or chat online at www.988lifeline.org

311 is New York City's official website for providing information. Call 311 or go to www1.nyc.gov/311 for information on reporting bullying and identifying resources.

DYCD's Community Connect helpline is a resource and referral service for youth, families, and community-based organizations. Call 1-800-246-4646 or 646-343-6800 Monday - Friday, 9am-5pm or email communityconnect@dycd.nyc.gov

Knowing more about bullying can help! You can become more aware about bullying prevention and feel less alone and more confident. We all can help stop bullying by treating people with dignity, respect, and acceptance.