

YEAR 2 (2015–2016)

Mayor de Blasio and his administration have greatly expanded afterschool options for NYC middle schoolers through the School's Out New York City (SONYC) initiative. Through the Department of Youth and Community Development (DYCD), NYC is supporting organizations across the city in providing new programs and expanding existing ones. American Institutes for Research (AIR), an independent evaluator, has been studying the SONYC expansion. In Year 2, AIR surveyed school principals and program directors across the SONYC initiative and conducted youth focus groups in a sample of high-performing programs. Findings suggest that program and school leaders believe the SONYC program makes a strong contribution through the variety and quality of program activities, the quality of the program staff, and the relationships the staff have with youth.

WHAT DO SCHOOL PRINCIPALS

SAY ABOUT SONYC?

Because of the program, many kids who would not otherwise participate in afterschool have opportunities to do so.

96%
report that
program staff
treat all young
people fairly

93%
perceive the afterschool program as providing a warm and welcoming environment

87%
feel supported by
the afterschool
program at
their school

WHAT DO PROGRAM DIRECTORS

SAY ABOUT SONYC?

We empower students to take ownership in the design and development of their program.

100%
report that program
staff respect and
value youth

99%
design program activities
to purposefully facilitate
learning and promote
skill-building

report that they provide program opportunities for youth leadership with the goal of building youth leadership skills

IN THEIR WORDS:

YOUTH PERSPECTIVE

I learned that sometimes I'm shy.... It's okay to be who you are.

[Program staff] speak to us with appropriate language and they talk to us like they would want to be spoken to. It's a two-way respect that goes on.

Fun [activities]
keep you motivated,
keep you going,
[and] inspire you.

We learn how to be better people and to care about the world. We also learn how to be better leaders by talking about our opinions.

WHAT WERE THEY DOING?

How participants spent their time:

32%

Enrichment (includes STEM, ELA, and the arts)

26%

Leadership Development

24%

Physical Activity and Healthy Living

18%

Academic Support (includes homework help and tutoring)

SONYC ENROLLMENT CONTINUES TO RISE



SCHOOL YEAR 2013-14 18,702 youth enrolled in 143 programs



SCHOOL YEAR 2014-15 58,745 youth enrolled in 459 programs



SCHOOL YEAR 2015-16 66,598 youth enrolled in 511 programs

SONYC EVALUATION BY THE NUMBERS

- 286 school principal surveys
- **379** program director surveys
- 12 hours of focus groups with 83 youth at a sample of high-performing programs
- Analysis of SONYC data

SONYC programs enrolled over 71,000 participants. City-wide, over 116,000 middle school students attended after-school programs, with the balance served by other programs at DYCD and the Department of Education. DYCD hired independent research firm American Institutes for Research to conduct the ongoing implementation evaluation.



Department of Youth & Community Development



