



About the Teen Mental Health Survey

What is the Teen Mental Health Survey?

The Teen Mental Health Survey is a study to understand the mental health of teenagers in NYC. It helps the New York City Department of Health and Mental Hygiene (NYC Health Department) improve programs for teenagers in the city. The survey includes questions about social media use, mental health and stress. To participate, follow the instructions in your invitation email, text or letter. **Participation is completely voluntary.**

Who is eligible to participate in the Teen Mental Health Survey?

This survey is for teenagers ages 13 to 17 who live in NYC. Parents or guardians took a survey about mental health earlier this fall and gave the NYC Health Department permission to invite their teenager to take the survey. Only those invited by email, text or mail can participate.

Is my information private? How will my privacy be protected?

We make every effort to protect your privacy and keep your personal information safe. Documents are kept on password-protected computers, which only a few people have permission to access. The NYC Health Department will share anonymous survey results with the public. **Your answers will not be shared with your parent or guardian.**

How do I know this study is legitimate, or what if I need more information?

For more information, visit nyc.gov/health/NYHealthPanel or email NYHealthPanel@health.nyc.gov.

How long will my gift card take to arrive? Can I get cash?

Receiving e-gift cards (electronic, by email) and physical (by mail) gift cards may take up to six weeks. We cannot provide cash or other forms of payment. E-gift cards can only be used for online purchases.

Where does the gift card come from so I can look out for it?

Electronic gift cards are emailed from "NYC Health Panel" (NYHealthPanel@comms.health.nyc.gov) and mailed gift cards have the return address: NYC Health Panel, Division of Epidemiology, NYC Department of Health and Mental Hygiene, 42-09 28th Street CN 6, Long Island City, NY 11101.

For more information, visit nyc.gov/health/NYHealthPanel or email NYHealthPanel@health.nyc.gov.