



NEW YORK CITY DEPARTMENT OF  
HEALTH AND MENTAL HYGIENE  
Ashwin Vasana, MD, PhD  
Commissioner

October 2022

As a member of Healthy NYC, you are invited to take the October Health Opinion Poll. We want to hear your opinion on issues facing New Yorkers, such as COVID-19, reproductive health and mental health.

There are two ways to participate:



#### Online

- Go to [HealthyNYCSurvey.com/HOP18](https://HealthyNYCSurvey.com/HOP18), or
- Text HOP18 to 844-464-0032 to receive a link to the survey on a smartphone,\* or
- Scan the QR code at the bottom of the page with a smartphone



#### Phone

- Online is the quickest way to participate. If you cannot take the survey online, call 888-692-0023, weekdays from 1 p.m. to 5 p.m., to take the survey over the phone or to make an appointment.

To start the survey, **enter the unique participant ID provided**. If you do not know your participant ID, contact us at [HealthyNYC@health.nyc.gov](mailto:HealthyNYC@health.nyc.gov) or 888-692-0023.

Don't miss out on the **\$10 gift card**<sup>†</sup> offered to everyone who completes the survey!

Thank you.

Ashwin Vasana, MD, PhD  
Commissioner  
New York City Department of Health and Mental Hygiene



\*Standard text message and data rates may apply.

<sup>†</sup>Gift cards are sent in two to three weeks.

For more information about this survey, visit [nyc.gov/health/healthopinion](https://nyc.gov/health/healthopinion).

For more information about Healthy NYC, visit [nyc.gov/health/nycsurveys](https://nyc.gov/health/nycsurveys).

To withdraw from Healthy NYC, contact [HealthyNYC@health.nyc.gov](mailto:HealthyNYC@health.nyc.gov) or 888-692-0023.