

Trichomoniasis

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Trichomoniasis is a parasitic infection that spreads through vaginal sex.

Symptoms

Most people with trichomoniasis have no symptoms. If symptoms occur, they can include gray or yellow-green vaginal discharge, or itching or irritation in and around the vagina.

Prevention

Condoms and dental dams can prevent the spread of trichomoniasis. Having multiple partners increases your risk of getting sexually transmitted infections (STIs), including trichomoniasis.

Testing

Your health care provider will swab the vagina to test a sample of fluid.

Treatment

Trichomoniasis can be cured with pills. The full treatment is needed to clear the infection, so it is important to take all the medication, even if you feel better. You should be retested after three to four months to make sure that the infection cleared.

Why Get Treatment

Having trichomoniasis makes it more likely to get or transmit HIV.

Sex Partners

Your sex partners also need to be treated so they do not develop serious health issues, reinfect you or pass on the infection to others. You should tell all of your sex partners from the previous two months about your infection so they can be examined and treated.

Trichomoniasis and Pregnancy

Trichomoniasis can cause premature labor and low infant birth weight.

New York City Sexual Health Clinics provide confidential, low- to no-cost services including STI and HIV testing.

To find a clinic, visit **nyc.gov/health/clinics**.

