Get the HPV Vaccine to Protect Yourself From HPV

What is HPV? Human papillomavirus (HPV) is the most common sexually transmitted infection (STI) and causes cancers and genital warts.

How is HPV spread? HPV spreads through intimate skin-onskin contact and vaginal, anal and oral sex. A person with HPV may have no signs or symptoms.

How many vaccine shots do I need, and when should I get them?

- Adolescents who are younger than age 15 require two vaccine shots at least six months apart.
- Adolescents who are age 15 and older require three vaccine shots over six months.

Is the HPV vaccine safe? Yes, it is safe and protects against HPV infection and related cancers.

Where can I get the HPV vaccine? Visit your health care provider or school-based health center.

Do I need parent or guardian consent? If you are seeking sexual health services, you may be able to get the HPV vaccine without parent or guardian consent. Talk to a provider to find out if you are eligible, or talk to your parent or guardian about getting vaccinated.

To learn more, visit nyc.gov/health/hpv.

