

I QUIT COUGHING.



**I QUIT FEELING
OUT OF BREATH.**

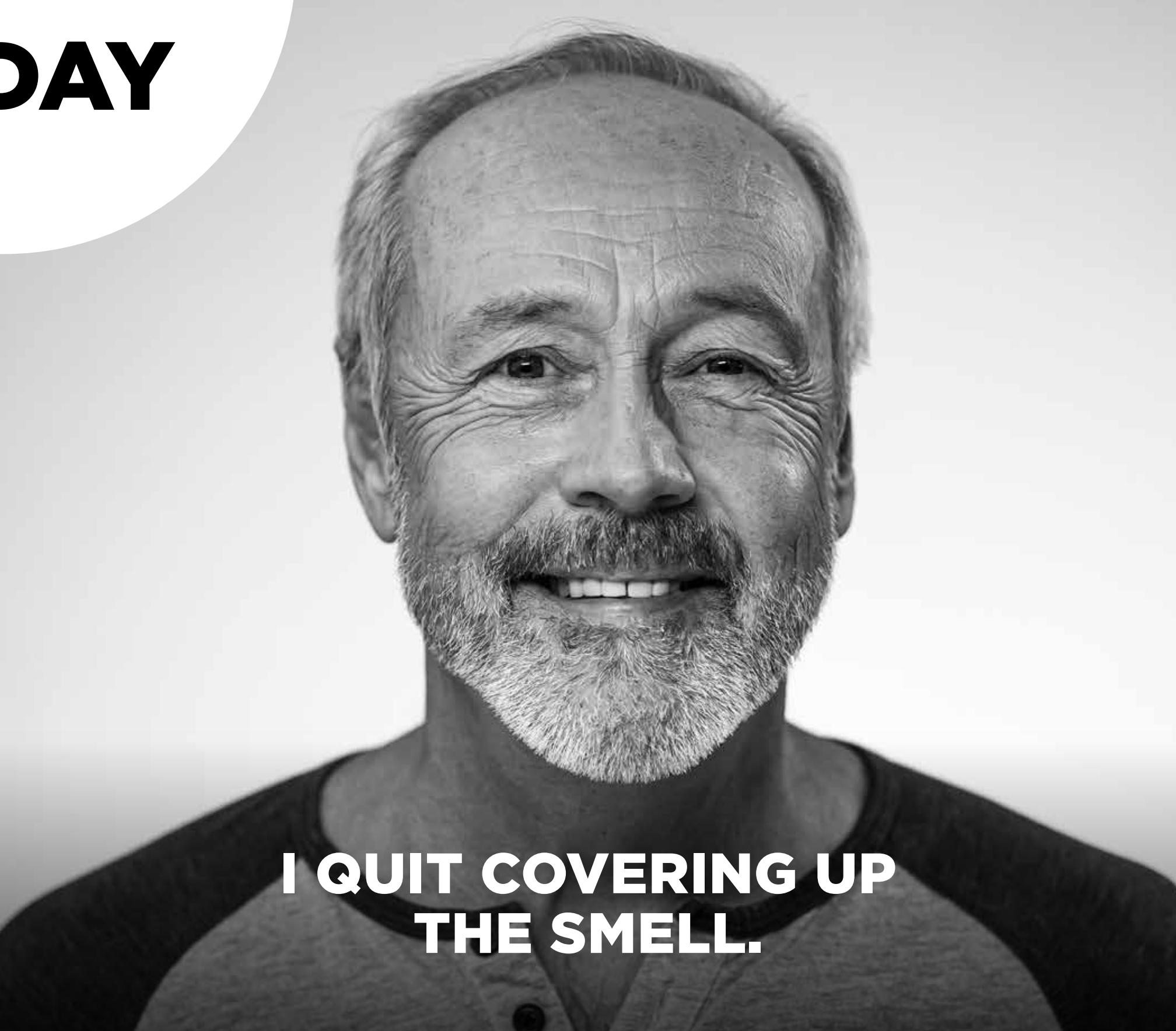


**QUIT
SMOKING
TODAY**

**I QUIT SPENDING
THOUSANDS OF DOLLARS.**



**I QUIT COVERING UP
THE SMELL.**



WE KNOW IT'S HARD, WE ARE HERE TO HELP.

Visit nysmokefree.com or call **866-NY-QUITS (866-697-8487)** to apply for free nicotine patches and lozenges and to talk to a quit coach.



Eric L. Adams
Mayor
Ashwin Vasan, MD, PhD
Commissioner