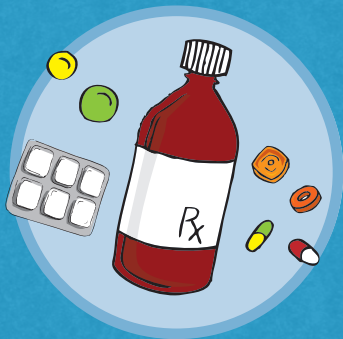




Lock up cleaning products



Never call medicine candy



Keep plants up high and out-of-reach



Wear your glasses when taking medicine

- o Your Poison Control Center is open 24 hours a day, 7 days a week.
- o Pharmacists and nurses certified in poison information are there to give advice.
- o All calls are free and confidential.
- o Translation services are provided.
- o Ask for free brochures, telephone stickers and magnets.

# You Can Poison Proof Your Home



**POISON**  
**Help**  
**1-800-222-1222**

**212.POISONS**  
**(212.764.7667)**

212.689.9014  
telephone number for  
the hearing impaired

Visit our website at  
[nyc.gov/health](http://nyc.gov/health)

**NYC**  
Health

**BELLEVUE** **HHC** NEW YORK CITY HEALTH AND HOSPITALS CORPORATION  
SOUTH MANHATTAN HEALTHCARE NETWORK

## New York City Poison Control Center

## What is a poison?

Poisons are things that can make us sick if we swallow, spill, splash or inhale them. You can take steps to poison proof your home.

## Why do poisonings happen?

Poisonings often happen when products are being used. Be sure to put away dangerous products if a doorbell, telephone or child distracts you.

## What are some poisons in my home?

- Cleaning products
- Drain openers
- Perfumes and mouthwash
- Plants
- Pesticides and rat poisons
- Medicines

Check each room for things that may be poisons. Keep poisons out-of-reach of children.

## Be Safe About Medicine

- Use a medicine dropper. Do not use kitchen spoons to give medicine to children. Kitchen spoons come in many sizes.
- Never call medicine candy. Children should know the difference.
- Keep a list of all the medicines you take. Include prescription and over-the-counter medicines, vitamins and herbals.
- Wear your glasses and turn on the light when taking medicine.
- Check the expiration date.

## How can I poison proof my home?

- Identify the things inside and outside your home that are poisons.
- Keep poisons out of children's reach.
- Keep products in the original container. Make sure bottles are labeled.
- Never keep non-food items with food.
- Use cabinet safety locks.
- Install carbon monoxide detectors in sleeping areas.
- Keep plants up high and out-of-reach.
- Use child-resistant containers. Be sure they are closed the right way.
- Be sure that babysitters and family members know about the Poison Control Center number.
- Post the Poison Control Center number (1.800.222.1222) on all telephones.



**New York City  
Poison Control Center**

**Call 1.800.222.1222  
or 212.POISONS  
24 hours a day, 7 days a week**