

A close-up photograph of a baby with dark hair, wearing a red shirt, sleeping peacefully while holding a clear plastic bottle filled with orange juice. The baby's eyes are closed, and the bottle is held in their right hand. The background is a white surface with a pattern of small, colorful polka dots.

**The root of
tooth decay
may be time
spent with
this bottle.**



When juice, soda, milk or formula stay on your baby's teeth too long, the sugar in these drinks can cause tooth decay.

TAKE THESE STEPS:

- Don't use a bottle as a pacifier.
- Don't put your baby to sleep with a bottle.
- Avoid putting sugary drinks in bottles.

For more information, call 311 or visit nyc.gov and search for "teeth."