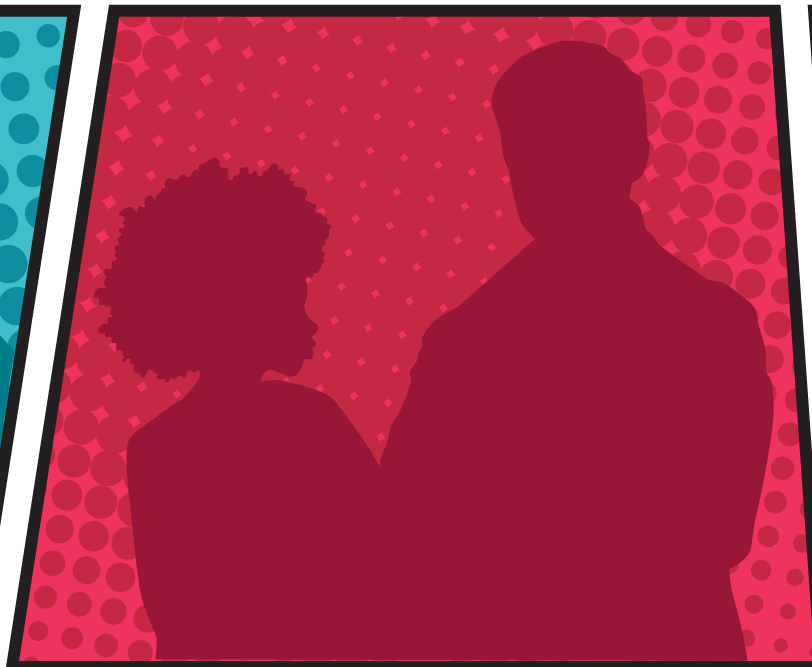


Now You Know

You can access confidential sexual and reproductive health care on your own.



As a teen in NYC, **you** can access **confidential** sexual and reproductive health (SRH) care. Most SRH services are accessible without the consent or permission of a parent, guardian, or partner, such as:

- Pregnancy testing and options for handling an unintended pregnancy, including abortion
- Birth control
- Testing and treatment for sexually transmitted infections
- PEP and PrEP for HIV prevention
- HPV and mpox vaccines
- Education and information about gender-affirming care*

* Permission from a parent or guardian is needed to access gender-affirming care services.

You are entitled by law to privacy and confidentiality in your medical care.

You can buy condoms, emergency contraception, and other birth control without a prescription.

You do not need anyone's permission or consent to seek abortion care.

- Ask your teen-friendly clinic or school-based health center for more information.
- For abortion services in NYC, call the NYC Abortion Access Hub at 877-NYC-AHUB (877-692-2482).

You do not need anyone's permission or consent to receive health care after trauma, including sexual violence and intimate partner violence.

For more information about sexual and reproductive health care for teens, see our Now You Know booklet or visit nyc.gov/teenSRH.