

New York City Nurse-Family Partnership

Support for First-Time Mothers

What is New York City Nurse-Family Partnership?

New York City Nurse-Family Partnership (NYC NFP) is an evidence-based nurse home visiting program for low-income first-time mothers. Clients up to 28 weeks pregnant are paired with specially trained nurses, who provide information and guidance throughout the pregnancy and until the child's second birthday. NYC NFP nurses support mothers to have healthy pregnancies and healthy babies, become knowledgeable and nurturing parents, achieve education and employment goals and provide their children with the best possible start in life.

Does NFP Work?

Yes. Rigorous evaluations done over the last 40 years in three U.S. cities show that NFP has lasting benefits for clients and their children.

Positive outcomes among participants and their children who received NFP, compared to those who did not, include, on average:

- 50 percent fewer injuries and ingestions between ages 2 and 4
- 50 percent fewer language delays by 21 months of age
- 23 percent relative reduction in subsequent pregnancies at two years postpartum
- 3.5 fewer months using food stamps between 0 and 5 years postpartum
- 65 percent relative reduction in maternal death from any cause at 21 years postpartum

Positive outcomes for NYC NFP since the program began in 2003 include:

- 92 percent of mothers initiated breastfeeding
- 95 percent of children were up-to-date with immunizations at age 2
- 84 percent of mothers had no subsequent pregnancies within 18 months of giving birth

Who is eligible for NYC NFP?

Anyone in New York City who:

- Is 28 weeks pregnant or less with their first baby
- Meets low-income requirements (Medicaid-eligible)

NYC NFP services are provided at no cost to the client and regardless of age, immigration status or gender identity.

How do I refer first-time mothers to NYC NFP?

Download the referral form at nyc.gov/health/nfp and send it via email (secure or encrypted email only) to nycnfp@health.nyc.gov or fax it to the NYC NFP program site nearest the client (see reverse side for details).



New York City Nurse-Family Partnership

Program Referral Information

To refer a first-time mother, download the referral form at nyc.gov/health/nfp and send it via email (secure or encrypted email only) to nycnfp@health.nyc.gov or fax it to the NYC NFP program site nearest the client. Clients who are homeless, in foster care or involved in the criminal or juvenile justice system should be referred to NYC NFP's Targeted Citywide Initiative.

NYC Nurse-Family Partnership Program Sites

Bronx

Bronx NFP (Visiting Nurse Service of New York)

Tel 718-536-3789 • Fax 718-678-8424

Brooklyn

Central Brooklyn NFP (SCO Family of Services)

Tel 718-257-7208 • Fax 718-566-7045

Woodhull Hospital NFP (NYC DOHMH)

Tel 646-937-4131 • Fax 718-291-1974

Manhattan

Manhattan NFP (NYC DOHMH)

Harlem Hospital Team

Tel 646-306-4857 • Fax 646-364-0782

Metropolitan Hospital Team

Tel 917-612-9427 • Fax 646-364-0782

Queens

Jamaica NFP (NYC DOHMH)

Tel 718-480-2222 • Fax 718-291-1974

Northern Queens NFP (Public Health Solutions)

Tel 347-571-2792 • Fax 347-571-2797

Staten Island

Staten Island NFP (Public Health Solutions)

Tel 718-313-1800 • Fax 718-816-5121

Foster Care • Homeless •

Criminal Justice • Juvenile Justice

NYC NFP Targeted Citywide Initiative (NYC DOHMH)

Serves anyone in New York City having their first baby who is homeless, in foster care or involved in the criminal or juvenile justice system.

Tel 646-364-0726 • Fax 646-364-0781

For more information, visit nyc.gov/health/nfp, email nycnfp@health.nyc.gov or call 311 and ask for **Nurse-Family Partnership**.

