

Program Profile: Intensive Mobile Treatment (IMT) in Fiscal Year 2024

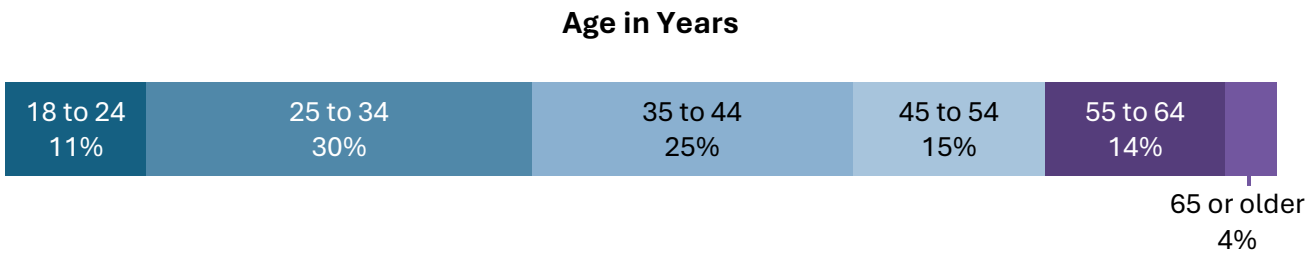
Program Summary

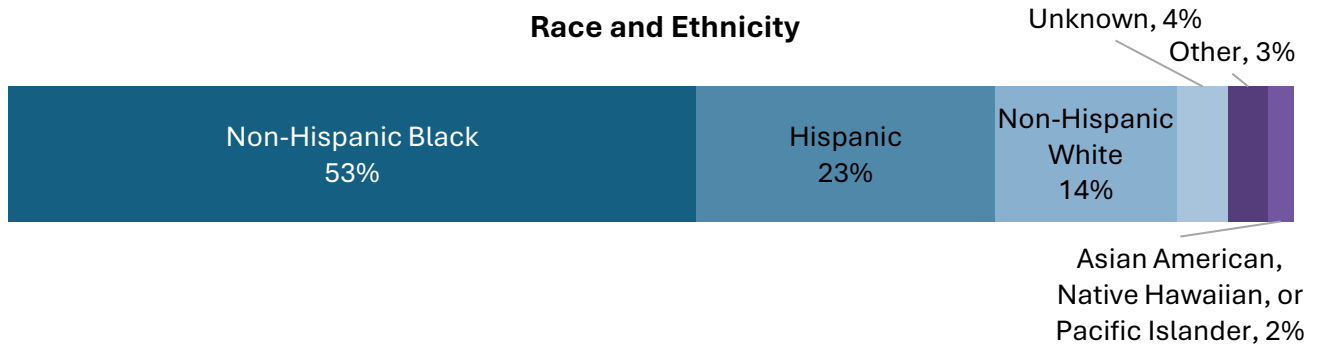
Intensive Mobile Treatment (IMT) serves people who have high service needs that are not being met in traditional mental health outpatient settings. IMT teams provide support to people with serious behavioral health concerns and complex life situations that may include transient living situations, housing instability, and involvement with the criminal justice system. Similar to but more flexible and intensive than Assertive Community Treatment, multidisciplinary IMT teams include behavioral health clinicians and peer specialists who bring services to wherever participants are, such as in the community, at a street corner, in a shelter, or in a residential setting.

IMT provides mental health and substance use treatment, including medication, care coordination, and behavioral health support. Service frequency and duration are individualized, and participants may stay in the program as long as they require support. IMT teams may also continue to provide services to participants during hospitalization, incarceration, and residential substance use rehabilitation to promote continuity of care.

Fiscal Year 2024 Participant Characteristics

In fiscal year 2024 (FY24), the program had the capacity to serve 972 individuals at a time and served 1,028 unique individuals. Participants in FY24 were primarily non-Hispanic Black, male, and between ages 25 and 44.





Engagement in the First Three Months of Care

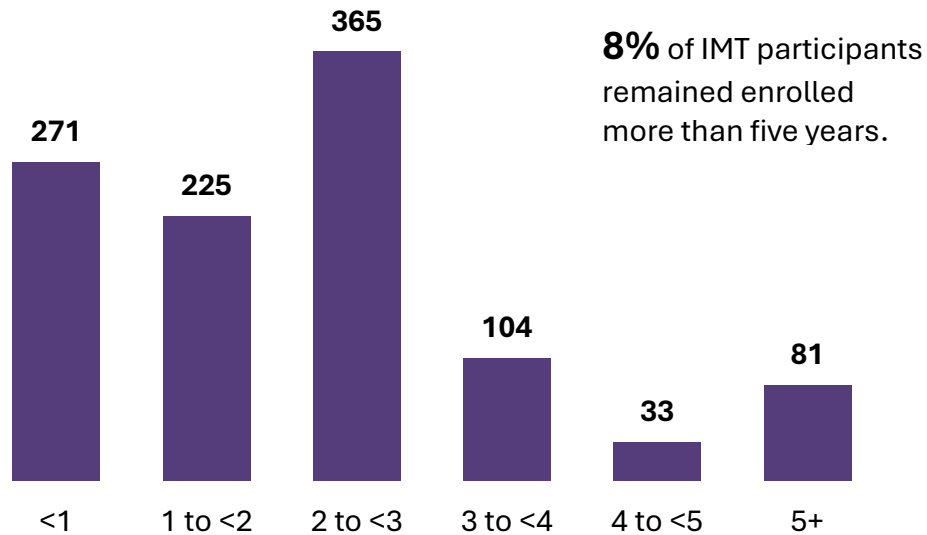
Finding and engaging with people who have just been referred to the program can be challenging. Many people who IMT works with have not found success with other mobile treatment programs. Given the program population's unique needs and complex circumstances, IMT teams stay in frequent contact with the people it works with.

Typically, a person needs to remain in the program for more than three months before they experience its benefits. Among newly enrolled participants,* 97% of them (193 out of 199) remained in the program for three months or longer.

Duration of Enrollment

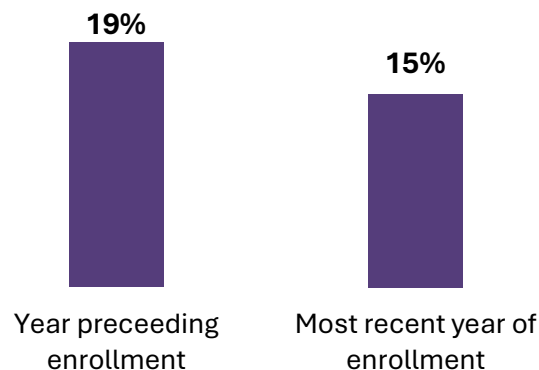
Generally, courses of treatment in IMT are expected to last several years. The following chart how long individuals who were receiving services at the end of FY24 have been enrolled in IMT, out of 1,079* participants served.

* Individuals who were referred to and enrolled in IMT between the fourth quarter of FY23 and the third quarter of FY24.



Incarceration Rates

IMT often works with people who have been involved with the criminal justice system. IMT teams provide support to prevent participants' further involvement. The following chart shows that among IMT participants served in FY24, the proportion of those incarcerated decreased by 4 percentage points from the time before they joined the program and the most recent year of being in the program.

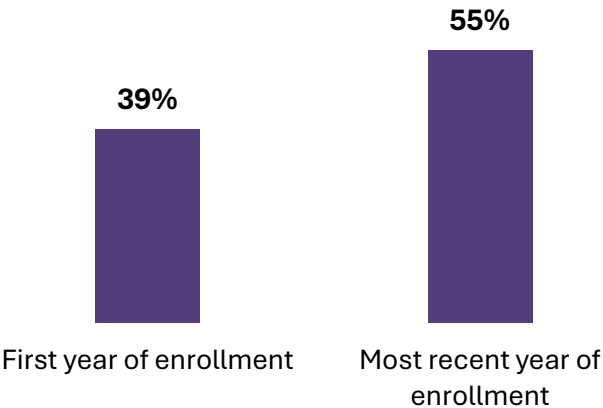


Participants with incarcerations

Housing Stability

Many people IMT works with are unhoused when they start the program. IMT teams help participants apply for and move into housing. Of the people in the program in FY24, the proportion

who were stably housed increased by 16% between their first year and their most recent year of being in the program.



Participants stably housed



Discharges in FY24

People can be discharged from the program for a variety of reasons, planned or unplanned. In FY24, 152 people were discharged from the program, the reasons for which are detailed in the following chart.

