

Children's Single Point of Access

Children's Single Point of Access (CSPOA) is a referral system that connects children and young people to a variety of mental health services in NYC.



To be eligible, your child must:

- Be younger than 22 years old
- Have a serious emotional disturbance. This is any diagnosed mental health condition that impacts their daily functioning. Some examples are:
 - Attention deficit hyperactivity disorder (ADHD)
 - Post-traumatic stress disorder (PTSD)
 - Generalized anxiety disorder
 - Major depressive disorder (depression)

CSPOA can connect you with:

- Community-based services, which are provided in your home or another location in your community, that support you and your child's needs
- Residential services, which offer children a place to stay while they receive comprehensive mental health services on-site



To learn more about the programs available through CSPOA and how to apply, visit **nyc.gov/youth-mh-referral** or scan the QR code.

For more information about CSPOA, call

347-396-7205 or email **cspoa@health.nyc.gov**.

If your child is experiencing a mental health crisis, call or text **988** or chat at **nyc.gov/988**, anytime. Support is available in more than 200 languages.

