



**CSB Attendees:** Ahmed Jamil, Cheryle Hinds-Leslie, Sarah Church, Sidney Hankerson, Thelma Dye, Joanne Siegel, Adrienne Abbate, Dwight Kemp, Asuna Osako, Karen Mok, Miriam Prat-Jerez

## Action items/ Resources from DOHMH:

- NYC Division of Mental Hygiene (DMHy) to incorporate CSB Member's recommended edits to the Local Services Plan (LSP) updates and to send the final version to the CSB.
- NYC DMHy to share Teenspace resources, data on suicidality and risk reduction, and the Q&A document.
- Free virtual trainings on <u>Behavioral Health Parity</u> for providers and community members
- NYS's Trauma-Informed Network and Resource Center and Tending the Roots training for trauma-informed care.
- The State of Mental Health of New Yorkers report for CSB members to share with community partners.

# Call to Order: 1:02 PM

#### **Welcome Remarks**

- Dr. Hankerson, Chair of the CSB, called the meeting to order and welcomed DMHy's new Executive Deputy Commissioner (EDC), Dr. H Jean Wright II. Dr. Wright introduced himself and welcomed members.
- Dr. Hankerson led introductions of new members: Asuna Osako, Karen Mok, Miriam Prat-Jerez, and Dwight Kemp.

## **DOHMH and Bureau Updates**

- Dr. Wright invited Bureau leadership in the Division of Mental Hygiene to provide updates, namely Shivani Mantha,
  Acting Assistant Commissioner (AC) of the Bureau of Alcohol and Drug Use, Prevention, Care, and Treatment
  (BADUPCT), Marnie Davidoff, AC of the Bureau for Children, Youth and Families and Developmental Disabilities (CYF-DD), Janice Chisholm, AC of the Bureau of Community Awareness, Action, Response, and Engagement (BCAARE),
  Kristila Brace, Acting AC of the Bureau of Health Promotion for Justice-Impacted Populations (HPJIP), and Jamie
  Neckles, AC of the Bureau of Mental Health (BMH).
  - o In response to questions from CSB Member Adrienne Abbate:
    - Regarding the Surgeon General's recommendations on social media use: Marnie Davidoff suggested discussing this at the next CSB meeting.
    - On opportunities for community partners and the Department of Education (DOE) to promote Teenspace: Marnie Davidoff described promotion thus far at schools with DOE: letters to parents/caregivers of youth; monthly webinars with parents/staff; tabling events and presentations by Teenspace representatives; and partnerships with the Department of Youth and Community Development (DYCD), the School for Young Performers (SYP), and Compass providers at after-school programs. She welcomed further ideas for promotion from CSB members.
    - CSB Member Adrienne Abbate suggested training youth ambassadors for Teenspace.
  - CSB Member Miriam Prat-Jerez requested information on suicidality and risk reduction for youth using Teenspace. She relayed concerns from patients that the platform is not conducive to addressing high risk.
    - In response, Marnie Davidoff explained that protocols are in place for screening and assessing risk in youth but committed to improving messaging.
  - CSB Member Joanne Siegel asked if youth with intellectual and developmental disabilities are included in Teenspace, as parents of this population are eager for more services and to address bullying in schools.
    - In response, Marnie Davidoff clarified that no youth is excluded (aside from age requirements) and requested additional information from the group to meet needs of the I/DD community.
  - o In response to an update that certain Clubhouse locations are closing, CSB member Cheryle Hinds-Leslie requested education and improved messaging on the benefits of this decision for communities.
    - CSB Member Dwight Kemp described the need for systematic outreach to members who belong to these sites to offer alternatives and avoid placing burden on those with serious mental illness, for example presentations for Clubhouse members at closing sites.



• CSB Member Ahmed Jamil mentioned that he was not aware this program existed and requested Jamie Neckles to speak to the inter-faith community about Club Houses next month.

# Review of Annual Updates to the 2024-2027 Local Services Plan

- Yoshi Pinnaduwa, Sr. Director of the Office of Policy and Planning provided an overview of the LSP process, including CSB member's role in reviewing annual updates to the 2024-2027 LSP submitted last year.
- CSB Member Asuna Osako expressed concerns about treatment of consumers by other entities, including law enforcement and city agencies that manage access to public benefits, and its impact on mental health. She suggested trauma informed care for staff of such entities.
  - Teena Brooks, Assistant Director of the Office of Consumer Affairs, confirmed that trauma-informed care is a priority for DMHy and shared <a href="NYS's Trauma-Informed Network and Resource Center">NYS's Trauma-Informed Network and Resource Center</a> and <a href="Tending the Roots">Tending the Roots</a> an 8-hour training to develop community champions and learn the impact of trauma in communities.
  - CSB Member Cheryle Hinds-Leslie described how to obtain reasonable accommodations for clients with mental health concerns for their public benefits appointments.
  - CSB Members Thelma Dye, Ahmed Jamil, Joanne Siegel, and Asuna Osako advocated for changing organizational culture on wellness and burnout, especially for city staff, and including immigrant communities in this approach.
- In relation to Objective 5.3 of the LSP, CSB Member Karen Mok described generational distrust of governments in immigrant families. She suggested elevating community members to promote trainings and improve trust through transparency and communication.
  - o Janice Chisholm described the development of AANHPI trainings in partnership with community champions from Community Based Organizations and invited CSB Member Karen to join these conversations.
- When reviewing Goal 8 on behavioral health parity, CSB Member Sarah Church mentioned concerns parity is not being met in an underfunded system, with providers advocating for themselves to insurance plans.
  - Yoshi Pinnaduwa explained that the state Office of Mental Health, Department of Health, and Department
    of Financial Services have email addresses and resources for reimbursement complaints. She reminded CSB
    Members about DMHy's free virtual training on <u>Behavioral Health Parity</u> for communities and providers.
  - CSB Member Sarah Church added that NYS Office of Addiction Services and Supports (OASAS) expects to implement NYS law requiring commercial insurers to pay rates equal to Medicaid on Jan 1, 2025.
    - CSB Chairperson Dr. Hankerson suggested developing a rollout plan for this with materials and resources to share with community partners at the next CSB meeting.
- CSB Chairperson Dr. Hankerson described the CSB's previous focus on workforce shortages and youth mental health and suggested the CSB focus on 1-2 areas of the LSP that resonate with members and their communities.
- In relation to Goal 3 on Housing, CSB Member Adrienne Abbate expressed concerns about the quality of public housing and its impact on mental health, and added that quality of housing is a health-related social need.
  - o Jamie Neckles responded that DMHy only has control over services in 12,000 supportive housing units.
- CSB Member Thelma Dye expressed gratitude for DMHy's work with DOE, DYCD, and other youth-serving agencies to improve children and youth mental health.
- Yoshi Pinnaduwa requested CSB Members send additional comments/suggestions for the LSP by Monday July 1.

## Presentation on the State of Mental Health of New Yorkers Report

- Meghan Hamwey, Director of Research and Evaluation, Rachel Suss, Research Analyst, and Ellenie Tuazon, Director
  of Surveillance presented <u>The State of Mental Health of New Yorkers</u> report published in June 2024.
- Due to time constraints, Dr. Hankerson suggested finishing this presentation at the next meeting.

## **Additional Comments & Wrap Up**

• Dr. Wright thanked everyone for attending and reminded Members of future meeting dates Sept 17<sup>th</sup> and Dec 3<sup>rd</sup>.

Meeting adjourned: 2:30 PM