

Program Profile: Clubhouses in Fiscal Year 2025*

Program Summary

Clubhouses are free, evidence- and place-based, member-led communities for adults experiencing serious mental illness (SMI). Regardless of insurance, immigration, housing status, or criminal legal involvement history, people who have SMI can become “members” to socialize, support one another, and learn and practice skills for employment and recovery. Clubhouse members take part in productive activities that help the clubhouse run. During lunch, evenings, and weekends, members can participate in recreational activities or get services in person or virtually. Members also choose what they do at the clubhouse, when they go, and how long they stay a member.

Clubhouse activities and services include:

- Help with getting benefits, such as affordable housing, health insurance, and supplemental security income.
- Help with getting no- or low-cost psychiatric and medical care and legal help.
- Education services, such as help applying for high school equivalency diploma classes, license trainings, and college degree courses.
- Job services, such as making a resume, applying for jobs, and temporary work opportunities.
- Recreational events, such as game nights and arts and crafts. Clubhouses are also open on holidays so members can celebrate with each other.
- Healthy meals and snacks. Members help buy, cook, and serve food to other members.

Participant Characteristics in Fiscal Year 2025

There were 3,686 members across 13 clubhouses in NYC who were active at some point from November 2024 through June 2025. Being active is defined as having attended a clubhouse in person or virtually at least once during the preceding 90 days. Data collection began in November 2024 because these were new contracts. Subsequent years will have 12 months of data.

*The start date of the data collection period is November 2024.

Gender		Race and Ethnicity			Age		
Male, 57%	Female, 40%	White, 22%	Black, 32%		35 to 44, 20%	45 to 54, 20%	55 to 64, 23%
		Hispanic, 19%	Unknown†, 22%		25 to 34, 18%		65 or older, 14%

Other or unknown,* 2%

Asian American, Native Hawaiian, or Pacific Islander, 5%

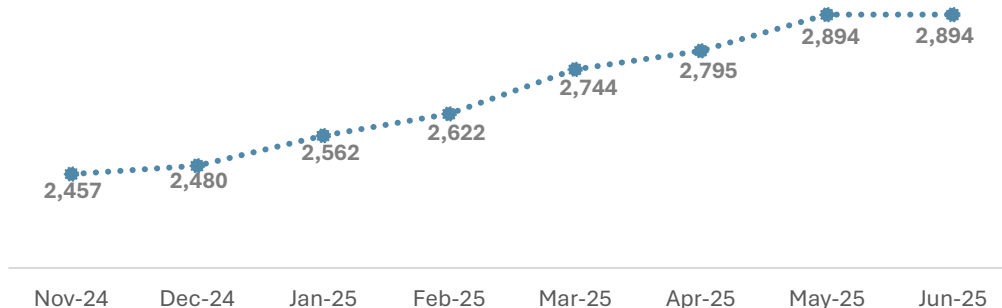
18 to 24, 5%

*Other or unknown gender includes transgender, nonbinary/gender nonconforming, other, unknown, and missing.

†Unknown race and ethnicity includes unknown, missing, and not reported race and ethnicity.

Clubhouse Active Membership Grew in FY25

The following chart shows clubhouse active membership grew in FY25, from 2,457 in November 2023 to 2,894 in June 2025.



Length of Membership in Years

Almost one-third of the active members have been a part of the clubhouse community for less than one year, reflecting its recent expansion, while almost 40% have been enrolled for more than five years, underscoring long-term bonds that members form.

Less than one year, 29%	One year up to two years, 13%	Two years up to five years, 19%	More than five years, 39%
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Engagement in Clubhouse Activities and Services in FY25

Average Monthly Attendance

Participation and attendance at clubhouses are completely voluntary. Individuals decide how often they wish to attend. Among the 3,686 members who were active at some point in FY25, average attendance was about once per week in person and one time per month virtually.

Each month, the average member attends their clubhouse five days in person and one day virtually.

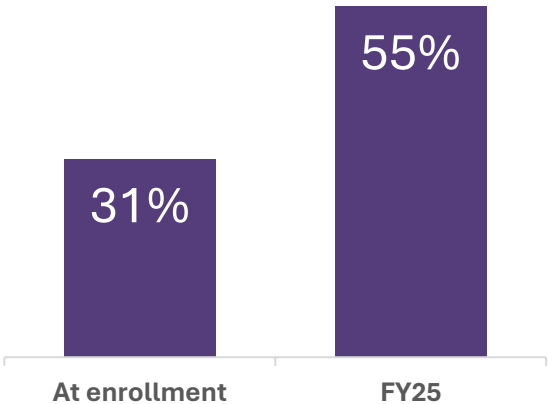
Education Activities

Clubhouses encourage members' educational and professional growth and development. These activities can range from seeking a high school equivalency diploma, to taking trade courses, to pursuing a college degree. In FY25, 9% of active clubhouse members engaged in educational and professional opportunities.

Nine percent of active members are engaged in education or professional activities.

Employment Activities

Connection to and involvement in employment activities are important ways in which clubhouses support and empower their members. The following chart shows that among active clubhouse members enrolled for at least one year who were involved or interested in employment, the proportion employed increased by 24 percentage points, from 31% at enrollment to 55% in FY25.



4.26

Suggested citation: Bureau of Mental Health. Clubhouses Program Profile, Fiscal Year 2025. NYC Dept of Health and Mental Hygiene; 2025, updated March 2026.