

# Clubhouses for People Who Have Serious Mental Health Conditions:

A Place To Go,  
Meaningful Things To Do,  
and a Lifelong Community

Clubhouses offer free support to people who have serious mental health conditions living in NYC, regardless of their insurance, immigration, or housing status or criminal justice involvement history. Clubhouses are fun, safe, and diverse places that can help people who join (members) with their mental health recovery and make friends.

Members take part in productive activities that help clubhouses run. During lunch, evenings, and weekends, members can participate in recreational activities. Members can participate in activities and get services in person or by phone or videoconference. Members also choose what they do at the clubhouse, when they go, and how long they stay a member.

## Clubhouse activities and services include:

- **Help getting benefits**, such as affordable housing, health insurance, and supplemental security income.
- **Health and legal services**, such as help getting no- or low-cost psychiatric and medical care, counseling, and legal help.
- **Education services**. Members get help applying for high school equivalency diploma classes, license trainings, and college degree courses.
- **Job services**, such as making a resume and finding and applying for jobs. Clubhouses also offer members temporary work opportunities.
- **Fun things to do with new people**, such as trips, game nights, and arts and crafts. Clubhouses are also open on holidays so members can celebrate with each other.
- **Healthy meals and snacks**. Members help buy, cook, and serve food to other members.

To learn more about clubhouses, including where to find and how to contact them in NYC, visit [nyc.gov/health](https://nyc.gov/health) and search for **serious mental illness** or contact 988 by calling or texting 988 or chatting at [nyc.gov/988](https://nyc.gov/988).