



# WARNING: MAY CONTAIN LEAD

**Spices bought in South Asian countries can contain lead**, which can cause learning and behavior problems in children, miscarriage in pregnant women, and infertility.

- Buy your spices locally.
- If you use spices bought in South Asia, ask your doctor for a blood lead test.

Call **311** or visit [nyc.gov/leadfree](https://nyc.gov/leadfree) for more information.



Bill de Blasio  
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