

BUPRENORPHINE PRESCRIBING RESOURCES



ABOUT BUPRENORPHINE

- Buprenorphine is a partial opioid agonist used to treat opioid use disorder.
- Buprenorphine reduces opioid use and overdose deaths, keeps patients in treatment and improves various health and social outcomes.
- Buprenorphine can be prescribed in your practice, just like other medications prescribed for chronic health conditions.
- Any physician, nurse practitioner or physician assistant can prescribe buprenorphine after obtaining a waiver.

The New York City Department of Health and Mental Hygiene provides free resources to help city health care providers implement buprenorphine in their practice.

The Health Department offers buprenorphine waiver training, clinical mentorship, technical assistance and educational materials.



TRAINING

- Follows “half-and-half” format: four hours of live instruction and four hours of online self-study
- Fulfills training requirement for physicians to apply for a federal waiver to prescribe buprenorphine, and fulfills part of the requirement for nurse practitioners (NP) and physician assistants (PA)
- Occurs approximately monthly
- Can be held at your institution for groups of at least 20 prescribers



MENTORSHIP

- Matches new or inexperienced prescribers with experienced buprenorphine prescribers (mentors)
- Is available to any New York City physician, NP or PA who has recently received a waiver to prescribe buprenorphine, or has previously received a waiver but never or rarely prescribed buprenorphine
- Occurs via in-person meetings, telephone, email and videoconference



TECHNICAL ASSISTANCE

- Supports the implementation of buprenorphine into practices of any size (including hospitals, clinics and community-based settings)
- Assists with determining a program model compatible with existing resources and interests
- Includes guidance on logistics, workflow, staffing, training, policies, outreach and legal requirements



EDUCATIONAL MATERIALS

- Educational **pamphlets** and **posters** for patients, available in multiple languages
- Educational materials for providers
- Additional materials available by visiting nyc.gov/health and searching for “providers alcohol and drugs”

For more information about buprenorphine prescribing resources, email buprenorphine@health.nyc.gov.