



**THIS YEAR'S  
FLU VACCINE  
COULD BE THE MOST IMPORTANT  
ONE YOU EVER GET**

**WITH COVID-19 STILL AROUND, IT'S ESPECIALLY IMPORTANT FOR YOU TO PROTECT YOURSELF AND YOUR LOVED ONES FROM GETTING THE FLU AND NEEDING MEDICAL CARE. GET VACCINATED TODAY!**

**ALL NEW YORKERS SHOULD GET THE FLU VACCINE, BUT ESPECIALLY:**

**Children  
under 5**

**If you  
are over  
50**

**If you are  
or may be  
pregnant**

**If you have other medical  
conditions like asthma,  
diabetes, heart disease or HIV**

Flu vaccination is safe and quick and is covered by most insurance.  
Flu vaccine is available at low cost or for free at many locations around the city.

For more information or to find a location to get your flu vaccine,  
visit [nyc.gov/flu](https://nyc.gov/flu), call 311 or text "flu" to 877877.

**NYC**  
Health

Bill de Blasio  
Mayor  
Dave A. Chokshi, MD MSc  
Commissioner



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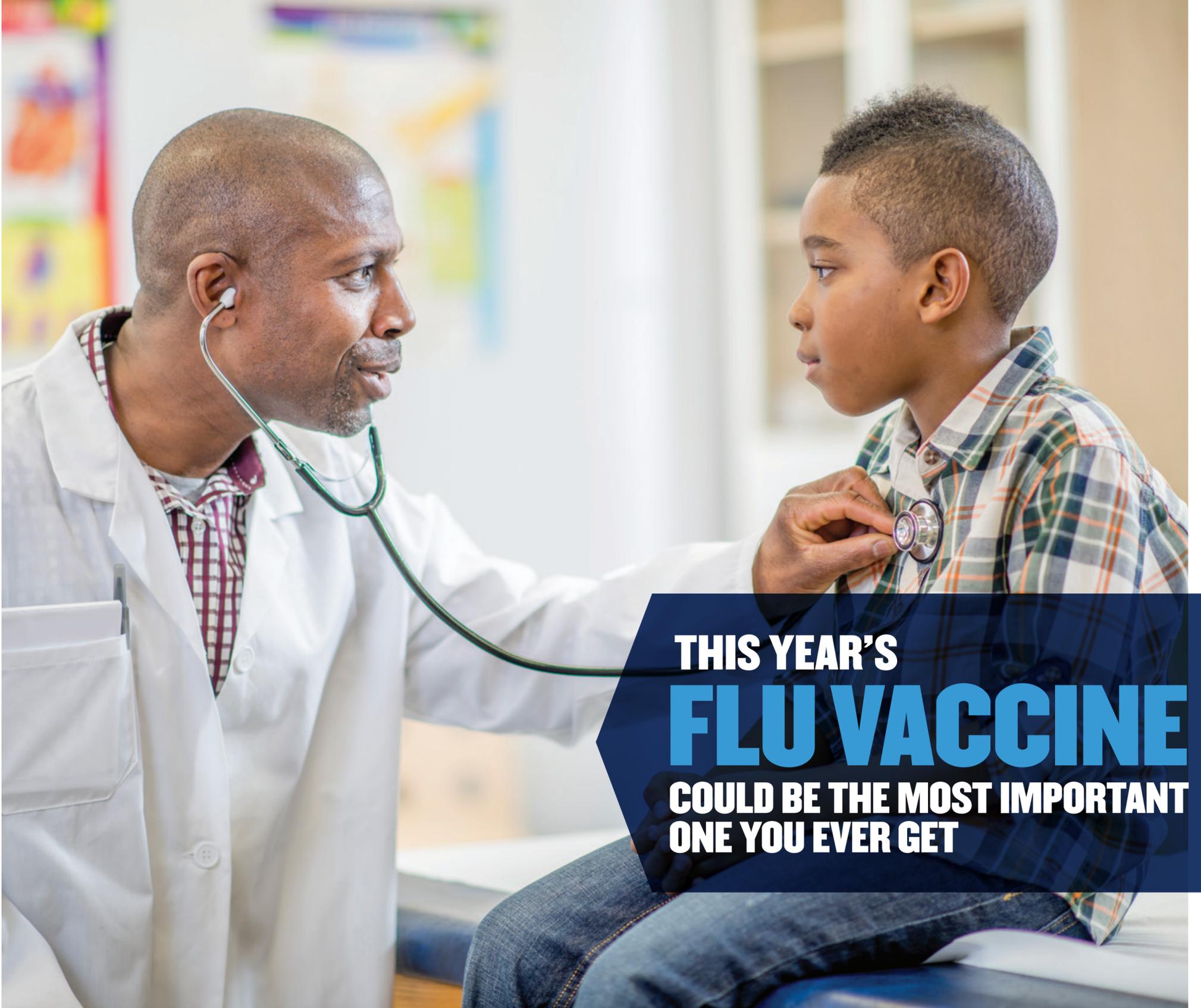
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