# Describing the Food Environment in the South Bronx Neighborhood of Crotona-Tremont

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#### **Data Sources**

**Crotona-Tremont Food Environment Audit 2012:** The NYC Department of Health and Mental Hygiene's South Bronx District Public Health Office and Bureau of Chronic Disease Prevention and Tobacco Control conducted a survey of food establishments.

To access the related Epi Data Brief, go to nyc.gov/html/doh/downloads/pdf/epi/databrief44.pdf



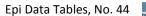


## Table 1. Food environment of Crotona-Tremont by ZIP code

#### Number and percent of store types in Crotona-Tremont, the South Bronx, New York

Source: Crotona-Tremont Food Environment Audit 2012

	Crotona-Tremont ZIP Codes				I I I
Store Type	10453 (N=190)	10457 (N=215)	10460 (N=166)	Crotona-Tremont (N=571)	Average per ZIP Code
	N (%)	N (%)	N (%)	N (%)	N
Bodega	69 (36%)	115 (53%)	81 (49%)	265 (46%)	88
Fast Food Restaurant	51 (27%)	17 (8%)	39 (23%)	107 (19%)	36
Full Service Restaurant	15 (8%)	56 (26%)	18 (11%)	89 (16%)	30
Specialty Grocery	19 (10%)	12 (6%)	13 (8%)	44 (8%)	15
Supermarket	7 (4%)	9 (4%)	10 (6%)	26 (5%)	9
Food Cart	10 (5%)	5 (2%)	1 (1%)	16 (3%)	5
Fruit and Vegetable Stand	7 (4%)	1 (0.5%)	2 (1%)	10 (2%)	3
Fruit and Vegetable Store	5 (3%)	0 (0%)	2 (1%)	7 (1%)	2
Green Cart	7 (4%)	0 (0%)	0 (0%)	7 (1%)	2



### Table 2. Availability of healthy foods in supermarkets and bodegas in Crotona-Tremont, the South Bronx, New York

Source: Crotona-Tremont Food Environment Audit 2012

Available Foods and Beverages	Supermarkets (N=22)	Bodegas (N=194)	TOTAL (N=216)
	%(N)	%(N)	%(N)
Produce	100% (22)	91% (177)	92% (199)
Fruits	100% (22)	87% (168)	88% (190)
Vegetables (excluding onions and potatoes)	100% (22)	80% (155)	82% (177)
Green leafy vegetables	100% (22)	9% (17)	18% (39)
Packaged ready-to-eat fruits or vegetables, such as fruit salad	86% (19)	11% (21)	19% (40)
Low-sodium canned goods  480 mg of sodium or less/ serving for soup, 290 mg of sodium or less/ serving for beans and	100% (22)	44% (84)	49% (106)
vegetables; front label indicates that the product is low in sodium  Low sodium canned vegetables	95% (21)	38% (73)	44% (94)
Low sodium canned beans	91% (20)	5% (10)	14% (30)
Low sodium canned soup	86% (19)	18% (34)	25% (53)
Canned fruit in 100% juice	100% (22)	64% (124)	68% (146)
Whole wheat bread	100% (22)	66% (128)	69% (150)
Low-fat milk	100% (22)	71% (137)	74% (159)
Healthy deli options posted as menu items  Note: calculated out of 188 stores with delis (20 supermarkets, 168 bodegas)	5% (1)	3% (5)	3% (6)
Sandwich on whole wheat bread	5% (1)	3% (5)	3% (6)
Meal combination with fruit and/or water	5% (1)	2% (3)	2% (4)
Healthier grab-and-go snacks		İ	
Required to comply with NYC Food Standards* and be in a snack-sized package; for example, boxes containing multiple granola bars or large bags of chips were excluded	94% (21)	94% (182)	94% (203)
Unsweetened nuts and/or dried fruit	86% (19)	93% (181)	92% (197)
Baked chips	23% (5)	10% (20)	12% (25)
Granola bars	32% (7)	7% (13)	9% (20)

<sup>\*</sup>NYC Food Standards: www.nyc.gov/html/doh/downloads/pdf/cardio/cardio-vending-machines-standards.pdf