



# **Stay Healthy: Have Safe Sex This Summer**

## Take precautions to protect you and your partners this summer:

- Use condoms or other forms of birth control to prevent pregnancy.
- Use condoms and get tested regularly to prevent transmission of STIs.
- Take PrEP (pre-exposure prophylaxis) to prevent HIV.
- Take emergency PEP (post-exposure prophylaxis) to prevent HIV within 72 hours after sex.
- Take doxy PEP (doxycycline post-exposure prophylaxis) after sex to help prevent syphilis, chlamydia, and gonorrhea.



To find sexual health services and safer sex products, visit [nyc.gov/healthmap](https://nyc.gov/healthmap) or call **311**. To start emergency PEP, call **844-3-PEPNYC (844-373-7692)** for low- to no-cost options, or go to an urgent care center or emergency room.

**Services are available regardless of immigration status or ability to pay.**

For more information, visit [nyc.gov/sexualhealth](https://nyc.gov/sexualhealth).



For more information on staying safe and healthy in NYC, visit [nyc.gov/healthysummer](https://nyc.gov/healthysummer) or scan the QR code.