

A background image showing a close-up of numerous water droplets on a glass surface. Through the glass, a blurred city street scene is visible, including a yellow taxi and other vehicles. The lighting is dramatic, with strong highlights and shadows on the droplets.

**Are you prepared for flooding?**

**It is one of NYC's most pressing public health threats.**

Rising sea levels and intensifying storms will make flooding a more common and serious risk to NYC.

## What can I do?

### Before

- Sign up for alerts at [nyc.gov/notifynyc](https://nyc.gov/notifynyc).
- Know your evacuation zone. Call **311** or visit [maps.nyc.gov/hurricane](https://maps.nyc.gov/hurricane).
- Make a meeting plan and prepare a go bag with emergency supplies.

### During

- Follow evacuation orders. If you cannot find shelter, call **311**.
- Do not drive through water — even a depth of 6 inches can stall your car.
- If you touch floodwater, wash your hands with soap and water for at least 20 seconds or use alcohol-based sanitizer.

## What are public health workers doing?

- We tell you how to prevent sickness from floodwater, mold, carbon monoxide poisoning, and other unsafe conditions caused by floods.
- We use data to find places at high risk to help communities prepare.
- We work with hospitals in evacuation zones to move patients to safety quickly.

Learn more:  
[nyc.gov/health/emergencyprep](https://nyc.gov/health/emergencyprep)





**Are you prepared for a disease outbreak?**

Outbreaks of disease can overwhelm hospitals, disrupt education, and endanger people's lives.

## What can I do?

### Before

- Sign up for alerts at [nyc.gov/notifynyc](https://nyc.gov/notifynyc).
- Stay home when you are sick and avoid close contact with people who are sick.
- Keep a supply of nonperishable food and other essentials at home. Avoid crowded places.

### During

- Stay informed with updates and recommendations at [nyc.gov/health](https://nyc.gov/health).
- Wash your hands with soap and water for at least 20 seconds or use alcohol-based sanitizer.
- Wear a well-fitting mask when in crowded or indoor spaces.

## What are public health workers doing?

- We monitor diseases to catch outbreaks early and reduce their spread.
- We provide accurate information on how to stay healthy and on what to do when you are sick.
- We stockpile critical supplies.
- We make plans and conduct exercises with health care systems so they are ready for emergencies.

Learn more:  
[nyc.gov/health/emergencyprep](https://nyc.gov/health/emergencyprep)





**Are you prepared for extreme weather?**

**It is one of NYC's most pressing public health threats.**

Rising sea levels make NYC very vulnerable to storms that bring wind, flooding, and structural damage.

## What can I do?

### Before

- Sign up for alerts at [nyc.gov/notifynyc](https://nyc.gov/notifynyc).
- Know your evacuation zone. Call **311** or visit [maps.nyc.gov/hurricane](https://maps.nyc.gov/hurricane).
- Make a meeting plan and prepare a go bag with emergency supplies.

### During

- Follow evacuation orders. If you cannot find shelter, call **311**.
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**Are you prepared for a chemical  
or radiological emergency?**

**They are two of NYC's most pressing  
public health threats.**



NYC's dense population and the nearness of industrial areas to residential neighborhoods create health and environmental risks. A chemical emergency means exposure to toxic gasses, liquids, or solids. A radiological emergency means exposure to hazardous radiation. Either can be accidental or come from an attack.

## What can I do?

### Before

- Sign up for alerts at [nyc.gov/notifynyc](https://nyc.gov/notifynyc).
- Make a household disaster plan and prepare an emergency supply kit.
- Keep a supply of nonperishable food and other essentials at home. Have enough medication to last for at least seven days.

### During

- Follow instructions from City officials on how best to protect yourself and your loved ones, or call **311**.
- Seek treatment from first responders if you are injured.

## What are public health workers doing?

- We let people know how to stay safe and, if needed, evacuate.
- We train people to respond to chemical and radiological emergencies.
- We make plans and prepare with City, state, and federal partners and health care facilities.

Learn more:  
[nyc.gov/health/emergencyprep](https://nyc.gov/health/emergencyprep)

**Are you prepared for a cyberattack?**

**It is one of NYC's most pressing public health threats.**

Cyberattacks threaten NYC's critical infrastructure such as hospitals and power grids and can disrupt services such as emergency response and health care.

## What can I do?

### Before

- Sign up for alerts at [nyc.gov/notifynyc](https://nyc.gov/notifynyc).
- Make a household disaster plan and prepare an emergency supply kit.
- Keep a supply of nonperishable food and other essentials at home. Have enough medication to last for at least seven days.

### During

- Stay connected and informed with updates and recommendations from City officials or call **311** for information.
- Follow food and water safety guidance if power is out for longer than several hours.

## What are public health workers doing?

- We make plans and prepare with other City agencies and health care facilities.
- We develop backup systems for critical public health infrastructure.
- We work to recover essential public health services and operations after a cyberattack.

Learn more:  
[nyc.gov/health/emergencyprep](https://nyc.gov/health/emergencyprep)