

New York City

Developmental Monitoring

for Babies and Toddlers at Risk for
Developmental Delays or Disabilities

How Is My
**Baby
Doing?**

NYC
Health



Help your child get a **great** **start.**

Babies and toddlers learn and develop differently. One child may talk later. Another child might walk earlier.

Often, parents do not need to be concerned about these differences. But some children may benefit from **Developmental Monitoring**, a program designed to see how children are developing and how much progress they are making.





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Your doctor, social worker or daycare center might have asked us to contact you. This is important because research shows that the younger a child is when they get help for delays, the better the outcome may be.

Your child might benefit from developmental monitoring if he or she is younger than 3 years old and:

- ⦿ Was born at less than 33 weeks
- ⦿ Spent more than 10 days in neonatal intensive care
- ⦿ Weighed less than 4 pounds at birth
- ⦿ Had lead test results that were too high
- ⦿ Missed or failed an initial newborn hearing screening
- ⦿ Has been affected by homelessness or domestic violence
- ⦿ Has a teenage mom
- ⦿ Has a mom who did not receive prenatal care

We will listen to your concerns and work closely with you to measure your child's progress.

Every few months until your child's third birthday, we will mail you some simple questions about how your child:

- ⦿ Lets you know what they want
- ⦿ Moves their body
- ⦿ Uses their hands and fingers
- ⦿ Solves problems
- ⦿ Plays alone and with others

We will review your answers, and then let you know how your child is doing.

If your child is doing okay, we will continue to monitor their progress. If the results show that your child may be at risk for a developmental delay, we can help you get the services your child needs through an Early Intervention evaluation.

You can also call us at any time if you have questions about your child's development.



Learn more about Developmental Monitoring and Early Intervention.

Talk to your doctor, **call 311** and ask for Developmental Monitoring and Early Intervention, or visit **nyc.gov/health/earlyint**.

Developmental Monitoring and Early Intervention services are confidential and free for families,* regardless of income or immigration status.

*If you have health insurance, including Medicaid, it will be used to pay for Early Intervention services at no direct cost to you.

