

WELLNESS POLICY

Adopted _____

Revised (if applicable) _____

Our school uses the New York City Department of Education (NYC DOE) [School Wellness Scorecard](#) and the [Rudd Centers Wellness School Assessment Tool 3.0](#) as a framework for creating a wellness policy that is specific to our school's needs and priorities.

Our school's Wellness Council and Leadership Team work together to: 1) review and support the implementation of wellness policies; 2) assess the school's environment using the School Wellness Scorecard; 3) create and carry out action plans according to school-wide wellness initiatives; and 4) support instructional goals in our Comprehensive Education Plans.

Our School Wellness Council members are (include name and title):

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

Our school wellness goals for this year are:

1. _____
2. _____
3. _____
4. _____

Our staff, students, parents and guardians can offer input through:

1. _____
2. _____
3. _____
4. _____

Our school wellness policy supports the goals of our Comprehensive Education Plans in the following ways:

1. _____
2. _____
3. _____
4. _____

WELLNESS POLICY

We communicate our wellness policy to the entire school community, as well as review and update it every year. Under the jurisdiction of the NYC DOE, we are in compliance with the citywide wellness policy and provide a description of the progress made in attaining those goals.

Our school wellness policy is distributed to students, staff, parents and guardians in the following ways:

- | | |
|---|--|
| <input type="checkbox"/> NYC DOE School Building profile page | <input type="checkbox"/> School handbook |
| <input type="checkbox"/> School-created social media page | <input type="checkbox"/> Bulletin board |
| <input type="checkbox"/> Newsletters or flyers | <input type="checkbox"/> Website |
| <input type="checkbox"/> Other: _____ | |

To activate the policy, we plan to do the following:

- | | |
|-------|-------------|
| _____ | Date: _____ |
| _____ | Date: _____ |
| _____ | Date: _____ |

Our strategy to engage new participants includes:

_____, the principal or designee, will ensure compliance with our school wellness policy and [Chancellor's Regulation A-812](#) about competitive foods.

Our School Wellness Council will review this policy and its success annually on _____.
Questions about the wellness policy should be addressed to _____.

Our School Wellness Council includes the following members:

Signature: _____ Date: _____
 Principal SLT Teacher PC Parent/Guardian Student Other: _____

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