

High-Quality Support Throughout Your Pregnancy and Beyond!

The **New Family Home Visits Initiative** offers no-cost home visits from trained health workers to pregnant and new parents and connects them with community support, services, and referrals.

The **Citywide Doula Initiative (CDI)** provides no-cost doula services from trained professionals who educate and support pregnant people and parenting families during pregnancy, through labor and birth, and for the first few months after birth.

To learn more about the CDI and other doula services in NYC, visit nyc.gov/health/cdi or call 844-OK-DOULA (844-653-6852), Monday to Friday, 9 a.m. to 5 p.m.



NYC Nurse-Family Partnership provides no-cost nurse home visits to first-time pregnant families with low incomes.

To learn more or sign up, talk to your health care provider, email nycnfp@health.nyc.gov or call **311** and ask for **Nurse-Family Partnership**.



The **Newborn Home Visiting Program** supports families with an infant up to 3 months old by connecting them with a community health worker, nurse, social worker, or certified lactation counselor. Support areas include baby development, adjusting to parenthood, breastfeeding support, distribution of cribs and other essential items, and health education and screenings.

To learn more or see if you are eligible, visit nyc.gov/health and search for **newborn home visiting program** or call 718-637-5235. If you live in a Department of Homeless Services shelter in any borough, call 718-466-7013.



All programs are available regardless of immigration status, age, or gender identity. Other eligibility criteria differ by program.

For more information on the New Family Home Visits Initiative, how to get a referral, or how to refer yourself, visit nyc.gov/health/babyhelp or scan the QR code. Not sure which program is right for you? Call the Family Connection Network for help at 347-396-7979.