

# New Family Home Visits Initiative

High-Quality Support Throughout  
Your Pregnancy and Beyond!



The New Family Home Visits (NFHV) Initiative offers no-cost home visits from trained health workers to expectant and new parents and connects them with community support, services and referrals.

All NFHV Initiative programs are available regardless of immigration status, age or gender identity. Other eligibility criteria differ by program.

## Pregnancy, Childbirth and Postpartum Support

The **Citywide Doula Initiative (CDI)** provides no-cost doula services from trained professionals who educate and support pregnant people and parenting families before birth, through labor and delivery, and for the first few months after birth.

To enroll, you must:

- Live in a Taskforce on Racial Inclusion and Equity (TRIE) neighborhood or an NYC shelter or foster home
- Be eligible for Medicaid or the Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

To learn more about the CDI and other doula services in NYC, visit **[nyc.gov/health/cdi](https://nyc.gov/health/cdi)** or call 844-OK-DOULA (844-653-6852), Monday to Friday, 9 a.m. to 5 p.m.



# Early Prenatal and Parenting Support

**NYC Nurse-Family Partnership (NFP)** provides no-cost nurse home visits to first-time pregnant families with low incomes.

Eligible families meet regularly with a personal nurse to discuss pregnancy, parenting, and child health and development. They can also get help with health insurance, mental health care, and achieving personal goals such as education or job skills. The program begins during pregnancy and may continue up to two years after birth.

NYC NFP is available to anyone in NYC who is:

- No later than 28 weeks pregnant with their first baby
- Eligible for Medicaid or WIC

To learn more or sign up, talk to your health care provider, email [nycnfp@health.nyc.gov](mailto:nycnfp@health.nyc.gov) or call **311** and ask for **Nurse-Family Partnership**.





## Parenting and Early Postpartum Support

The **Newborn Home Visiting Program (NHVP)** supports families with an infant up to 3 months old by connecting them with a community health worker, nurse, social worker or certified lactation counselor. Support areas include baby development, adjusting to parenthood, breastfeeding support, distribution of cribs and other essential items, and health education and screenings.

The NHVP is available to:

- First-time parents with a baby up to 3 months old who live in certain TRIE neighborhoods
- All families, regardless of how many children they have, who have a baby up to 3 months old and are NYCHA residents in a TRIE neighborhood, engaged with the Administration for Children's Services or living in a Department of Homeless Services shelter

To view the list of TRIE neighborhoods and check whether you are eligible, visit **[nyc.gov/health](https://nyc.gov/health)** and search for **newborn home visiting program**.



## Perinatal Referrals

The Coordinated Intake and Referral System is a web-based tool that health care and social service providers can use to refer expectant and new parents to home visiting programs and community services. Families can also refer themselves for services by calling 347-396-7979, Monday to Friday, 9 a.m. to 5 p.m.





For more information on the NFHV Initiative, breastfeeding and infant sleep safety, visit **[nyc.gov/health/babyhelp](https://nyc.gov/health/babyhelp)** or scan the QR code.



To learn more about family services in NYC, visit **[nyc.gov/health](https://nyc.gov/health)** and search for **pregnancy**.