

# Performance Matters: A Framework for Technical Assistance in HIV Testing

Poster Session B
CP53

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### Issue

- New York City (NYC) has one of the largest HIV epidemics in the United States; with an estimated 117,000 people diagnosed and living with HIV.
- Among the 2,832 new HIV diagnoses in 2013, 1,609 (56.8%) were among men who had sex with men (MSM) and 42 (1%) were among transgender women (TG).
- To reach populations at high risk and improve outcomes along the care continuum, the NYC Department of Health and Mental Hygiene (DOHMH) funds and provides technical assistance (TA) to HIV testing programs.

## Setting

- <u>Site:</u> The DOHMH HIV Testing Program funds 26 agencies to implement priority population testing through social network strategy (SNS) and outreach testing.
- <u>Staffing:</u> A team of six Master's level public health professionals provides TA to HIV testing programs in clinical and community settings. The team consists of a Director, a Data Analyst and 4 Project Officers (POs).
- Management: The DOHMH works closely with an administrative contractor to manage fee-for-service contracts with agencies.
- <u>Goal:</u> To build agency capacity to meet outcome expectations that focus on identifying, confirming and promptly linking newly diagnosed clients to care.

## Project

Since 2009, POs have provided TA to NYC DOHMH-funded HIV testing programs focusing on 4 areas (Figure 1):

#### 1) Build Capacity

- Conduct trainings on testing models, outreach strategies and linkage to care (LTC).
- Provide updates and guidance on testing technologies and combination prevention methods.
- Coordinate workshops and trainings on reporting and data utilization.
- Provide one-to-one TA sessions tailored to agency needs.

### 2) Improve Data Quality

- Compile reports to identify incomplete, inaccurate, or missing data and provide data management recommendations to agencies.
- Make changes to the data reporting system to better track services.

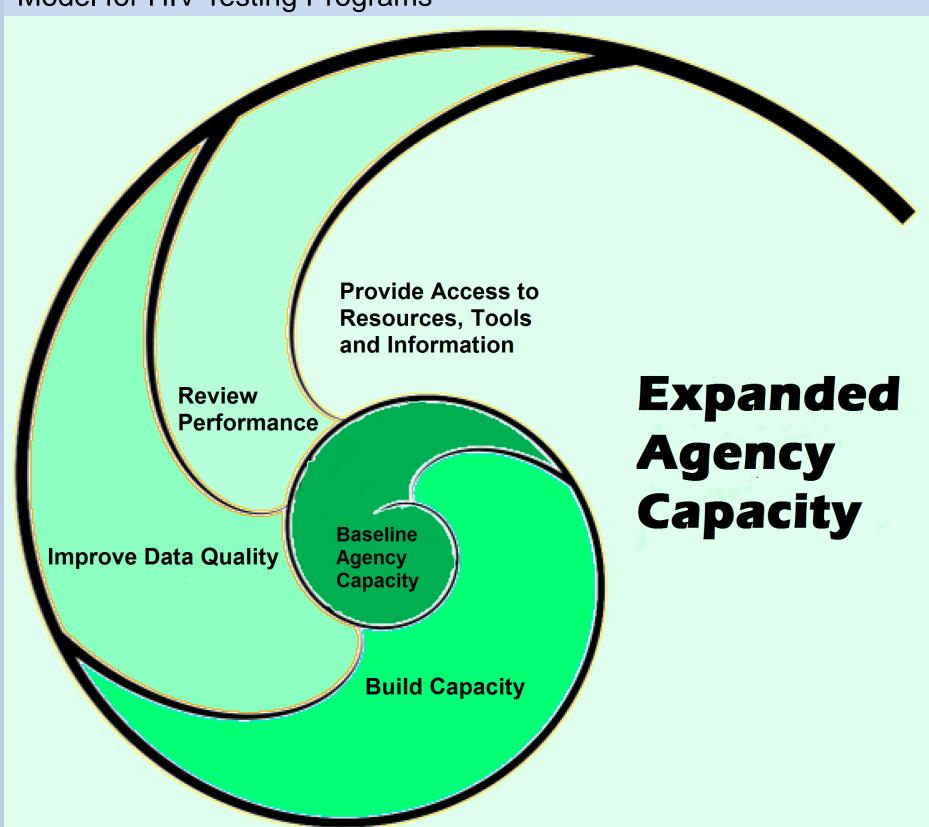
#### 3) Review Performance

- Evaluate performance against outcome expectations for HIV positivity and LTC on a quarterly basis, highlighting program strengths and areas for improvement.
- Monitor targeted testing for priority populations (MSM and TG clients) and provide TA on increasing testing in these populations.
- Work with underperforming agencies to develop program improvement plans.

#### 4) Provide Access to Resources, Tools and Information

- Provide updates on policy and resources for program planning.
- Organize bi-annual provider meetings to share best practices.
- Build and strengthen partnerships among agencies.

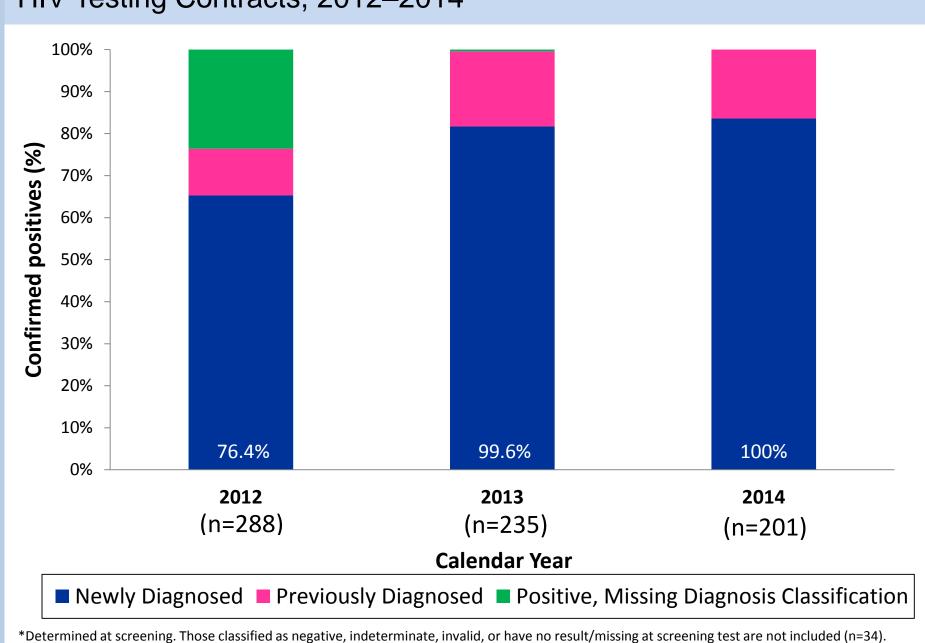
**Figure 1**. Conceptual Framework: Iterative Technical Assistance Model for HIV Testing Programs



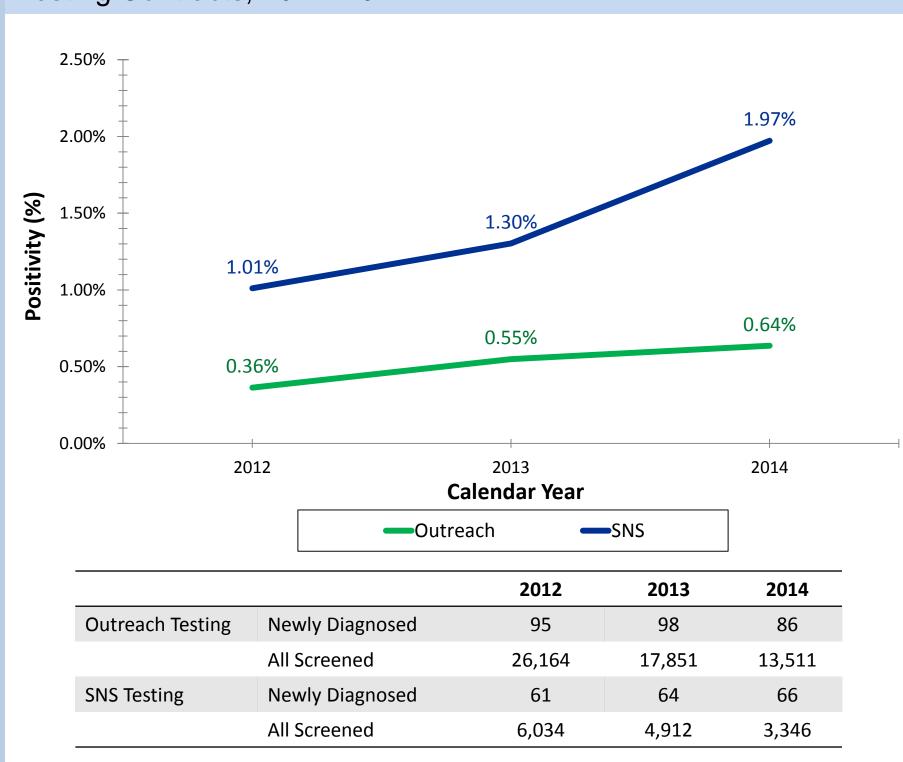
### Results

- Data quality has improved across contracts as a result of TA and data management activities.
- The percentage of HIV-positive individuals classified as newly or previously diagnosed verses missing diagnosis classification increased over time (Figure 2).
- For both the outreach and SNS contracts, the newly diagnosed positivity rate exhibited an upward trend over time (Figure 3).
- LTC among outreach contracts exhibited an upward trend over time, however LTC among SNS contracts did not (Figure 4).
- The proportion of MSM and TG among all clients tested by outreach and SNS contracts increased between 2012–2014 (Figure 5).

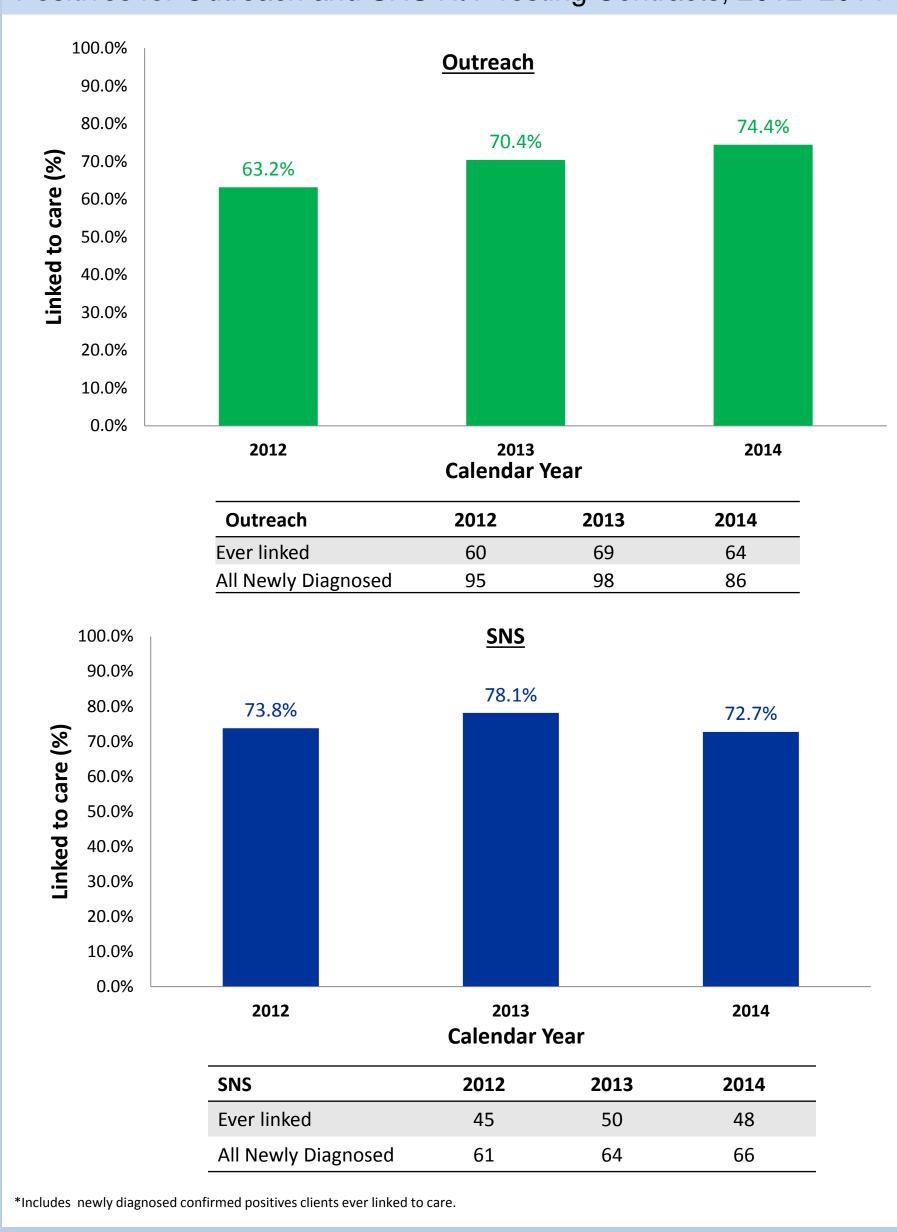
**Figure 2.** Classification of Preliminary Positives for Outreach and SNS HIV Testing Contracts, 2012–2014\*



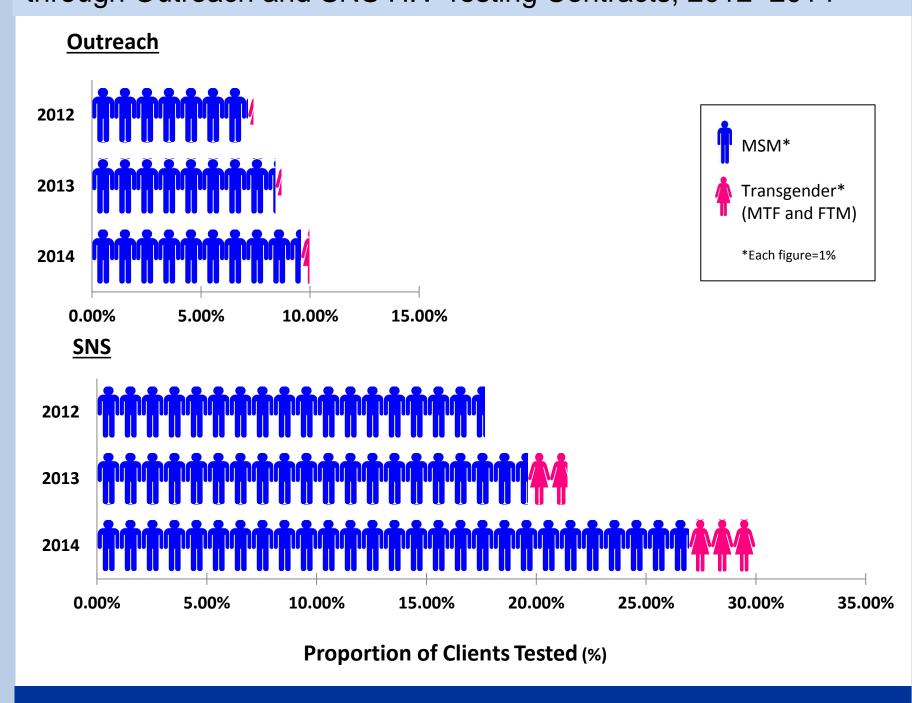
**Figure 3**. Newly Diagnosed Positivity Rate for Outreach and SNS HIV Testing Contracts, 2012–2014



**Figure 4**. Proportion Ever Linked to Care Among Newly Diagnosed Positives for Outreach and SNS HIV Testing Contracts, 2012–2014\*



**Figure 5.** Proportion of MSM and TG among all Clients Tested through Outreach and SNS HIV Testing Contracts, 2012–2014



## Lessons Learned

#### Capacity Building:

- Building management capacity for monitoring programs and conducting quality assurance is critical for improving performance.
- Because there is high staff turnover at many agencies, on-going trainings and booster sessions are necessary.

#### **Data Utilization:**

- Data quality checks and performance reviews facilitate progress toward outcome expectations.
- Developing and monitoring improvement plans are key interventions for agencies that need additional support to meet targets.

#### Responsive Programming:

- Reaching high risk populations requires an innovative, culturally sensitive and dynamic approach.
  - Agencies that were able to reach young MSM of color recruited clients at kiki parties, which are house balls for young MSM and TG individuals.
  - Outreach at sex clubs and private parties yielded a high number of newly diagnosed positive clients.

#### Focus:

- Initially SNS agencies focused on finding positives; now that this has been achieved, they are shifting focus to improving LTC. LTC is still a challenge for SNS, in part because the people reached may be more marginalized.
- Moving forward, we will build on our robust TA model and support agencies to integrate combination HIV prevention strategies, including pre- and post-exposure prophylaxis.

### Acknowledgements

- The DOHMH receives support from the CDC and HRSA to provide TA to agencies to implement outreach and SNS HIV testing.
- We would like to acknowledge our NYC DOHMH colleagues for their feedback and review.