Access to health care before, during and after pregnancy provides women with healthier pregnancies and childbirth experiences as well as the ability to maintain their health beyond pregnancy. But current Medicaid rules limit the availability of health care to women before and after pregnancy depending on their immigration status.

**Compared to women born in the U.S., women who are immigrants are:**
- **Less likely** to have a visit with a family doctor or obstetrician/gynecologist (OB/GYN) before pregnancy
- **Less likely** to receive dental care before or during pregnancy
- **More likely** to lose health insurance after giving birth

**Women who are immigrants may also experience poorer access to maternal health care if they:**
- Have been in the U.S. for less than five years
- Immigrated from Central America, South America, Sub-Saharan Africa or South Asia

**What can you do for yourself and for your community?**
Learn more about accessing health care services before, during and after pregnancy through the following services and programs:

- Visit [nyc.gov](http://nyc.gov) and search for "Everyone Can Get Health Care Services in NYC" for information about your right to health care in NYC regardless of immigration status or ability to pay.
- Visit [nyc.gov/ochia](http://nyc.gov/ochia) and search for "immigrants" or "pregnant" to learn about health insurance options for New Yorkers who are immigrants or pregnant.
- Visit [nyc.gov/health](http://nyc.gov/health) and search for "health insurance enrollment support" for help enrolling in health insurance.
- Visit [nyc.gov/health](http://nyc.gov/health) and search for "respectful care at birth" to learn more about the NYC Standards for Respectful Care at Birth.
- Visit [nyc.gov](http://nyc.gov) and search for "Services for Recently Arrived Immigrants" to access services for recently arrived immigrants or refugees.
- Visit [nyc.gov](http://nyc.gov) and search for "actionNYC" or call 800-354-0365 for free, safe immigration legal help.
- Learn more about how to advocate for policies that can impact your community and improving these health outcomes, visit [everymothercounts.org/advocacytoolkit](http://everymothercounts.org/advocacytoolkit).
- Visit [nyam.org/hd4nyc/our-work](http://nyam.org/hd4nyc/our-work) for information about Health Data for New York City projects.

---


2Survey participants were not asked about their gender identity; due to this limitation, the terms "woman" and "maternal" in this flyer include any person capable of being pregnant.