

— Guide to —
**Smoking
and Vaping
Cessation
Programs**
in New York City

**Still
smoking or
vaping?**
Find help now.

For more information about medication and counseling options, talk to your health care provider. Most health insurance plans, including Medicaid, cover services to help you quit.

For additional smoking or vaping cessation resources, call **311 or visit **nyc.gov/nycquits**.**

Bronx

 **Albert Einstein College of
Medicine, Montefiore Einstein
Center for Cancer Care**

 **Be BOLD Quit Smoking Program**

1300 Morris Park Ave.


Bronx, NY 10461

718-430-2380


The program is open to Bronx residents.

Call or email cancersupport@einsteinmed.edu to register for virtual group counseling offered through Zoom and by telephone. Referrals to a provider are available for cessation medications.

 **NYC Health+Hospitals/Jacobi
Smoking Cessation Program**

 1400 Pelham Parkway South


Building 1, Room 4W2


 Bronx, NY 10461


718-918-3907

Call for an appointment.

 **NYC Health+Hospitals/Lincoln
Smoking Cessation Program**

 234 E. 149th St.

 Bronx, NY 10451

 718-579-4943 or 718-579-6570

Get referred through a Lincoln Hospital provider.
Services are provided in English and Spanish.


Brooklyn

 **NYC Health+Hospitals/
Kings County**

 **Smoking Cessation Program**

 451 Clarkson Ave.

 E-Building, Seventh Floor, Room E67

 Brooklyn, NY 11203

718-245-2782

Call for an appointment and information about group sessions.

Legend


 Individual Counseling

 Charges a Fee

 Vaping Cessation

 Telephone Counseling

 Group Counseling or Support Group

 Free or Low-Cost Medications

 Video Counseling or Telemedicine

Manhattan



Asian Americans for Equality



Smoking Cessation Program



111 Division St.

New York, NY 10002

212-979-8988

No appointment required.

Open Monday to Friday,

9 a.m. to 5 p.m.

Services are provided in English, Mandarin, Cantonese, Fuzhounese and Toishanese.



Charles B. Wang Community Health Center



Smoking Cessation Program



268 Canal St., Fourth Floor

New York, NY 10013

212-941-2188, ext. 2424, or 212-966-0461

Call for an appointment.

Free in-person or telephone cessation services are provided in English, Mandarin and Cantonese.



Harlem Health Advocacy Partners



Harlem Neighborhood Health Action Center



New York City Department of Health and Mental Hygiene

158 E. 115 St.

New York, NY 10029

646-682-3400

Program serves NYCHA residents living in ZIP codes 10026, 10029 and 10035.

Call 646-682-3375 or email

hhap@health.nyc.gov for more information.

Services are provided in English and Spanish.



Korean Community Services



Tobacco Cessation Navigation Program



325 West 38 St., Suite 1210

New York, NY 10018



212-463-9685, ext. 200

Call for an appointment.

Telephone cessation services and nicotine medications are provided in collaboration with the Asian Smokers' Quitline.

Services are provided in Korean and English.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation



Memorial Sloan-Kettering (MSK) Cancer Center



Tobacco Treatment Program



641 Lexington Ave., Seventh Floor



New York, NY 10022

212-610-0507



Call for an appointment to discuss cessation options. Telemedicine services are available. MSK providers will prescribe quitting medications, which are usually covered by health insurance.

Services are provided in multiple languages.



Memorial Sloan-Kettering, Ralph Lauren Center, Harlem



1919 Madison Ave.



New York, NY 10027



212-987-1777

Call for more information. Counseling is available in person, by phone and through telemedicine. MSK providers can prescribe cessation medications, which are usually covered by health insurance.

Services are provided in English and Spanish as well as through interpreter services.

Mount Sinai

Margarita Camche Smoking Cessation Clinics

For both programs below, counseling and prescriptions are available. Most insurance plans are accepted; a sliding fee scale is available for uninsured patients.

Services are provided in English and Spanish.



Mount Sinai West



1000 10th Ave. (at W. 59th St.)



New York, NY 10019

212-523-6056

Call for an appointment.



Mount Sinai Morningside



1111 Amsterdam Ave. (at W. 114th St.)



New York, NY 10025

212-523-4410

Call for an appointment.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Manhattan



NewYork-Presbyterian Hospital/Columbia Campus Ambulatory Care Network Tobacco Cessation Program

21 Audubon Ave.
New York, NY 10032
347-266-7441

Call for an appointment.

Most Medicaid and Medicare Plans are accepted.

For details, visit nyp.org and search for
“ambulatory network participating plans.”

Services are provided at multiple sites.

Services are provided in English and Spanish.



NewYork-Presbyterian Hospital/Cornell Campus Ambulatory Care Network Tobacco Cessation Program

505 E. 70 St., Helmsley Tower, Fourth Floor
New York, NY 10021

Call for an appointment: 212-746-2900, option 1.

Most Medicaid, Medicare and commercial
plans are accepted.



NYC Health+Hospitals/Bellevue Smoking Cessation Program

462 First Ave.
New York, NY 10016
212-562-8710

Call for an appointment.

Interpreter services are available.



NYC Health+Hospitals/ Gotham Health Sydenham Health Center

264 W. 118th St.
New York, NY 10026
212-932-6336

Call for an appointment.

Same-day appointments are available.

Services are provided in English and Spanish.

Legend

 Individual
Counseling

\$\$ Charges a Fee

V Vaping Cessation

 Telephone Counseling

 Group Counseling
or Support Group

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or Telemedicine



Dyckman Family Health Center



175 Nagle Ave. (at 200th St.)



New York, NY 10034



212-544-2001

Call for an appointment.

Services are provided in English and Spanish.



Gouverneur



227 Madison St., Second Floor



New York, NY 10002



212-441-5391 or 212-238-8130

Get referred through a Gouverneur Hospital provider.

Services are provided in English, Spanish, Bengali, Cantonese and Mandarin.



NYC Health+Hospitals/Harlem



Smoking Cessation Program



46 W. 137th St.

Third Floor Medicine Clinic

New York, NY 10037

212-939-8222

Walk-in appointments are available Monday to Friday, 8 a.m. to 4 p.m.

Services are provided in English and Spanish.



**NYC Health+Hospitals/
Metropolitan**



Smoking Cessation Program



1901 First Ave.

New York, NY 10029

212-423-6510 or 212-423-6511

Get referred through a Metropolitan Hospital provider.

Services are provided in English and Spanish.



NYU Langone Health



530 First Ave.

New York, NY 10016

855-NYU-QUIT (855-698-7848)

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Queens



Charles B. Wang Community Health Center



Smoking Cessation Program



136-26 37th Ave.

Flushing, NY 11354

718-661-6040

Call for an appointment for free in-person or telephone cessation services.

Services are provided in English, Mandarin, Cantonese and Toishanese.



Flushing Hospital Medical Center



Stop Smoking Program



4500 Parsons Blvd.

Flushing, NY 11355

718-206-8494 or 718-670-3115

Call for an appointment.

The program is provided in English and Spanish.



Jamaica Hospital Medical Center



Stop Smoking Program



134-20 Jamaica Ave.

Jamaica, NY 11418

718-206-8494

Call for an appointment.

The program is provided in English and Spanish.



Korean Community Services



Tobacco Cessation Navigation Program



203-05 32nd Ave.

Bayside, NY 11361

(718) 939-6137

Call for an appointment.

Telephone cessation services and nicotine medications are provided in collaboration with the Asian Smokers' Quitline.

Services are provided in Korean and English.



NYC Health+Hospitals/Queens



Smoking Cessation Program



82-68 164th St.

Jamaica, NY 11432

718-883-3774

Call for an appointment.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Staten Island



Richmond University Medical Center



V Tobacco Cessation Program

355 Bard Ave.

Staten Island, NY 10310

718-818-2391

A free program is available.

Call for an appointment.

Regional



Montefiore Health System



Tobacco Cessation Program



3 Executive Blvd.

Yonkers, NY 10701

914-354-5604

healtheducation@montefiore.org

Request a referral to affiliated services in the Bronx and Westchester County from a Montefiore provider.



Northwell Health Center for Tobacco Control



225 Community Dr., South Entrance

Great Neck, NY 11021



516-466-1980



Individual counseling, support groups, or telehealth services and medications are provided at no cost. Call to enroll or for more information.



Other Resources



New York State Smokers' Quitline



Enroll to talk to a Quit Coach and apply for a free starter kit of nicotine medications.



V Visit nysmokefree.com or call 866-NY-QUITS (866-697-8487).

Legend



*Individual
Counseling*



Telephone Counseling



*Free or Low-Cost
Medications*



Charges a Fee



*Group Counseling
or Support Group*



*Video Counseling
or Telemedicine*



Vaping Cessation

Other Resources

GetCoveredNYC

Need health insurance to cover treatment? Get free enrollment assistance to sign up for low- or no-cost health insurance, including Medicaid. Call **311** or visit nyc.gov/health/healthcoverage to connect with an enroller.



This is Quitting



For help quitting vaping, teens and young adults (ages 13 through 24) can text “DROPTHEVAPE” to 88709 to join a texting support program. Parents can also text “QUIT” to 202-899-7550 to receive daily advice to help youth quit.

Visit truthinitiative.org/about-this-is-quitting to learn more.



American Lung Association



Telephone counseling and an online Freedom From Smoking program are available.



Visit lung.org/quit-smoking or call 800-LUNG-USA (800-586-4872).



Asian Smokers' Quitline (ASQ)



For free resources, self-help materials and nicotine patches, call 800-838-8917 (Chinese), 800-556-5564 (Korean) or 800-778-8440



(Vietnamese), Monday to Friday, 10 a.m. to midnight, or visit asiansmokersquitline.org.



Counseling provided in Cantonese, Mandarin, Korean and Vietnamese.



National Cancer Institute



To speak with a trained smoking cessation specialist, call 877-448-7848, Monday to Friday, 9 a.m. to 9 p.m., or visit smokefree.gov/tools-tips/speak-expert.



Services are provided in English and Spanish.



National Cancer Institute: QuitVET



QuitVET serves military veterans who receive health care through Veterans Affairs.



The program includes counseling and follow-up calls. Counselors are available

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Other Resources

Monday to Friday, 9 a.m. to 9 p.m. Call 855-QUIT-VET (855-784-8838) or visit mentalhealth.va.gov/quit-tobacco.
Services are provided in English and Spanish.



Nicotine Anonymous

Group meetings are held at Holy Name of Jesus Church, at 207 W. 96th St. in Manhattan, on Mondays at 6 p.m. and Thursdays at 7:30 p.m. For more information, call 212-864-4854. For information about the New York Metropolitan Area Intergroup meeting, call 631-665-0527 or visit nymainica.org. For information about the national program, visit nicotine-anonymous.org or call 877-TRY-NICA (877-879-6422).



NYC BigAppleRx Prescription Discount Card



This card provides discounts on tobacco treatment medications. Prescriptions are required for all medications, including over-the-counter medications. For more information, call 888-454-5602 or **311**, or visit BigAppleRx.com.



Smoke-Free NYCHA



This program provides public housing residents with free support to quit or cut back on their tobacco use, connections to other wellness resources and education on NYCHA's smoke-free policy. For more information, visit on.nyc.gov/nycha-smoke-free or email smoke-free@nycha.nyc.gov.

Not ready to quit?

No matter what your goals are, treatment options are available. Learn more about how medications can help you cut back or stay smoke-free in places and situations where smoking is not allowed: Call **311**, or visit nyc.gov/health and search for “coping with nicotine withdrawal.”

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



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Vaping Cessation

**Each time you
reach out for help,
you make progress.**