

What You Need to Know After Getting Your Johnson & Johnson/Janssen COVID-19 Vaccine



**NYC VACCINE FOR ALL:
SAFE, FREE, EASY**

nyc.gov/covidvaccine

Before you leave the vaccination site:

Make sure you get a vaccination card with the name of the vaccine you got and date you received it. Take a picture or make a copy of it, and keep the original in a safe place.

How many doses of Johnson & Johnson vaccine do I need?

If you received one dose of the Johnson & Johnson vaccine, a booster shot is recommended at least two months after the initial dose. Choose Pfizer or Moderna for your booster shot.

What are the side effects of the vaccine?

Common side effects are soreness or swelling where you got the shot, headache, body aches, tiredness and fever. Side effects are less common in older adults and usually:

- Are mild to moderate and last about one to two days
- Start within the first three days after vaccination (the day after is most common)

What should I do if I have side effects?

Call your health care provider if you have side effects that concern you or do not go away after a few days, or if the redness or soreness where you got the shot increases after 24 hours. Talk to your provider about taking an over-the-counter medicine such as acetaminophen (Tylenol) or ibuprofen (Advil).

You can report side effects through the Centers for Disease Control and Prevention's (CDC) v-safe smartphone tool at vsafe.cdc.gov. You can also report side effects to the Vaccine Adverse Event Reporting System (VAERS), managed by the CDC and Food and Drug Administration, at vaers.hhs.gov/reportevent.html or by calling 800-822-7967. The information you report will be kept confidential.

Is it possible to have an allergic reaction to the vaccine?

Allergic reactions to the shot are rare and generally start within a few minutes to one hour of getting the shot. Signs of a severe allergic reaction include difficulty breathing, swelling of the face and throat, fast heartbeat, a rash all over your body, dizziness and weakness. If you think you are having a severe allergic reaction, call **911** or go to the nearest hospital.

When does the vaccine start working?

You are considered up to date with your vaccines after one dose of Johnson & Johnson and a booster shot.

Will I be billed for the vaccine or health care visit?

No. If you have insurance, it may be billed, but you will not be charged a copay or any other fee for the vaccine.

There is a small risk of a rare type of blood clot from the vaccine. Get medical care right away if you have any of these symptoms within three weeks of vaccination:

- Shortness of breath
- Chest pain
- Leg swelling
- Lasting abdominal pain
- Severe or lasting headache
- Blurred vision
- Bruising easily
- Tiny red spots under the skin beyond the area of the injection site

There is a small risk of Guillain-Barré syndrome (a condition that damages nerve cells), usually within six weeks of getting the vaccine. Get medical care right away if you have any of these symptoms after getting the vaccine:

- Weakness or tingling, especially in the legs or arms, that gets worse or spreads to other parts of the body
- Trouble walking
- Trouble moving your face, such as when speaking, chewing or swallowing
- Double vision (seeing two images of an object) or being unable to move your eyes
- Trouble with bladder control or bowel function

Tell the health care provider you received the Johnson & Johnson vaccine.

Is my personal information protected?

Your personal information is confidential and protected. Basic information about you (such as your name, address, phone number, date of birth, race and ethnicity, vaccination date, and vaccine received) will be shared with the New York City Department of Health and Mental Hygiene (NYC Health Department) as required by law.

Can I stop taking other COVID-19 precautions after I am vaccinated?

Once up to date with your vaccines, we recommend you wear a high-grade, well-fitting mask in indoor public settings. Follow the mask requirements of any place you go, such as a business, school or workplace, and while on public transportation.

Where can I get
more information?



NYC Health Department:
nyc.gov/covidvaccine

New York State Department of Health:
covid19vaccine.health.ny.gov

CDC:
cdc.gov/covidvaccine



What if I have other questions?
Call your provider or **311**.



The NYC Health Department may change
recommendations as the situation evolves. **2.16.22**