

Klinik pou Swen Apre COVID yo

Gen moun ki te gen COVID-19 ki kontinye gen pwoblèm sante pandan plizyè semèn oswa pandan plizyè mwa apre premye maladi yo an. Yo rele sa **sendwòm egi apre COVID-19, ke yo rele tou COVID pwolonje oswa COVID kwonik**. COVID pwolonje a gen ladan yon bann nouvo sentòm k ap plede retounen oswa ki pa janm sispann ke moun kapab genyen lè yo fin trape COVID-19.¹ Pasyan ki gen COVID pwolonje yo souvan santi fatig, difikilte panse (bwouya nan sèvo), ak sentòm nan kè ak poumon, nan vant ak trip, ak nan sante mantal. Plizyè lopital nan Vil New York (New York City, NYC) genyen klinik ki espesyalize nan bay swen nan kad suivi pou moun ki te genyen COVID-19. Klinik pou swen apre COVID yo mete ansanm ekip klinik ki gen espesyalite diferan (tankou nemoloji, kadyoloji, reyabilitasyon, newoloji ak sante mantal) pou bay tretman jeneral. Genyen tou klinik pou reyabilitasyon ak terapi fizik ki gen sèvis espesyalize pou moun ki ap rekipere anba COVID-19 yo.

Anba la a genyen yon lis klinik pou swen apre COVID-19 nan NYC pou pasyan yo ki genyen pwoblèm sante ki pèsiste apre maladi COVID-19 ak pwofesyonèl yo pou refere pasyan ki bezwen swen espesyalize. Se pa yon lis konplè tout pwofesyonèl ak klinik ki ofri swen espesyalize apre COVID.

Sèvis yo nan NYC Health + Hospitals (H+H), sa gen ladan lokal H+H yo ki nan lis ki pi ba a, disponib pou tout moun New York kèlkeswa kapasite yo pou peye, kouvèti asirans yo, oswa sitiyasyon imigrasyon yo. Tanpri verifye ak lòt etablisman ki nan lis ki pi ba a pou jwenn enfòmasyon sou fòm asirans yo aksepte, sou disponibilite barèm pri pou pasyan ki pa gen asirans, ak sou èske ou dwe gen referans.

| Sistèm Sante a | Non Klinik la | Adrès | Kontak | URL |
|---|---|--|--|---|
| Bronx | | | | |
| BronxCare Health System (anvan sa Bronx Lebanon) | Post-COVID Care Clinic | Pulmonary Clinic 199 Mount Eden Ave. 7th Floor, Bronx, NY 10457 | 718-992-7669 | bronxcare.org |
| Health + Hospitals | NYC Health + Hospitals/Gotham Health, Tremont COVID-19 Center of Excellence | 1920 Webster Ave., Bronx, NY 10457 | 844-692-4692 oswa 212-268-4319 | nychealthandhospitals.org/covid-19-center-of-excellence |

¹Sant pou Kontwòl ak Prevansyon Maladi (Centers for Disease Control and Prevention, CDC). "Long COVID or Post-COVID Conditions" (COVID Pwolonje oswa Pwoblèm Sante Apre COVID). Dènye konsiltasyon 24 me 2022. [cdc.gov/coronavirus/2019-ncov/long-term-effects/index.html](https://www.cdc.gov/coronavirus/2019-ncov/long-term-effects/index.html)

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| Montefiore Health System | COVID-19 Recovery (CORE) Clinic | Medical Arts Pavilion 3400 Bainbridge Ave. Second Fl., Bronx, NY 10467 | 844-556-6683 Ekstansyon #36 | einsteinmed.edu/departments/medicine/divisions/pulmonary-medicine/CORE.aspx |
| Brooklyn | | | | |
| Health + Hospitals | NYC Health + Hospitals/Gotham Health, Broadway COVID-19 Center of Excellence | 815 Broadway Brooklyn, NY 11206 | 844-692-4692 oswa 212-268-4319 | nyhealthandhospitals.org/covid-19-center-of-excellence |
| Maimonides Medical Center | Maimonides Center for Post-COVID Care | 948 48th St., Brooklyn, NY 11219 | 718-283-5815 oswa 718-283-8328 | postcovidcarecenters.org |
| | Shaknovich Cardiovascular Wellness Institute | 3209 Coney Island Ave., Brooklyn, NY | 718-635-5577 | |
| | Maimonides Children's Hospital Post-COVID Recovery Program | 949 48th St., Brooklyn, NY 11219 | 718-283-1244 | |
| | Maimonides Center for Post-COVID Care | 4813 Ninth Ave., Brooklyn, NY 11206 | 718-283-5815 | |
| Queens | | | | |
| Health + Hospitals | NYC Health + Hospitals/Gotham Health, Roosevelt COVID-19 Center of Excellence | 37-50 72nd St., Jackson Heights, NY 11372 | 844-692-4692 oswa 212-268-4319 | nyhealthandhospitals.org/covid-19-center-of-excellence |

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| Medisys Health Network: Jamaica/Flushing Hospitals | Post-COVID Care Center | MediSys-Hollis Tudors Clinic 200-16 Hollis Ave., St. Albans, NY 11412 | 718-736-8204 | jamaicahospital.org/post-covid-care-center flushinghospital.org/clinical-services/post-covid-care-center |
| Northwell Health | COVID Ambulatory Resource Support (CARES) | Divè̀s lokal ak opsyon vityè̀l | 855-569-4227 | northwell.edu/coronavirus-covid-19/cares-program |
| Manhattan | | | | |
| Mount Sinai Health System | Center for Post-COVID Care | Mount Sinai-Union Square 10 Union Square East New York, NY 10003 | 212-844-6300 | mountsinai.org/about/covid19/center-post-covid-care |
| H&D Physical Therapy | COVID Rehab Clinic at H&D Midtown | 815 Second Ave. #701 (nan E. 43rd St), New York,10017 | 212-921-0214 consult@covidpt.org | hdphysicaltherapy.com/post-covid pulmonarywellness.org/covid-bootcamp |
| New York Presbyterian Health System | Weill Cornell Post-ICU Recovery Clinic and Pulmonary Clinic | 425 E. 61st St. 11th Floor (apre Swen Entansif)/Fourth Floor (poumon), New York, NY 10065 | 646-962-2333 (poumon) rehab@med.cornell.edu | weillcornell.org/post-icu-recovery-clinic weillcornell.org/wcm-pulmonary |
| | CUMC COVID-19 Rehabilitation Program | 180 Fort Washington Ave. First Floor, Suite 199 New York, NY 10016 | 212-305-3535 rehabmed_help@cumc.columbia.edu | cumc.columbia.edu/rehab/patient-resources/covid-19-rehabilitation-program |
| NYU Langone Health | Rusk Rehab at NYU Langone Health | 240 E. 38th St. 15th Fl., New York, NY 10016 | 212-263-6037 | med.nyu.edu/rusk/rusk-rehab-nyu-langone-health |

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| Northwell Health | COVID Ambulatory Resource Support (CARES) | Divès lokal ak opsyon vityèl | 855-569-4227 | northwell.edu/coronavirus-covid-19/cares-program |
| Staten Island | | | | |
| Richmond University Medical Center | Post-COVID-19 Care Center | 288 Kissel Ave., Staten Island, NY 10310 | 718-818-1500 | rumcsi.org/postcovidcare |
| Northwell Health | Staten Island University Hospital Post-COVID Recovery Center | 475 Seaview Ave., Staten Island, New York 10305 | 718-226-6494 | siuh.northwell.edu/post-covid-recovery-center |
| Divès Lokal Nan ak Andeyò NYC | | | | |
| Motion PT Recovery | Post-Acute COVID Recovery Program Clinics | Divès lokal ak opsyon vityèl | 347-745-0122 | motionptg.com/post-covid-recovery-program |
| Mount Sinai Trusted Rehabilitation Network | Post-COVID Rehabilitation Clinics* | Divès lokal, opsyon vityèl ak adomisil | 646-689-3276 | mountsinai.org/care/rehab-medicine/services/physical-occupational-therapy/provider-network *Yo pral mansyone klinik yo kòm antrene pou COVID. |
| SPEAR Physical Therapy | COVID-19 Rehabilitation Therapy | Divès Lokal | 646-528-5554 | spearcenter.com/service/covid-rehab-breathing-exercises |
| NYC Langone Health | NYU Post-COVID Care Program | Divès Lokal | 212-263-6115 | nyulangone.org/locations/post-covid-care-program |
| New York Presbyterian Health System | Columbia Primary Care Post-COVID Care Program | Divès Lokal | 844-387-2273 | columbiadoctors.org/specialties/primary-care/post-covid-care |