

# NYC Coalition to End Racism in Clinical Algorithms Meeting 6



**Michelle E. Morse, MD, MPH**

Chief Medical Officer

Deputy Commissioner, Center for Health Equity and Community Wellness

New York City Department of Health and Mental Hygiene

# Agenda

**01 Welcome**

**02 Institute for Healing and Justice in  
Medicine**

**03 National Kidney Foundation**

**04 5-minute Break**

**05 Breakout Groups by Algorithm**

**06 Closing + Next Steps**

## ***Updates:***

- New Senior Medical Advisor: Toni Eyssallenne, MD, PhD
- CERCA Report is out!
- Status of CERCA deliverables:
  - 5 members submitted final evaluation plans
  - 5 members submitted final work plans
  - OBH only member to submit both final deliverables!
- ATS letter and petition

# **Institute for Health and Justice in Medicine**



# **INSTITUTE FOR HEALING AND JUSTICE IN MEDICINE**

THE HUB

# Our Origin Story & Positionality

3 students of medicine and public health at the UC Berkeley-UCSF Joint Medical Program who wrote a report that blossomed into an interdisciplinary grassroots organizing and advocacy network.



Noor Chadha



Bernadette "Bernie" Lim



Madeleine "Maddy" Kane

# Toward the Abolition of Biological Race in Medicine

Transforming Clinical Education, Research, and Practice

Noor Chadha, Bernadette Lim, Madeleine Kane, and Brerly Rowland



# Core Organizers



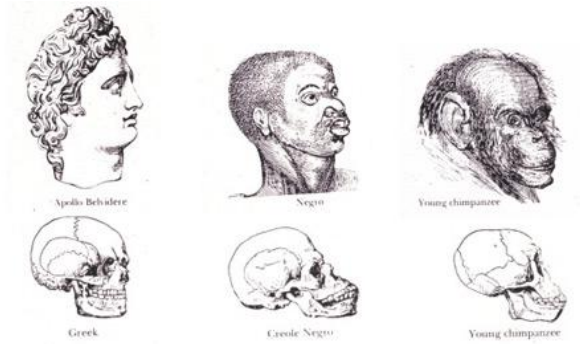


# Our Mission

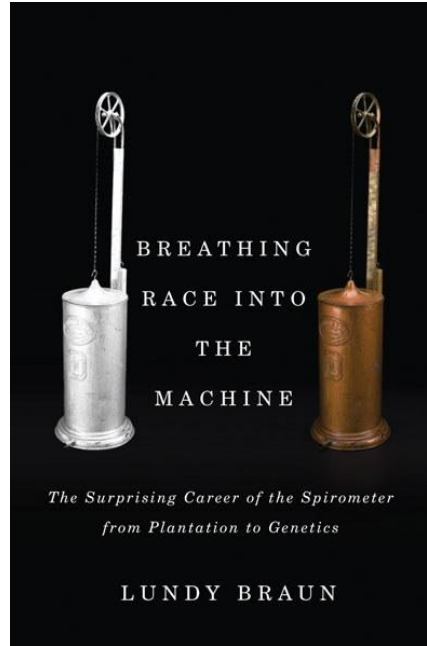
We center around **sharing and uplifting perspectives** (narratives, experiences, research, and other works) **related to healing, social justice, and community activism in Western medicine and public health.**

We foster space for **vibrant dialogue and debate**, consciousness-raising, and movement building, seeking to sharpen our collective analysis and develop methods to critique structures of power in medicine through community scholarship and solidarity.

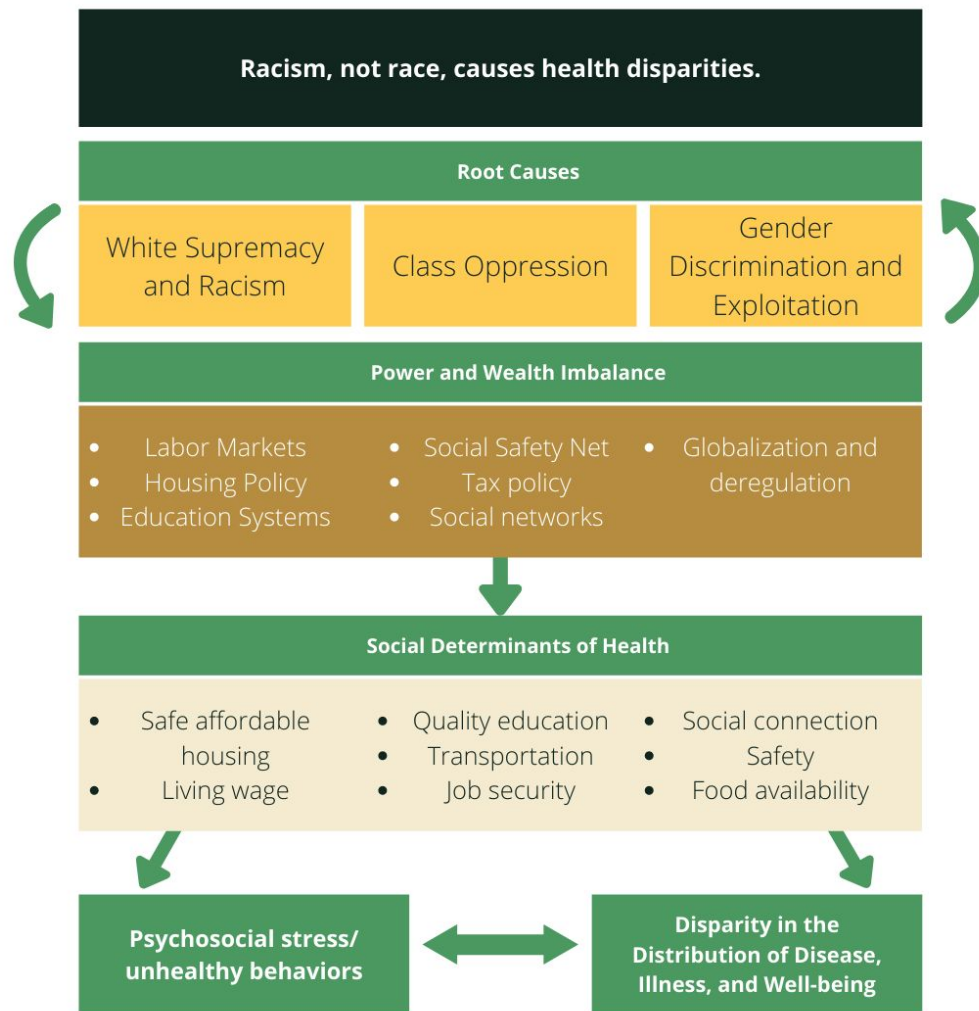
# RACISM HAS BEEN HISTORICALLY CODIFIED IN SCIENCE AND MEDICINE



People	Cranial capacity (in <sup>3</sup> )
Modern Caucasians	87
Native Americans	86
Mongolians	85
Malays	85
Ancient Caucasians	84
Africans	83



**THE CONCEPTUALIZATION OF RACE AS BIOLOGY IS ROOTED IN COLONIZATION**



Graphic adapted from Dr. Joia Crear-Perry, who adapted from R. Hofrichter

# Race-Based Medicine: Examples

	How race is used	Rationale for race-based management	Potential harm	Race-conscious approach
eGFR <sup>6</sup>	eGFR for Black patients is multiplied by 1.16–1.21 the eGFR for White patients, depending on the equation used	Black patients are presumed to have higher muscle mass and creatinine generation rate than patients of other races	Black patients might experience delayed dialysis and transplant referral <sup>8,9</sup>	Use eGFR equations that do not adjust for race (eg, CKD-EPI Cystatin C) <sup>10</sup>
BMI risk for diabetes <sup>7</sup>	Asian patients considered at risk for diabetes at BMI $\geq 23$ vs 25 for patients of other races	Asian patients are presumed to develop more visceral than peripheral adiposity than patients of other races at similar BMI levels, increasing risk for insulin resistance <sup>7</sup>	Asian patients screened for diabetes despite absence of other risk factors might experience increased stigma and distrust of medical providers <sup>11</sup>	Screen patients with lower BMIs on the basis of indications of increased body fat (eg, body roundness, <sup>12</sup> body not based on race
FRAX <sup>13</sup>	Probability of fracture is adjusted according to geography or minority status, or both	Different geographical and ethnic minority populations are presumed to have varied relative risks for fracture on the basis of epidemiological data	Some populations, including Black women, might be less likely to be screened for osteoporosis than other populations <sup>14</sup>	Screen patients for osteoporosis on the basis of clinical risk factors rather than race; correct for existing biases that might lead to patients at risk being overlooked by essentialist beliefs in bone density <sup>15</sup>
PFT <sup>16</sup>	Reference values for pulmonary function are adjusted for race and ethnicity	Racial and ethnic minority groups are presumed to have varied lung function on the basis of epidemiological data	Black patients might experience increased difficulty obtaining disability support for pulmonary disease <sup>17</sup>	Use unadjusted measures of lung function for all patients to counteract existing biases that might lead to harm Black patients by racial essentialist beliefs in variation in lung capacity
JNC 8 Hypertension Guidelines <sup>19</sup>	Treatment algorithm provides alternate pathways for Black and non-Black patients	ACE-inhibitor use associated with higher risk of stroke and poorer control of blood pressure in Black patients than in patients of other races	Black patients might be less likely to achieve hypertension control and require multiple antihypertensive agents <sup>20</sup>	Consider all antihypertensive options for blood pressure control in Black patients; avoid ACE-inhibitors to achieve goals and manage adverse effects

MEDICINE AND SOCIETY

Debra Malina, Ph.D., Editor

## Hidden in Plain Sight — Reconsidering the Use of Race Correction in Clinical Algorithms

Darshali A. Vyas, M.D., Leo G. Eisenstein, M.D., and David S. Jones, M.D., Ph.D.

Physicians still lack consensus on the meaning of race. When the *Journal* took up the topic in 2019, diagnostic algorithms and practice guidelines that adjust or “correct” their outputs on the basis of race. Physicians use these algorithms to assess risk and guide decisions. By embedding race into clinical decisions of health care, these algorithms perpetuate race-based medicine. Many algorithms guide decisions that direct more attention or resources than to members of racial minorities. The potential dangers of such algorithms are compiled in a partial list of race-based medicine (Table 1). We explore several of these dangers in this special issue.

**Toward the Abolition of Biological Race in Medicine**  
Transforming Clinical Education, Research, and Practice  
Noor Chadha, Bernadette Lim, Madeleine Kane, and Brenly Rowland

**KFF** Filling the need for trusted information on national health issues

## Use of Race in Clinical Diagnosis and Decision Making: Overview and Implications

Michelle Tong and Samantha Artiga

Published: Dec 09, 2021

ISSUE BRIEF | APPENDIX

### Introduction

Despite race being a socio-political system of categorization without a biologic basis, race and continues to play a role in medical teaching and clinical decision making within health care. It permeates clinical decision making and treatment in multiple ways, including: (1) through attitudes and implicit biases, (2) disease stereotyping and clinical nomenclature, and (3) clinical algorithms, tools, and treatment guidelines. While some diseases have higher prevalence in certain racial groups, genetic ancestry is poorly correlated with comorbidities.

# From Race-Based to Race-Conscious Medicine

## Race-Based Medicine:

Attribution of differences in the natural history and epidemiology of disease to biological differences between races; and the ideology surrounding such a practice.

Treats race as a discrete, constant, and categorical variable

Views race as a risk factor and ignores disparities engendered by racism

Provides false sense of attention to health equity

## Race Conscious Medicine:

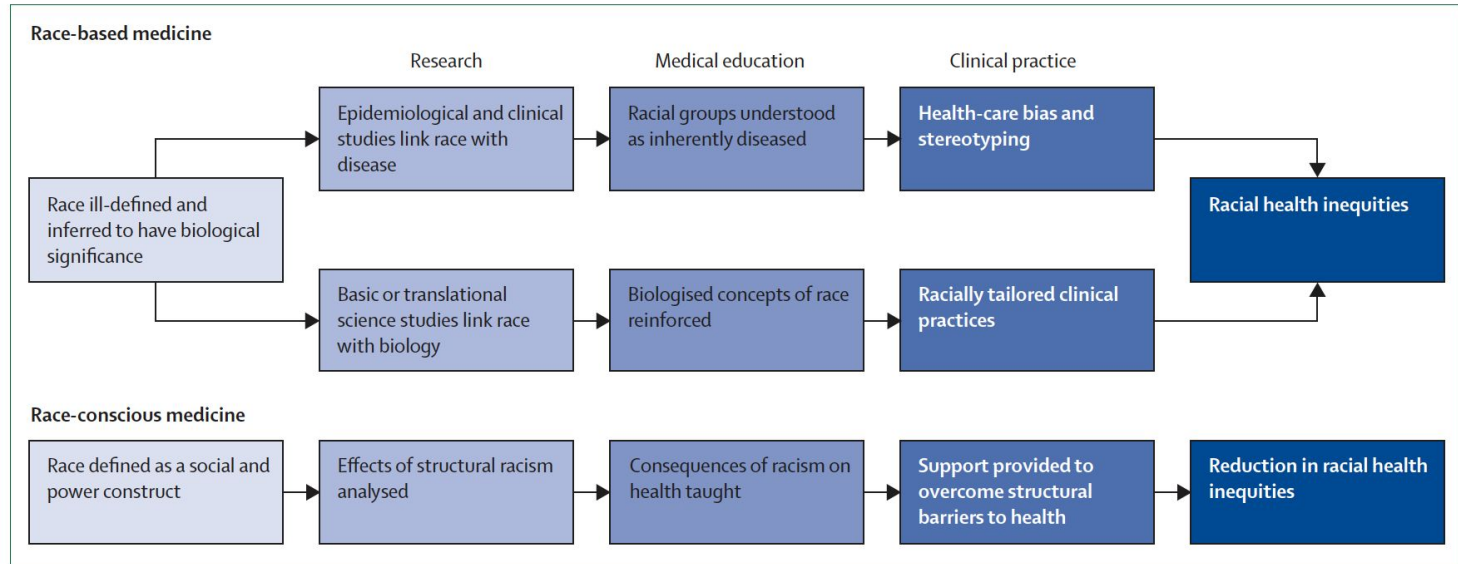
Attribution of differences in the natural history and epidemiology of disease to differences in access, treatment, opportunities, exposures, and experiences of racial and ethnic minorities due to racism

Acknowledges race as contrived, continuous, fluid, and unscientific

Views racism as a root cause operating through structural mechanisms

Emphasizes health equity, centering

# Race Conscious Medicine



**Figure: How race-based medicine leads to racial health inequities**

An alternative approach to race-conscious medicine; defined as medical practice and pedagogy that accounts for how structural racism determines illness and health.





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# Interdisciplinary Working Groups



# Highlights

## Policy Advocacy:

- Informal advocacy for AMA position statements
- Commentary and responses submitted for Ways & Means Committee, AHRQ, etc.
- Organizing testimony at NKF forum on eGFR
- National petitions & institutional-level petitions

## Tools created:

- Teach-ins
- eGFR implementation & advocacy toolkit
- eGFR patient- and clinician-aimed infographics

## Networks & Connections:

- Many (many!) media-based pieces across local & national news outlets (NPR, Consumer Reports, op eds, etc.)
- Interdisciplinary efforts:
  - lawsuit, Epic engagement, lab medicine, pharmacy
- Many more informal connections for research, mentorship & advocacy



# INSTITUTE FOR HEALING AND JUSTICE FALL TEACH-OUT SERIES

centering student activism & interdisciplinary collaboration



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## ADVOCACY TO ABOLISH RACE-BASED MEDICINE

# REMOVING RACE FROM eGFR

RSVP AT  
INSTITUTEFORHEALINGANDJUSTICE.ORG/EG

TUESDAY, AUGUST 18  
4:30-6:30 PM PST | 7:30-9:30 PM EST

learn about institution-specific activism from trainees and faculty  
uc san francisco, university of washington, brown, vanderbilt, &

resource-share and organize for local action in facilitated small g

zoom link sent upon rsvp

### Trainee Perspectives on Race, Antiracism, and the Path toward Justice in Kidney Care

Anna S. Heffron<sup>1</sup>, Rohan Khazanchi<sup>2,3</sup>, Naomi Nkinsi<sup>4,5</sup>, Joel A. Bervell<sup>6</sup>, Jessica P. Cerdeña<sup>6,7</sup>, James A. Diao<sup>8</sup>,  
Leo Gordon Eisenstein<sup>9</sup>, Nali Julia Gillespie<sup>10</sup>, Natasha Hongsemeier-Graves<sup>2,11</sup>, Maddy Kane<sup>12</sup>, Karampreet Kaur<sup>13</sup>,  
Luis E. Seija<sup>14</sup>, Jennifer Tsai<sup>15</sup>, Darshali A. Vyas<sup>16</sup>, and Angela Y. Zhang<sup>17</sup>  
CJASN 17: 1251-1254, 2022. doi: <https://doi.org/10.2215/CJN.02500222>

#### Introduction

In 1999, researchers introduced a Black race coefficient of 1.21 to the estimated glomerular filtration rate (eGFR) on the basis of the observation that participants who self-identified as Black had a 21% higher measured GFR after controlling for age, sex, and serum creatinine than those who did not self-identify as Black. Use of this coefficient mitigated underestimation bias among Black individuals and overestimation bias among non-Black individuals in the study population, but did not consider confounding from socioeconomic

examples of trainee contributions in Figure 1. We came to this work from a variety of perspectives, often experiencing the health consequences of race-based medicine ourselves or through our family members, friends, communities, and patients. As newcomers to medicine, we perceived a troubling discordance between stated priorities—of equity and rigorous scientific evidence as the basis of clinical decisions—and actual clinical practice. Inadequate explanations, perceptive mentors, and existing antiracist literature propelled us toward advocacy.

[ajog.org](http://ajog.org)

Clinical Opinion

### Toward the elimination of race-based medicine: replace race with racism as preeclampsia risk factor

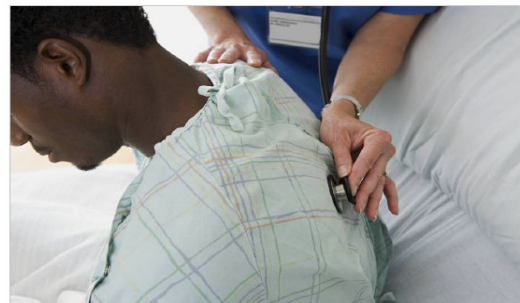
Erinma P. Ukoha, MD, MPH; Michael E. Snavey, MD; Monica U. Hahn, MD, MPH, MS;  
Jody E. Steinauer, MD, PhD; Allison S. Bryant, MD, MPH

#### Introduction

Racial health inequities in pregnancy-related morbidity and mortality are drastic and particularly affect birthing people who identify as Black.<sup>1-3</sup> Black birthing people in the United States are 3 to 4 times more likely to die from complications related to pregnancy than their White counterparts.<sup>4</sup> Based on this increased morbidity and mortality, obstetrical preventive clinical guidelines identify Black race as a risk factor for death and disease, despite the current scientific consensus that race is a sociopolitical construct that has no biological or genetic basis.<sup>5-8</sup> For example, systematic reviews of the literature have found that pregnant

Pregnancy-related morbidity and mortality continue to disproportionately affect birthing people who identify as Black. The use of race-based risk factors in medicine exacerbates racial health inequities by insinuating a false conflation that fails to consider the underlying impact of racism. As we work toward health equity, we must remove race as a risk factor in our guidelines to address disparities due to racism. This includes the most recent US Preventive Services Taskforce, American College of Obstetricians and Gynecologists, and Society for Maternal-Fetal Medicine guidelines for aspirin prophylaxis in preeclampsia, where the risk factor for “Black race” should be replaced with “anti-Black racism.” In this commentary, we reviewed the evidence that supports race as a sociopolitical construct and the health impacts of racism. We presented a call to action to remove racial determination in the guidelines for aspirin prophylaxis in preeclampsia and more broadly in our practice of medicine.

**Key words:** aspirin prophylaxis, health inequities, maternal morbidity and mortality, obstetrical outcomes, preeclampsia, race-based medicine, racism



Doctors should educate themselves toward ending manifestations of race-based medicine. (Courtesy photo)

## Abolish race-based medicine in kidney disease and beyond

COMMUNITY CONTRIBUTOR / Nov. 27, 2019 1:30 a.m. / OPINION

Racism in health care made headlines last month when it was revealed that a prominent algorithm, used widely in hospitals across the U.S. to manage and allocate health care, has been systematically relegating black patients to decreased access and poorer quality of care. While some scientists are shocked that an algorithm that set out to be “color blind” has led to racial inequity, blatant examples of race-based medicine leading to unequal treatment are commonplace.

## Why was a race coefficient included in GFR estimation equations in the past?

Analysis of the MDRD study in 1999 showed a discrepancy in kidney function between self-identified Black and non-Black participants.

The discrepancy was attributed to a biological difference, and the race coefficient was added, setting the standard for future studies.

For decades, inclusion of the race coefficient was questioned, but its use continued.



In 2021, the race coefficient was re-evaluated and removed. Race is a social construct, not a marker for biological function.

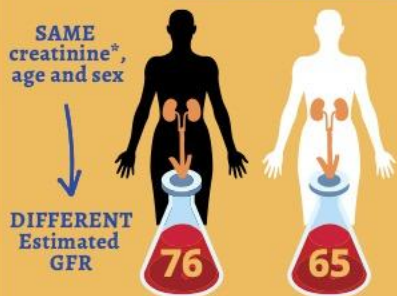
## Participant diversity

in eGFR studies.



## Outcome of estimates

that include race.



# Clinical Updates on eGFR

## Removal of "Correction" for Race



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## Who recommended removing race correction? Who advocated for this recommendation?



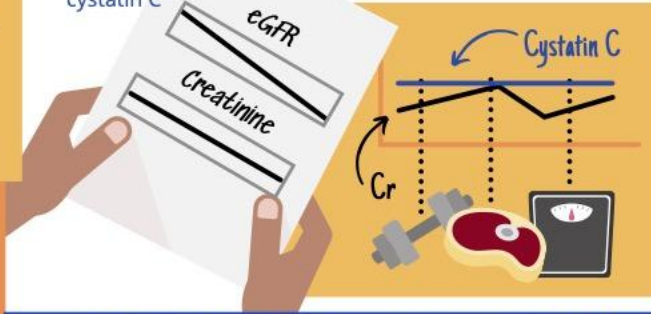
NATIONAL KIDNEY  
FOUNDATION



Patients and advocacy groups, nurses, medical students, trainees, clinical, biomedical and social scientists, lawyers, health informatics personnel and physicians advocated for many years to bring about the removal of race from eGFR.

## How will this affect my practice and my patients?

- A patient's eGFR may go up or down
- Check for a concurrent change in creatinine
- Consider a one-time cystatin C
- These changes will not disrupt patient care
- We recommend discussing the change with patients



## How did the inclusion of race impact patients?



Kidney function was often over-estimated for Black patients, leading to:

- Delays in diagnosis, nephrology referral and transplant
- Inappropriate dosing of medications

## 2021 CKD-EPI Equation without Race

$$eGFR_{1.73 m^2} = 142 * \min(\frac{Scr}{k}, 1)^{-0.724} * \max(\frac{Scr}{k}, 1)^{-1.200} * 0.9938^{Age} * 1.012 [if female]$$

## The updated equation will allow for\*\*:

- About 430,000 Black adults newly diagnosed with CKD
- About 29,000 more Black patients referred to a nephrologist for the first time
- About 3,200 more Black patients with timely access to transplant evaluation

SCAN TO  
LEARN MORE





## Why was a race correction included in estimated GFR (eGFR) equations in the past?

Analysis of the MDRD study in 1999 showed a difference in kidney function between self-identified Black and non-Black participants.

The difference was assumed to be biological, and the race correction factor was added to the eGFR equation. This set the standard for future studies.

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In 2021, the race factor was re-evaluated and removed. Race is a social construct, not a marker for biological function.

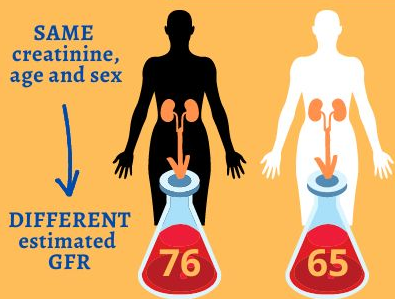
### Participant diversity

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# Updates on eGFR

## Removal of "Correction" Factor for Race



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### Who recommended removing race correction?

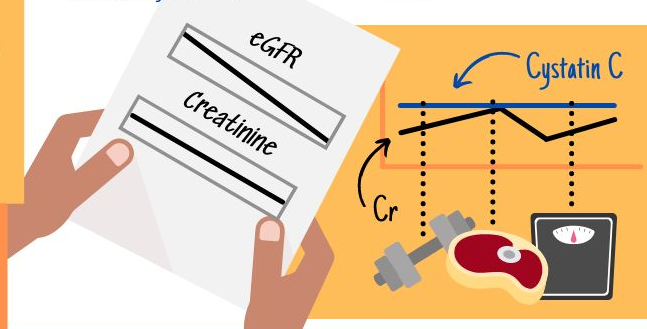
#### Who advocated for this recommendation?



Patients and advocacy groups, nurses, medical students, trainees, clinical, biomedical and social scientists, lawyers, health informatics personnel and physicians advocated for many years to bring about the removal of race from eGFR.

### How does this change affect me as a patient?

- Your eGFR may go up or down
- Doctors may check for a change in creatinine or test for cystatin C
- These changes will not disrupt your patient care
- We recommend discussing the change with your doctor



### How did the inclusion of race impact patients?



Kidney function was often over-estimated for Black patients, leading to:

- Delays in diagnosis, referral to kidney doctor and transplant
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### 2021 CKD-EPI Equation without Race

$$eGFR = 142 * \min(\frac{Scr}{K}, 1)^a * \max(\frac{Scr}{K}, 1)^{-1.200} * 0.9938^{Age} * 1.012 [if female]$$

### The updated equation will allow for\*:

- About 430,000 Black adults newly diagnosed with chronic kidney disease
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SCAN TO  
LEARN MORE



# ADVOCACY WORKS! ABOLITION OF RACE-BASED eGFR NATIONALLY, SEPTEMBER 2021



## NKF and ASN Release New Way to Diagnose Kidney Diseases

*Both Organizations Recommend Race-Free Approach to Estimate GFR*

**Sept. 23, 2021, New York, NY** – Today, the National Kidney Foundation (NKF) and the American Society of Nephrology (ASN) Task Force on Reassessing the Inclusion of Race in Diagnosing Kidney Diseases has released its final report, which outlines a new race-free approach to diagnose kidney disease. In the report, the NKF-ASN Task Force recommends the adoption of the new **eGFR 2021 CKD EPI creatinine equation that estimates kidney function without a race variable**. The task force also recommended increased use of cystatin C combined with serum (blood) creatinine, as a confirmatory assessment of GFR or kidney function. The final report, published today online in the *American Journal of Kidney Diseases (AJKD)* and the *Journal of the American Society of Nephrology (JASN)*, was drafted with considerable input from hundreds of patients and family members, medical students and other trainees, clinicians, scientists, health professionals, and other stakeholders to achieve consensus for an unbiased and most reasonably accurate estimation of GFR so that laboratories, clinicians, patients and public health officials can make informed decisions to ensure equity and personalized care for patients with kidney diseases.

NKF and ASN Recommend Race-Free Approach to Estimate GFR

# What's new

## **Patient integration in eGFR**

- Building connections with Advisory Councils, considering restructuring

## **PFT campaign**

- Launching Sept 29 in conjunction w/ CERCA advocacy

## **New working groups & initiatives**

- Weight Inclusive Healthcare
- THRIVE Magazine (Transforming Health and Reimagining Values in Equity)

## **Upcoming IHJM webinar Sept 29th**



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# *Weight Inclusive Healthcare Initiative*

*Are you passionate about combating weight  
bias & discrimination in the medical field?*

*Join our team as an organizer!*

## **EXPLORE:**

- Racism & eugenics of BMI
- Pathologization of size
- Food justice & disordered eating
- And more!

## **INTERESTED?**

RSVP at:  
[tinyurl.com/IHJMWorking  
Groups](https://tinyurl.com/IHJMWorkingGroups)







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# THRIVE MAGAZINE

TRANSFORMING HEALTH AND REIMAGING VALUES IN EQUITY

## INTEREST MEETING

THRIVE strives to create a digital record celebrating and uniting folx making healing and love central to their work. We are looking for those with experience in **graphic design, content sourcing, marketing, and change making** to join us!

9.22.2022

5PM PST/ 7PM CST/ 8PM EST

RSVP AT:

[TINYURL.COM/IHJMWORKINGGROUPS](https://tinyurl.com/IHJMWORKINGGROUPS)

## STATE OF HEALING & JUSTICE IN MEDICINE *PAST, PRESENT, FUTURE*

In May 2020, the Institute for Healing and Justice in Medicine was founded to bring together the thousands of people who engaged with our inaugural report, "Towards the Abolition of Biological Race in Medicine."



***Two years later, we invite you to join our founding members and working group leaders in discussing:***

- where we began
- what we have all accomplished as a community
- our visions for the future of medicine that is centered around healing and justice

**thursday, september 29, 2022**  
5:30 - 7:30 pm pst / 8:30-10:30 pm est

**RSVP at** [instituteforhealingandjustice.org](https://instituteforhealingandjustice.org)

People of all backgrounds and levels of knowledge about our work are welcome to join, whether you have long been part of our community or are hearing about us for the first time! Zoom link will be sent the week of the event.







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Thank you for being  
with us today!

[instituteforhealingandjustice.org](https://instituteforhealingandjustice.org)

# National Kidney Foundation



# Advancing Health Equity Through Patient Education & Engagement

A COLLABORATION



NATIONAL KIDNEY  
FOUNDATION®

## ALIGNED OBJECTIVES

# National Kidney Foundation's Commitment to Health Equity in a Clinical Setting

Since its founding in 1964, National Kidney Foundation (NKF) has served as a lifeline for all patients affected by kidney disease. While our mission has remained steadfast, our approach to delivering on that mission has kept pace with – and often driven – changes in the health care community to best meet the needs of the people we serve.

In 2021, NKF and the American Society of Nephrology (ASN) developed a joint task force to Reassess the Inclusion of Race in Diagnosing Kidney Diseases. The final report recommended the adoption of the new eGFR 2021 CKD EPI creatinine equation that estimates kidney function without a race variable. The task force also recommended increased use of cystatin C combined with serum (blood) creatinine, as a confirmatory assessment of GFR or kidney function. The final report, published online in the [\*American Journal of Kidney Diseases \(AJKD\)\*](#) and the [\*Journal of the American Society of Nephrology \(JASN\)\*](#), promotes a consistent method of diagnosing kidney diseases that is independent of race – as race, is a social, not a biological, construct.

## ALIGNED OBJECTIVES

# Collaboration to advance CERCA Objectives in Patient Education and Engagement

Supported by a national framework of resources and expertise, NKF-GNY provides education and support at the local level, serving the New York Metropolitan area with patient education programs, support, and information. As the largest field office of our organization, NKF-GNY has the infrastructure, expertise, and resources to support kidney patients in New York City and help advance the NYC Department of Health's commitment as part of CERCA.

NKF-GNY is poised and prepared to support the New York City Department of Health engage with patients to:

1. Address how the new race free eGFR equation may change existing diagnoses for Black patients
2. Empower patients to advocate for their health from a position of knowledge (e.g. what to ask your doctor; know what your numbers mean; understand your new diagnosis, etc.).
3. Empower patients to take specific follow up steps to understand their (new) disease state and slow the progression of chronic kidney disease.

## RISK FACTORS

# Two Leading Causes



DIABETES

1

More than 100 million Americans have diabetes, the leading cause of kidney disease. 1 in 3 adults with diabetes may have kidney disease.



HIGH BLOOD PRESSURE

2

1 in 5 adults with high blood pressure may have kidney disease. It is the 2<sup>nd</sup> leading cause of kidney failure.

38%

26%

## PATIENT EDUCATION GUIDING PRINCIPLES

National Kidney Foundation Serving Greater New York believes that optimal kidney care results when patients are empowered to:

**01 | UNDERSTAND RISKS**  
Understand their risk factors for and/or diagnosis of Chronic Kidney Disease (CKD)

**02 | SELF ADVOCATE**  
Ask questions and understand what their tests results mean

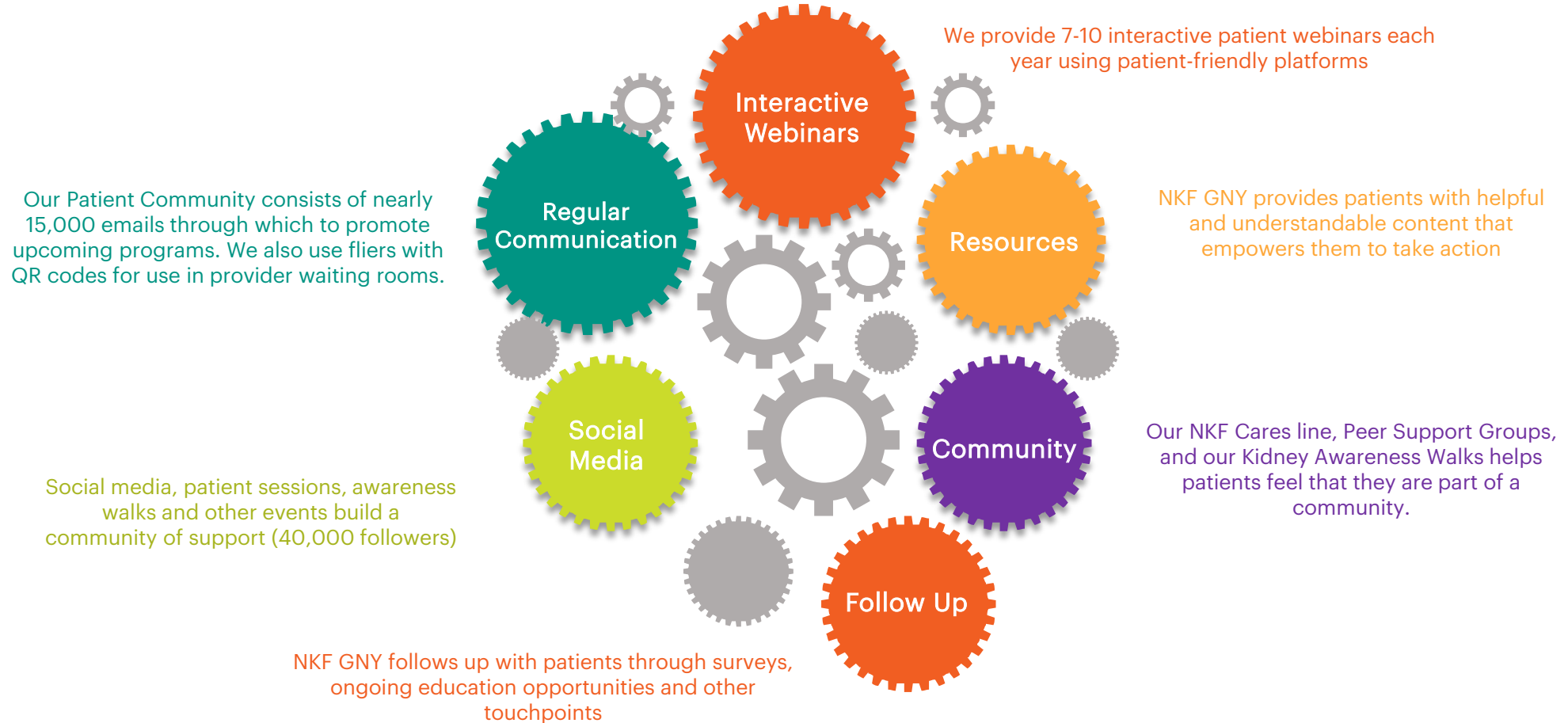
**03 | MODIFY BEHAVIORS**  
Adopt healthier lifestyles and habits

**04 | NAVIGATE**  
Effectively follow up with providers and take clear actions for better outcomes

**05 | FEEL SUPPORTED**  
Feel supported by a community of peers and providers

## PATIENT EDUCATION MODEL

# An Integrated Approach to Patient Engagement, Education & Empowerment





# Patient Education Campaign Architecture

**NOV - DEC**

**JAN**

Week 1

Week 2

Week 3

Week 4

**FEB**

Week 5

Week 6

Week 7

Week 8

Plan Content, Key Points, Messaging  
and Program Format

Create a sense of  
Relevance & Urgency

Essential Facts/ Targets Self Identify

Promote Specific Program

Social Media, Email, & Fliers

Patient Program

Follow Up, Evaluation & Action Items

Patient surveys, follow up materials and outreach

Workshop Ideas for the  
name of the campaign...

... what resonates?

## Plan Content, Key Points, Messaging and Program Format

- Build consensus and collaboration among CERCA partners
- Agree on timeline and cadence
- Build existing outreach to address Black communities
- Identify target audiences
  - Primary audience: Black individuals with Diabetes, Hypertension and CKD... and their families
  - Secondary audience: providers
- Identify Key Messages for patients and providers regarding new race-free approach to diagnosis.
- Identify existing channels for patient and provider outreach among NKF, DOH and other CERCA members.
- Establish Program format, platform, speakers and participants.
- Develop key messaging points to draw interest and curiosity.
- Identify key resources for patients from NKF and other existing content libraries
- Identify take aways and action items – including support materials; post event surveys; and ongoing touchpoint strategies



## JAN

Week 1

Week 2

Week 3

Week 4

### Create a sense of Relevance & Urgency

Essential Facts/ Targets Self Identify

### Promote Specific Program

Social Media, Email, & Fliers

Concentrate on awareness-building messaging within the first two weeks to create a sense of urgency and help patients self-identify that content is relevant to them. Use across multiple platforms in coordination with all partners.

Same “teaser” language... to be refined with stakeholder feedback.

- *Being Black with Kidney Disease- Your diagnosis may have changed*
- *Medical Bias and Your Kidneys – what you need to know*
- *Black Americans suffer more from Kidney Disease...what you need to know*
- *Kidney Disease and the New Math that affects the Black population.*
- *Systemic racism in healthcare: your kidneys*
- *Medical Bias and Your Health – what you need to know*
- *It's more than just high blood pressure/ diabetes/ CKD*

Program promotion to begin on Week 2 and extend through Week 4 with registration information and “what to expect.”

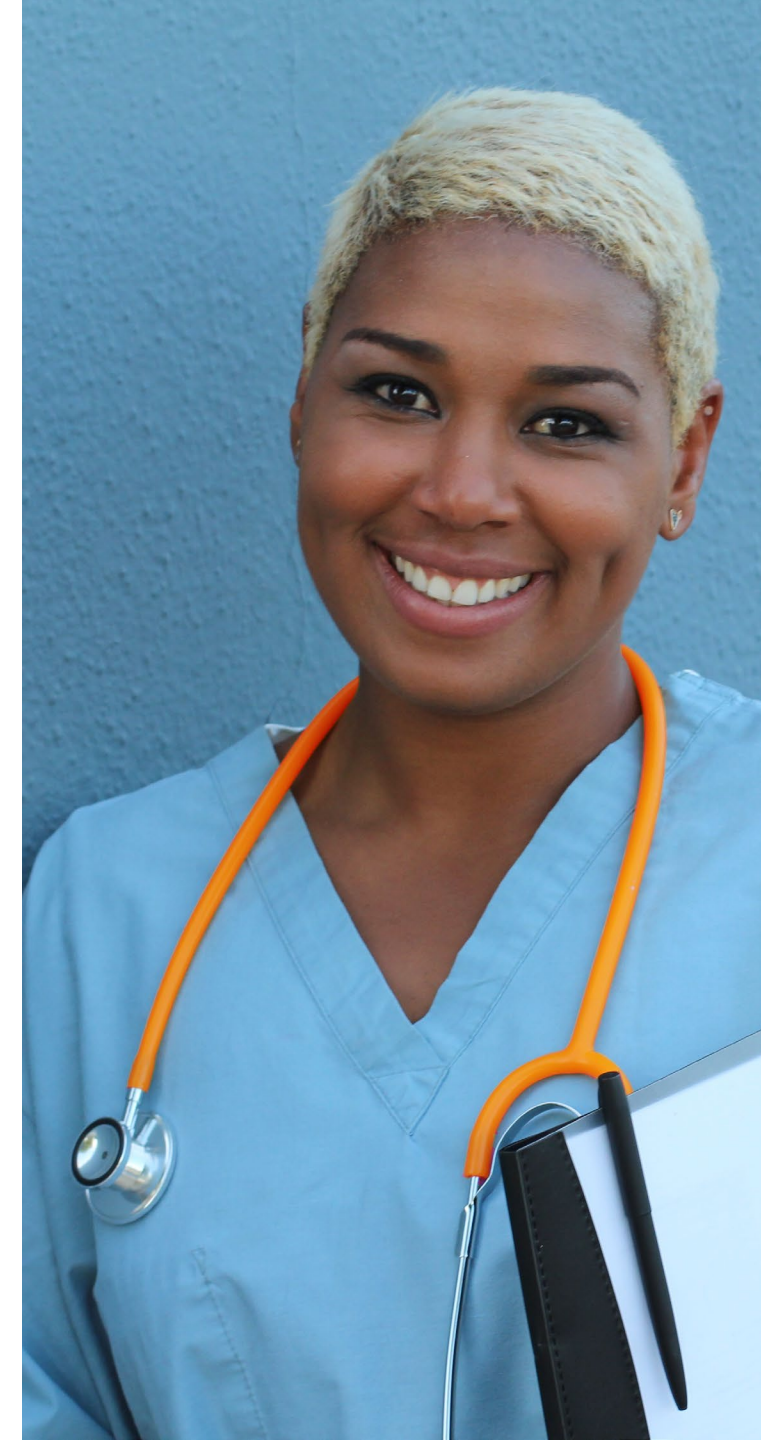
- Use all available channels: social media; email; EHR systems; waiting room fliers
- Encourage CERCA member engagement

**FEB**

Week 5 | Week 6 | Week 7 | Week 8

## Patient Program

- **We envision a presentation developed for laypeople and delivered by a Black Nephrologist and a Black patient.** NKF can help secure the speakers.
- We believe a **talk show format** will work well to demonstrate an effective interaction between a **patient and provider** – with real-life perspectives. Participants can ask questions either in the chat or on video/audio.
- NKF-GNY has the infrastructure and technology in place to handle registrations and to deliver robust programming in a virtual setting, both video and call-in. We also can record the session and make the video available for download to all registrants after program.
- Using the channels described earlier, invite both patients and providers – so that they can observe the interaction from both perspectives
- Provide tangible tools and action items so that patients are empowered to follow up and ask questions.
- Registrant information can be shared with DOH for follow up and to hand over to CERCA members for patient follow up.





FEB

Week 5 | Week 6 | Week 7 | Week 8

## Follow Up, Evaluation & Action Items

Patient surveys, follow up materials and outreach

### Patient/Provider Feedback:

Immediately following the session, participants will leave the session with concrete takeaways/action items.

NKF will follow up with all registrations via email and text. This follow-up will include:

- a video recording
- a printable check list of items, along the lines of: What to ask your provider to advocate for your health. We can also provide a “cheat sheet” about “what your numbers mean” for eGFR, A1C, etc.
- Follow up focus/feedback group to develop additional follow up actions.

NKF can also follow up via text message – with a link to follow up items on a website and a reminder to make an appointment.

NKF will send a second follow-up/check-in email 2 months after the program. In addition, anyone who registered for the patient education session will be invited to NKF-GNY’s regular patient education and support programs (all offered virtually).



## Follow Up, Evaluation & Action Items

Patient surveys, follow up materials and outreach

### Metrics

Beyond raising awareness, one of the main objectives of this campaign is to drive Black individuals to make appointments with their providers and discuss their risks for or diagnoses of CKD.

Metrics around the following can serve as indicators:

- Social media engagement and email opens
- Webinar registration
- Webinar participation
- Data from follow up surveys
- Downloads of tools
- Patients who make appointments over the next 3 months\*

\*requires intake, architecture and coordination on the part of the health system. A Topic for future discussion.



# How we can collaborate...

	OVERALL PLANNING	SOCIAL MEDIA	EMAIL	KEY MESSAGES	WAITING ROOM FLIERS	EHR COMMS	ID KEY RESOURCES	PROGRAM LOGISTICS (PLATFORM/ REGISTRATION )	IDENTIFY SPEAKER/ PATIENT	FOLLOW UP ACTIVITIES	PATIENT INTAKE
NKF	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	-	-	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	-
CERCA MEMBERS	-	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	-	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	-	?	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

# 3 Ways to Get Started

- 1) Declare your interest in collaborating on this initiative patient & provider education and engagement campaign with an email to [Saskia.Thomson@kidney.org](mailto:Saskia.Thomson@kidney.org) and to [ChiefMedicalOfficer@health.nyc.gov](mailto:ChiefMedicalOfficer@health.nyc.gov)
- 2) Identify & E-Introduce key personnel in charge of:
  - Patient communication
  - Social media
  - Internal provider communication
- 3) Walk alongside the National Kidney Foundation at our New York City Kidney Awareness Walk on November 13!  
<https://www.kidneywalk.org/NYC>



# ***Next steps:***

- *Health Equity* special issue on algorithmic bias in medicine and health care
- Outstanding deliverables due to Adriana Joseph - will do individually follow-up regarding deadlines
- CERCA meeting #7 will be **Friday, November 18th** from 1:00 to 2:30