

City Health Information

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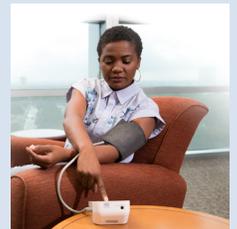
New York City Department of Health and Mental Hygiene

SUMMARY OF GUIDANCE FROM *CITY HEALTH INFORMATION*, 2023

USING OUT-OF-OFFICE BLOOD PRESSURE MEASUREMENT TO IMPROVE THE DIAGNOSIS, MANAGEMENT, AND CONTROL OF HYPERTENSION

CME credit (1) available until April 27, 2024

- Out-of-office blood pressure (BP) monitoring can improve the diagnosis, management, and control of hypertension (HTN).
- Incorporate out-of-office BP monitoring into your practice by
 - identifying patients for whom out-of-office BP monitoring is appropriate,
 - choosing the monitoring method best for them,
 - teaching patients who will self-monitor how to measure their BP correctly, and
 - using the full complement of in-office and out-of-office BP readings in your decision making regarding the diagnosis and treatment of HTN.



[Read more](#)

PROVIDING COMPREHENSIVE HEALTH CARE FOR MEN WHO HAVE SEX WITH MEN

CME credit (1) available until June 29, 2024

- Provide a welcoming environment that encourages gay, bisexual, and other men who have sex with men to seek care and discuss their sexuality.
- Offer routine screenings and effective care for HIV and other sexually transmitted infections, mental health, and substance use.
- Vaccinate against preventable diseases including mpox (monkeypox), COVID-19, human papillomavirus (HPV), hepatitis A and B, and meningococcal disease.
- Counsel on different ways to achieve a healthy and fulfilling sex life, including the use of preexposure prophylaxis (PrEP) to prevent HIV.



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INFLUENZA PREVENTION AND CONTROL, 2023-2024

CME credit (1) available until July 31, 2024

- Provider recommendation is one of the greatest predictors of vaccination uptake.
 - Ensure that you and your entire staff receive the flu vaccine and counsel patients and caregivers on the benefits of flu vaccination.
- Use every opportunity to vaccinate all patients aged 6 months and older against influenza, especially those at risk of severe illness from influenza.
 - All routine vaccines can be coadministered with flu vaccines, including COVID-19 vaccines.
- Vaccinate all children aged 6 through 59 months attending City-licensed and City-regulated childcare against influenza by December 31st of each year, as vaccination is required for attendance by the New York City Health Code.
- Give inactivated flu vaccines to all pregnant persons in any trimester to prevent influenza infection and complications in the patient and infant.
- Administer high-dose, adjuvanted, or recombinant flu vaccines to patients aged 65 years and older.



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