

Protect Yourself and Others From Mpox



Get your two-dose mpox (monkeypox) vaccine.

It is never too late to get the second dose.

To find a vaccination site, visit nyc.gov/vaccinefinder.



Do not have sex or other intimate contact if you or your partners have a new rash or sores, feel sick, or were recently exposed to mpox.

Ask your partners whether they have mpox symptoms and about their recent sexual history.



Frequently wash your hands, bedding, towels and other shared items. Sex toys should be washed after each use.



Talk to your health care provider about testing, pain management and treatment if you have symptoms you think could be mpox.

If you do not have a provider, call **311** to get connected to care.

For more information, visit nyc.gov/mpox or scan the QR code.



保护自己和他人免受 mpox 感染



接种两剂 mpox (猴痘) 疫苗。 接种第二剂疫苗任何时候都不晚。如需查找疫苗接种站点, 请访问 nyc.gov/vaccinefinder。



如果您或您的伴侣出现新的皮疹或疮口、感觉不适, 或最近接触过 mpox, 请勿进行性生活或其他亲密接触。 询问您的伴侣是否有 mpox 症状, 并询问其最近的性生活史。



勤洗手、被褥、毛巾和其他共用物品。 每次用完性玩具都应加以清洗。



如果您认为自己出现了 mpox 症状, 应就检测、疼痛管理或治疗事宜咨询您的医疗保健提供者。 如果您没有医疗保健提供者, 请致电 **311** 联系护理服务。

如需详细信息, 请访问 nyc.gov/mpox 或扫描二维码。

