

Protect Yourself and Others From Mpox



Get your two-dose mpox (monkeypox) vaccine.

It is never too late to get the second dose.

To find a vaccination site, visit nyc.gov/vaccinefinder.



Do not have sex or other intimate contact if you or your partners have a new rash or sores, feel sick, or were recently exposed to mpox.

Ask your partners whether they have mpox symptoms and about their recent sexual history.



Frequently wash your hands, bedding, towels and other shared items. Sex toys should be washed after each use.



Talk to your health care provider about testing, pain management and treatment if you have symptoms you think could be mpox.

If you do not have a provider, call **311** to get connected to care.

For more information, visit nyc.gov/mpox or scan the QR code.



Pwoteje Tèt Ou ak Lòt Moun Kont mpox



Pran vaksen de (2) dòz ou a kont mpox (varyòl makak la). Li pa janm twò ta pou pran dezyèm dòz la. Pou jwenn yon kote k ap bay vaksen, ale sou nyc.gov/vaccinefinder.



Pa ni fè sèks ni gen lòt kontak entim si ou oswa konpayon/konpay ou yo gen bouton oswa plè ki fèk parèt, santi nou malad, oswa te ekspoze a mpox dènyèman. Mande konpayon/konpay ou yo si yo gen sentòm mpox yo epi poze yo kesyon sou antesedan seksyèl resan yo.



Lave men ou, dra ou, sèvyèt ou ak lòt bagay ou menm ak lòt moun itilize souvan. Ou ta dwe lave jwèt sèks yo chak fwa ou fin itilize yo.



Pale ak pwofesyonèl swen sante w la sou tès, jesyon doule ak tretman si ou gen sentòm ou panse ki ta ka mpox. Si ou pa gen yon pwofesyonèl swen sante, rele **311** pou yo mete ou an kontak ak laswenyay.

Pou jwenn plis enfòmasyon, ale sou nyc.gov/mpox oswa eskane kòd QR la.

