

What Is **Hepatitis A**?



Hepatitis A is a contagious virus that can damage the liver.

How can hepatitis A spread?

- Eating food contaminated with hepatitis A
- Living with someone who has hepatitis A
- Having sexual or intimate contact with someone who has hepatitis A
- Traveling to countries where hepatitis A is common

What are the symptoms?

- Jaundice (yellow skin or eyes)
- Stomach pain, nausea, or diarrhea that doesn't go away or worsens
- Dark urine or gray-colored stool

How can I protect myself from hepatitis A?



Get vaccinated for hepatitis A. Contact your health care provider or visit nyc.gov/healthmap/vaccines or call **311** to find a vaccination site.



Wash your hands with soap and water after using the bathroom, after changing diapers, and before eating or touching food.



If you think you have been exposed to or have hepatitis A, talk to your provider. For help finding a provider, regardless of your immigration or insurance status, call **311** or contact NYC Health + Hospitals at 844-NYC-4NYC (844-692-4692) or expresscare.nyc.



For more information, visit nyc.gov/hep-a.