

Are you a food service provider who is looking to order healthier food and beverage products, but don't have the time to do the research? The **Good Choice** program can help!

## What is Good Choice?

**Good Choice** is a program through which food service providers, such as hospitals, campus dining halls and child care providers, can access a list of healthier food and beverage products offered by participating food service distributors.

## **How does Good Choice work?**

- Twice per year, the Health Department reviews participating distributors' active food and beverage inventory, using evidence-based nutrition criteria.
- The criteria are based on the New York City Food Standards, which set science-based limits for nutrients like calories, fat, sugar and sodium, as well as requirements for beneficial nutrients like fiber.

Food service distributors provide product lists with nutrition data to the Health Department The Health
Department creates
product lists that
meet **Good Choice**criteria

Food service providers use the **Good Choice** lists to order healthier options

## Why participate in Good Choice?

**Good Choice** is easy and saves you time in finding and ordering healthier food and beverage products that have already been reviewed by a neutral third party (the Health Department).

Request the Good Choice list from your distributor today!

Please contact GoodChoice@health.nyc.gov

with any questions.

