New York City Food Standards: Food Vending Machines Self-assessment Tool Self-assessment Template

Item Information		Nut	rition Criter	Ingredient Information					
Package size in ounces (oz) or grams (g)	Does this item contain less than or equal to (≤) 200 calories?*	Does this item contain ≤ 2 g of saturated fat?†	Does this item contain 0 g of trans fat?	Does this item contain ≤ 200 milligrams (mg) of sodium?	Does this item contain < 5 g of added sugar?	Does this item contain greater than or equal to (≥) 2 g of fiber?‡	Does this item list a grain, potato or flour as the first ingredient?	Does this item list whole or minimally processed fruit, vegetables, beans, lentils, peas, nuts or seeds as the first ingredient?	Is this item free of low-calorie and no-calorie sweeteners?
	Package size in ounces (oz) or	Does this item contain less than or equal to (≤) 200	Does this item contain less than or equal ounces (oz) or to (≤) 200 saturated	Does this item contain less than or equal to (≤) 200 saturated Does this item contain to (≤) 200 saturated Does this item contain of item contain of item contain of good of to (≤) 200 saturated	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	Does this item contain less than or equal ounces (oz) or $(\le) 200$ boes this item contain $(0.5) 200$ boes this item con	Does this item contain less than or equal ounces (oz) or $(\leq) 200$ Does this item contain $(\leq) 200$ Does this item contain $(\leq) 200$ Saturated $(\leq) 200$ Does this item contain $(\leq) 200$ Does this item contain $(\leq) 200$ Saturated $(\leq) 200$ Satura	Does this item contain less than or equal of ounces (oz) or or equal ≤ 200 both item contain ounces (oz) or or equal ≤ 200 both item contain ounces (oz) or or equal ≤ 200 both item contain item contain of equal of saturated of equal of saturated or equal to on the saturated of equal of equal to on the saturated of equal to on the saturated of equal of equal of equal to on the saturated of equal to one equal to on

^{*}Snacks that contain only nuts, nut butter or seeds may contain ≤ 250 calories.



[†]Cheese and snacks that contain only nuts, nut butter or seeds are exempt.

 $^{^{\}ddagger}\textsc{Only}$ grain- or potato-based snacks must contain ≥ 2 g of fiber.

Item Information			Nut	rition Criter	Ingredient Information					
Item and brand name	Package size in oz or g	Does this item contain ≤ 200 calories?*	Does this item contain ≤ 2 g of saturated fat?†	Does this item contain 0 g of trans fat?	Does this item contain ≤ 200 mg of sodium?	Does this item contain < 5 g of added sugar?	Does this item contain ≥ 2 g of fiber?‡	Does this item list a grain, potato or flour as the first ingredient?	Does this item list whole or minimally processed fruit, vegetables, beans, lentils, peas, nuts or seeds as the first ingredient?	Is this item free of low-calorie and no-calorie sweeteners?

^{*}Snacks that contain only nuts, nut butter or seeds may contain \leq 250 calories.

 $^{^{\}dagger}\text{Cheese}$ and snacks that contain only nuts, nut butter or seeds are exempt.

[‡]Only grain- or potato-based snacks must contain ≥ 2 g of fiber.