

Best Practices Checklist for Stool-Based Testing

Do you...

- Have a point person assigned to assist with patient education and barriers to Fecal Immunochemical Test/Fecal Occult Blood Test (FIT/FOBT) screenings?
- Actively perform outreach to your patients?
- Run lists on populations eligible for FIT/FOBT screenings?
- Have an electronic medical record (EMR) with a reminder/flag system set up for FIT/FOBT screenings?
- Track provider recommendations and distributions of FIT/FOBT kits, as well as patient returns of FIT/FOBT kits in the EMR?
- Contact patients to have them return FIT/FOBT kits?
- Follow up on positive stool-based tests to ensure that patients receive diagnostic colonoscopies within one to three months?
- Document patient refusals of FIT/FOBT and diagnostic colonoscopies?
- Follow up on patient refusals of FIT/FOBT and diagnostic colonoscopies?
- Assist with scheduling follow-up appointments?
- Contact patients to reschedule when follow-up appointments are missed?
- Perform reminder calls to patients for follow-up appointments?

A point person can be a patient navigator, family health care worker or health educator!

A point person can call, mail letters and postcards or send text messages to remind patients about their FIT/FOBT kits!

Studies show that these practices will improve patient return rates of stool-based tests, as well as ensure that diagnostic colonoscopies are performed as soon as possible following patients' return of their FIT/FOBT kits.