

Meet *Earlylyn*

a doula in East Bronx

“Being a doula means providing information and support to families in my community so they can have the best possible birth and embrace parenthood with confidence.”



New Yorkers can access quality services at low to no cost to make pregnancy, birth, and infancy easier.

Call **311** or visit nyc.gov/health/doula to find out about services, eligibility, and enrollment.



Eric L. Adams
Mayor
Ashwin Vasan, MD, PhD
Commissioner