

Risk Factors for Developing Asthma

Asthma is a complex disease with many possible causes. While asthma can't always be prevented, it can be controlled.



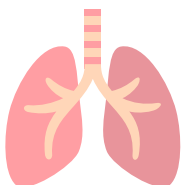
Indoor air quality



Housing and neighborhood conditions



Allergies



Viral respiratory infections



Access to quality health care



Family history



Occupational exposures



Tobacco smoke



Outdoor air pollution



Inflammation due to obesity



Economic instability



Stress

If you have asthma, talk to your doctor about how to manage it.

Visit nyc.gov/health/asthma or call **311** for more information about the NYC Health Department's asthma programs.