

PrEP e dow dabbaande: Ko Njiylawu Kuutortoongu

PrEP Ngam Hadde HIV



Ko adii nde neddo naatata (pre-exposure prophylaxis, PrEP) ko lekki kisal, baawki hadde HIV Ina heboo e pillol ñalnde kala walla e baatal ngal kebataa lebbi didi kala.

Yettude PrEP e dow dabbaande

Worbe jokkondirbe e worbe ina mbaawi huutoraade PrEP "e dow dabbaande", yettude pills PrEP tan ko adii e caggal jokkondirde baaldal. PrEP on demand ina waawi wonde feere moyyere wonande worbe jokkondirbe baaldal e worbe e bee:

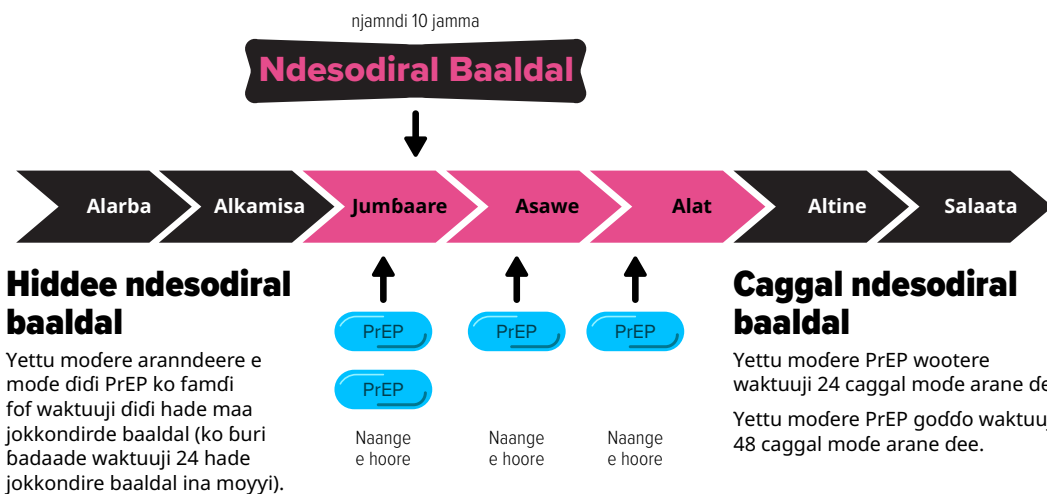
- Ndesidirde baaldal sahaaji duudfi
- Waawaa anndude nde be ndesodirta baaldal

Yettude PrEP e dow dabbaande tan janggaama, wasiyaama wonande worbe jokkondirbe baaldal e worbe. PrEP on demand ina moyyi no feewi e hadde HIV e nder jukkere baaldal luudu. Ina gasa tawa dum hadataa HIV e nder jukkere baaldal luudu jabbotoonde, tee ina njanngee tan e huutoraade Truvada e kuubal mum.

2-1-1 Jaahargal

So ada jokkondiri baaldal laawol gootol, yettu:

- Mode 2 waktuuji 2 haa 24 hiddee baaldal (mode arane)
- Modere 1 waktuuji 24 caggal modere aranndeere
- Modere 1 waktuuji 48 caggal modere aranndeere



So tawii ada jokki e jokkondirde baaldal ko buri waktuuji 24 caggal nde keb-**daa** mode maa arane, jokku yettude modere wootere e nder waktuuji 24 kala haa nde yettu-**daa** mode didi caggal nde njokkondir-**daa** baaldal. Yettu kala modere no taskiraa.

Yettu Kala Modere no Haanirta nii

- So tawii ko famdi fof waktuuji didi ko mode maa arane PrEP e dow dabbaande, huutoroo kapitte walla dabba jikkondire baaldal.
- Yenanee yettude mode ñalnde kala fotde balde didi caggal nde njikkondir-ɗaa baaldal.
- Waɗ siftorde e telefon maa walla e limlebbi maa ngam yettude heen gooto fof modere.
- So a ñakkii modere, nyawndirgol caggal hebde njubbudi (post-exposure prophylaxis, PEP) ina waawi hadde HIV caggal nde o hebi dum. Jikkondir e toppitiido cellal maa walla 24/7 Yownirgel NYC PEP (NYC PEP Hotline) to 844-3-PEPNYC (844-373-7692).

PrEP on demand ina moyyi no feewi e hadde HIV so a yettii kala modere e huutoraade dum kala nde njiyloto-ɗaa baaldal.

Anndu so Tawii ko Dow Dabbaande PrEP ina Foti e maa

Ledde PrEP buri juutde e naatde e yiyam balndu walla yiyam, buri yiyam buurudu. Yimbe jogiibe jukkere endam jabbotoonde walla baatal gabbe ina poti yettu ñalnde kala pillol PrEP walla baatal PrEP.

Worbe jikkondirbe baaldal e worbe ina mbaawi waylude hakkunde yettude e dow jam ñalnde kala PrEP e PrEP e dow dabbaande. Haaldu e dokkoowo ma ko waawi wonde fof e maa.

Hollit Doktor Maa Kala ko Abbitii

Ledde PrEP ina mbaawi saabaade caɗeele seeda, ko wayi no yidde tuttul, jiibaande reedu, tampere, e naawol hoore. Dee batte ina keewi moyyude walla majjude e nder lewru aranndeeru ndu yettuɗaa PrEP Haaldu e doktor maa so tawii batte dee ina njokki e mettinde ma.

- Ngam hadde yidde tuttugol, yettu PrEP e ñaamdu. Ngam ustude yidde tuttugol, yettu PrEP hidde daanaade. Ngam ustude yidde tuttugol, yeewto bonbon citta walla saayi nyeekuuje.
- Ngam ustude gaas walla buubri, yeewto-ɗaa buubri gaas ndi alaa ko soodata.
- So tawii ko buubri softunde bittini ma, yeewto-ɗaa ko beydata fibre.

Ngam hebugo bayaanu ko buri e limngal kuutorgal,
yillu nyc.gov/health/hiv malla yeew fibnde QR.

