

HealthyNYC 2025 Impact Report

In only two years, HealthyNYC has reached a groundbreaking milestone — **NYC’s life expectancy is at its highest level in recorded history**. This progress is a testament to investments in public health and the power of collective commitment to improving the health and well-being of all New Yorkers.

In this report, we:

- Share our provisional HealthyNYC 2024 data.
- Highlight programming that has helped shape our efforts to reach our HealthyNYC goals.
- Revisit some of the 2025 HealthyNYC events that brought together partners and stakeholders.
- Recognize the invaluable contributions of our HealthyNYC Champions and Supporters, whose dedication and expertise have been instrumental in advancing life expectancy across the city.

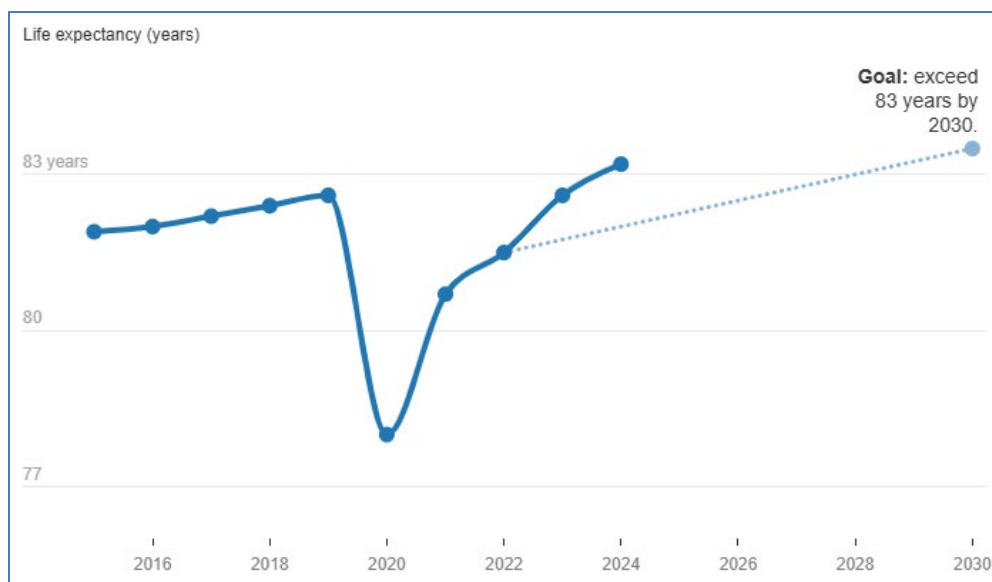
As we reflect on HealthyNYC’s successes, we remain focused on the work ahead, addressing persistent health inequities and building on this momentum to ensure a healthier, more equitable future for every New Yorker.

Thank you for your continued partnership and support in making this vision a reality!

Grounded in Data and a Commitment to Equity

Launched in 2023, HealthyNYC is a population health agenda to improve life expectancy in NYC and create a healthier city for all. We set an overall goal to increase life expectancy in NYC to exceed 83 years by 2030, with specific goals to reduce deaths due to cardiovascular disease and diabetes, COVID-19, homicide, overdose, maternal mortality, screenable cancers, and suicide.

Based on 2024 provisional data, **we have reached 83.2 years of life expectancy, surpassing our goal well ahead of schedule**. This was primarily due to the City’s coordinated response to COVID-19, which led to a 93% decrease in COVID-19 deaths between 2021 and 2024.



Between 2021 and 2024*:

- Deaths due to **cardiovascular disease and diabetes** decreased by 3.4%.
 - Rates are highest among non-Hispanic Black people.
- **COVID-19** deaths decreased by 93.1%.
- **Homicide** deaths decreased by 26.4%.
 - Rates are highest among non-Hispanic Black people, followed by Hispanic people.
- **Overdose** deaths decreased by 18.2%.
 - Rates are highest among non-Hispanic Black and Hispanic people.
- Deaths due to **screenable cancers** increased by 0.7%.
 - Among females, rates are highest among non-Hispanic Black people, followed by non-Hispanic white people.
 - Among males, rates are highest among non-Hispanic Black people by a large margin.
- Deaths due to **suicide** decreased by 2.3%.
 - Rates are highest among non-Hispanic white people.

* Our **data on maternal mortality** is collected on a separate timeline from the rest of the HealthyNYC drivers, with the most recent available data being from 2022. It shows that pregnancy-associated deaths are significantly higher among Black people.

Despite the progress that has been made, significant racial inequities in life expectancy persist, underscoring the need for continued focus on health equity strategies and action. Read on to learn about some of our programming and its role in addressing HealthyNYC.

To see more of our data, visit nyc.gov/nychealthy.

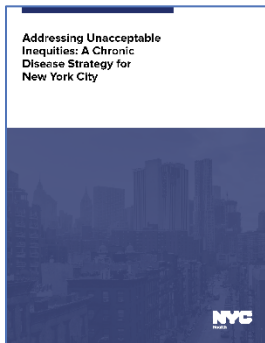
HealthyNYC Programming

HealthyNYC outlines the drivers of decreased life expectancy and health inequity that reflect the core focus of work done by the NYC Health Department and serves as an accountability mechanism for the City.

As an example of this in action, in February 2024, the NYC Council instantiated HealthyNYC into local law, requiring the NYC Health Department to develop a population health agenda and revisit it every five years. This requirement:

- Ensures the City’s commitment to HealthyNYC’s goals across administrations
- Creates clear expectations for measurable progress
- Enables the public and policymakers to track whether goals are being met
- Helps public and private stakeholders align on shared priorities

Programming Highlights



Addressing Unacceptable Inequities: A Chronic Disease Strategy for New York City (available at on.nyc.gov/chronicreport) directly supports our goal of reducing deaths due to cardiovascular disease and diabetes by 5% by 2030. This report lays out a clear set of interventions that address the root causes of chronic diseases such as heart disease, diabetes, and screenable cancers and reflects our focus on the upstream drivers of decreased life expectancy.

Together with the Institute for Healthcare Improvement, we launched two **Improvement Collaboratives**, which brought together diverse stakeholders to align on clear, actionable quality-improvement goals related to overdose and diabetes prevention. This effort will supercharge our ability to address these critical HealthyNYC health drivers.



We launched our first-ever pilot of the **Neighborhood Stress-Free Zone** in Brownsville, Brooklyn, to address priorities voiced by pregnant and postpartum New Yorkers and their families. This initiative expands resources for maternal health education, social needs support, and connections to mental and behavioral health services, all of which helps support our goal of reducing pregnancy-associated deaths among Black people who give birth by 10% by 2030.

HealthyNYC in the Community

We are always grateful for opportunities to foster in-person connections. Our **Juneteenth Event** at the East Harlem Neighborhood Health Action Center and **annual HealthyNYC Symposium** at the New York Academy of Medicine brought together partners, stakeholders, and community members in a meaningful way. At these events, we reflected on the progress that has been made, shared data-driven insights, and created spaces for dialogue and collaboration.



Juneteenth Event panel on **Advancing Black Health in NYC**

From left to right: Aletha Maybank, Zahirah McNatt, Chanel Porchia-Albert, Michelle Morse, and Torian Easterling

Juneteenth Event panel on **Advancing Place-Based Strategies to Address Health Inequities**

From left to right: Sideya Sherman, Ahmed Tigani, Mali Trilla, and Padmore John



HealthyNYC Symposium panel on **Advancing What Works: Innovative Examples of Improving Health and Health Equity**

From left to right: Keith Brown, Olusimbo Ige, Mary-Ann Etiebet, and John Rich

HealthyNYC Symposium panel on **Turning Chronic Disease Insights Into Action for New Yorkers**

From left to right: Karen Ignagni, Marion Nestle, Robin Vitale, Doctor Dre, and Michelle Morse



HealthyNYC Symposium attendees

The HealthyNYC team also participated in presentations and engagements across the city — from Far Rockaway to Morrisania — to connect directly with our fellow New Yorkers.



HealthyNYC program director Georgia Kinsley speaking at the **Take the Pressure Off, NYC! Hypertension Summit**



HealthyNYC Jewish Association Serving the Aging (JASA) presentation in Queens

HealthyNYC Partners

Partnerships are critical to HealthyNYC’s success, and 2025 was a year of significant growth and collaboration. Since the announcement of our inaugural partners in June 2024, we have expanded our network to include more than 40 organizations representing diverse sectors and addressing all seven HealthyNYC drivers. Our partners commit to amplifying HealthyNYC messaging and aligning their efforts with HealthyNYC’s goals through programming, resources, and awareness.

Partnership Spotlights

EmblemHealth is one of the largest nonprofit health insurers in the U.S. In 2025, EmblemHealth organized two community-focused health events centered on maternal health and diabetes, two key HealthyNYC drivers. These events featured NYC Health Department experts and provided valuable resources to the community, showcasing the power of collaboration in addressing critical health issues.



Northeast Business Group on Health (NEBGH) plays a critical role in advancing employer-driven public health solutions. In November 2025, Acting Health Commissioner Dr. Michelle Morse joined the **NEBGH Voices podcast** for a conversation with NEBGH CEO Kim Thiboldeaux. Their

discussion highlighted HealthyNYC, vaccine confidence, cancer screening and prevention, and the vital role employers play in advancing public health and health equity.

A Thank-You to Our HealthyNYC Partners

HealthyNYC Champions:

- American Cancer Society
- American Heart Association
- Blacklining Foundation
- Boro Park Jewish Community Council
- Bowery Residents’ Committee
- Bronx Healthy Start Partnership
- Brooklyn Public Library
- Carnegie Hall
- Columbia University Mailman School of Public Health
- Commonwealth Fund
- CUNY Graduate School of Public Health and Health Policy
- DC37
- EmblemHealth
- Food Bank for New York City
- Fund for Public Health NYC



- Greater New York Hospital Association
- Harlem Independent Living Center
- Human Services Council
- InUnity Alliance
- Jewish Orthodox Women’s Medical Association
- Korean Community Services
- Maspeth Town Hall
- MediSys
- Microsoft AI for Good Lab
- Milken Institute
- New York Academy of Medicine
- Northeast Business Group on Health
- Novartis Foundation
- NYU Langone Health
- Plant Powered Metro New York
- Rockefeller Foundation
- United Way of NYC
- Urban Pathways

HealthyNYC Supporters:

- Borough of Manhattan Community College
- Chamber of Commerce of Washington Heights and Inwood
- CUNY School of Medicine
- Manatt
- Memorial Sloan Kettering Cancer Center
- Mount Sinai
- Safe Horizon
- Teens for Food Justice



For more information about our HealthyNYC Champions and Supporters, visit nyc.gov/healthynycpartner.



Looking Ahead

As HealthyNYC moves forward, we aim to narrow the gap in life expectancy between Black New Yorkers and the rest of the population to help ensure that every New Yorker has a fair and equitable opportunity to lead a healthier, longer life. This requires maintaining the gains achieved thus far, making sure that positive data trends continue, and remaining responsive to emerging data to guide our efforts.

We are deeply grateful to all who have supported this campaign and joined as partners in this critical work. We are excited about what is possible when we work together toward a healthier NYC for all.