



NEW YORK CITY DEPARTMENT OF
HEALTH AND MENTAL HYGIENE
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HealthyNYC 2025 City Council Report

Background

Established by Local Law 46 of 2024, HealthyNYC is the population health agenda for New York City. The HealthyNYC campaign aims to extend the average life expectancy of New Yorkers to 83 years by 2030, with gains across racial and ethnic groups. The local law requires the New York City Department of Health and Mental Hygiene (Health Department) to submit reports on its progress as it works to extend life expectancy, and to review the goals and agenda to improve health and life expectancy every five years, updated accordingly based on current data. HealthyNYC sets forth the subgoals that set specific reductions in mortality across seven key drivers of loss of life expectancy for this five-year cycle: cardiometabolic conditions, screenable cancers, drug overdose, suicide, COVID-19, violence, and maternal mortality.

Data

The most recent set of HealthyNYC data is provisional data from 2024. Sharing provisional data enables us to provide information more quickly, allowing both the Health Department and external partners to respond swiftly and effectively to emerging trends across each of the HealthyNYC drivers. We have also added all-cause and premature mortality to our annual report to better reflect the impacts of unexpected public health events and to more accurately capture health inequities across the population, respectively.

New Yorkers' life expectancy rose from 80.7 in 2021 to 83.2 years in 2024 — an increase of 2.5 years. This has surpassed the high of 82.6 years from 2019 and 2023 and exceeds the 2030 goal that the administration set. The overall increase of life expectancy is largely attributable to a sharp decline in COVID-19 death rates across all racial and ethnic groups, although major racial inequities persist among other leading causes of death. The decline in COVID-19 related deaths did not happen on its own; it was a result of a complete citywide government response to the pandemic, significant investments to reduce racial inequities, and a groundbreaking COVID-19 vaccination campaign, among other interventions.

Updated provisional 2024 HealthyNYC data can be found on the Health Department website here:
www.nyc.gov/healthnyc

Accomplishments

In the two years since its launch, we have made significant strides in the implementation of HealthyNYC. Earlier this year, we publicly released seven '[Strategy Maps](#)' for each of the HealthyNYC goals that identify the strategies and interventions that are most effective at addressing each mortality driver. These guides are an important tool to help partners align their work with HealthyNYC priorities, while also strengthening alignment across internal teams.

HealthyNYC is underpinned by programming around each of the seven drivers happening across the Health Department; the following examples highlight key initiatives. The Health Department recently launched a '[Respiratory Illness Dashboard](#)' to provide a clear summary of trends and highlights across three respiratory viruses that can impact New Yorkers, including **COVID-19**, influenza, and RSV. Earlier this year, the City released a '[Chronic Disease Strategy for New York City](#)' that details a multiagency strategy for how we plan to address **heart and diabetes-related illnesses** with many of the proposals

already underway. To address one of the **screenable cancers** targeted within HealthyNYC, the Health Department has launched a Breast Cancer Coalition Taskforce to respond to the fact that Black women have a lower incidence of breast cancer than white women, but a higher mortality rate. The Health Department's [Violence Prevention Initiative](#) uses a multi-strategy, trauma-informed approach to reduce New Yorker's risk factors for **violence**, and [NYC Teenspace](#) offers free mental health support to all New Yorkers teenagers 13 to 17 years old to address increasing mental health needs of youth, including **suicidal ideation**. This fall, the Health Department is piloting a [Neighborhood Stress-Free Zone](#) in Brownsville, which will expand resources for **maternal health** education, social needs support, and connections to services. The Health Department's ongoing efforts to address the **overdose crisis** include [Relay](#), our program that connects people who experience nonfatal overdoses to harm reduction and treatment services.

In the past year, the Health Department launched two Improvement Collaboratives with the Institute of Healthcare Improvement, the global leader in clinical and community-based collaboratives. These initiatives will build quality improvement capacity around key HealthyNYC goals, bringing together diverse groups of stakeholders to align around shared goals and accelerating implementation by leveraging quality improvement methodologies. One collaborative is building upon place-based strategies to better meet the needs of those individuals who remain at the highest risk of overdose deaths, and the other will strengthen the capacity of community partners to implement diabetes self-management programs in priority neighborhoods. A third collaborative, focused on suicide prevention, is still in the planning stages and will be launched in early 2026.

The Health Department continues to regularly amplify HealthyNYC through its presentations, talking points, press releases, and social media messaging.

Community Partnerships

Partnerships are critical to the success of HealthyNYC, and our network has continued to expand in 2025. After announcing our inaugural HealthyNYC partners in June 2024, we have continued to recruit a diverse array of stakeholders representing all five boroughs and covering all seven HealthyNYC drivers in their work. These partners carry out essential work within communities, champion policies that promote better health, and deliver the resources and investments needed to help all New Yorkers live healthier, longer lives. By agreeing to become a partner, these organizations commit to align their private aims with our public goals by amplifying our messaging and making specific commitments to advance the HealthyNYC goals. HealthyNYC Partners include non-governmental organizations, nonprofits, faith-based organizations, businesses, academic organizations and philanthropic organizations. Since its launch, we have welcomed more than 35 institutions as [HealthyNYC Champions or Supporters](#) and continue to bring on new partners.

There are many examples of partnership in action, and two we will highlight are our partnerships with the Greater New York Hospital Association (GNYHA) and EmblemHealth. We created a tool to assist hospitals and healthcare systems in developing their Community Service Plans and Community Health Needs Assessments to align with both the New York State Prevention Agenda and HealthyNYC and then collaborated with GNYHA to distribute the resources to their member hospitals and offer support through multiple webinars. EmblemHealth designed two community-focused health events highlighting maternal health and diabetes – two of the HealthyNYC drivers – that featured Health Department experts and shared resources available to the community.

HealthyNYC Supporters commit to:

- Amplifying HealthyNYC messaging, branding and goals on public-facing platforms

- Incorporating HealthyNYC into community engagement efforts to promote and amplify HealthyNYC
- Raising awareness of HealthyNYC goals with partner organizations

HealthyNYC Supporters include:

- Borough of Manhattan Community College
- Chamber of Commerce of Washington Heights and Inwood
- CUNY School of Medicine
- Manatt
- Memorial Sloan Kettering Cancer Center
- Mount Sinai
- Teens for Food Justice

HealthyNYC Champions commit to:

In addition to the Supporter commitments, HealthyNYC Champions commit to at least two of the following:

- Integrating recommended actions from the [HealthyNYC Campaign Guide for Employers \(PDF\)](#)
- Designing new programming or enhancing existing programming that contributes to at least one HealthyNYC goal
- Contributing in-kind or financial resources to the NYC Health Department to support achievement of one or more HealthyNYC goals

HealthyNYC Champions include:

- American Heart Association
- American Cancer Society
- Boro Park Jewish Community Council
- Bowery Residents' Committee
- Brooklyn Public Library
- Carnegie Hall
- Columbia University Mailman School of Public Health
- Commonwealth Fund
- CUNY Graduate School of Public Health and Health Policy
- DC37
- EmblemHealth
- Food Bank for New York City
- Fund for Public Health NYC
- Greater New York Hospital Association
- Harlem Independent Living Center
- Human Services Council
- InUnity Alliance
- Jewish Orthodox Women's Medical Association
- Korean Community Services
- MediSys
- Microsoft AI for Good Lab
- Milken Institute
- Northeast Business Group on Health
- Novartis Foundation

- NYU Langone Health
- Plant Powered Metro New York
- The New York Academy of Medicine
- The Rockefeller Foundation
- United Way of NYC
- Urban Pathways