

NEW YORK PAID FAMILY LEAVE (PFL)




BOND with a child



CARE for a family member



ASSIST military families

 Paid Family Leave may also be available for use in situations when you or your minor dependent child are under an order of quarantine or isolation due to COVID-19. See PaidFamilyLeave.ny.gov/COVID19 for full details.



PFL Benefits

67% Wage Benefits

Receive 67% of your average weekly wage, up to a cap.



Up to 12 Weeks of Leave

Can be taken all at once, or in full-day increments.



Strong Protections

- Return to same or comparable job.
- Continued health insurance.
- No discrimination or retaliation.



How to Request PFL

Give 30 days' notice to your employer, if foreseeable.

Complete request forms and submit to your employer's insurance carrier.

Carrier pays or denies benefits within 18 days of receiving your completed request.



Who Can Request PFL?

Generally, Employees Who:

- Work for a private employer in New York State, or a public employer who has opted in.
- Meet the time-worked requirements:
 - Full-time (regularly work 20 or more hours/week), after 26 consecutive weeks of employment.
 - Part-time (regularly work fewer than 20 hours/week), after 175 working days.



Resources

PaidFamilyLeave.ny.gov

Visit the website for more information and to download PFL request forms.

844-337-6303

Call the toll-free PFL Helpline
8:30 a.m. to 4:30 p.m.
Monday – Friday

